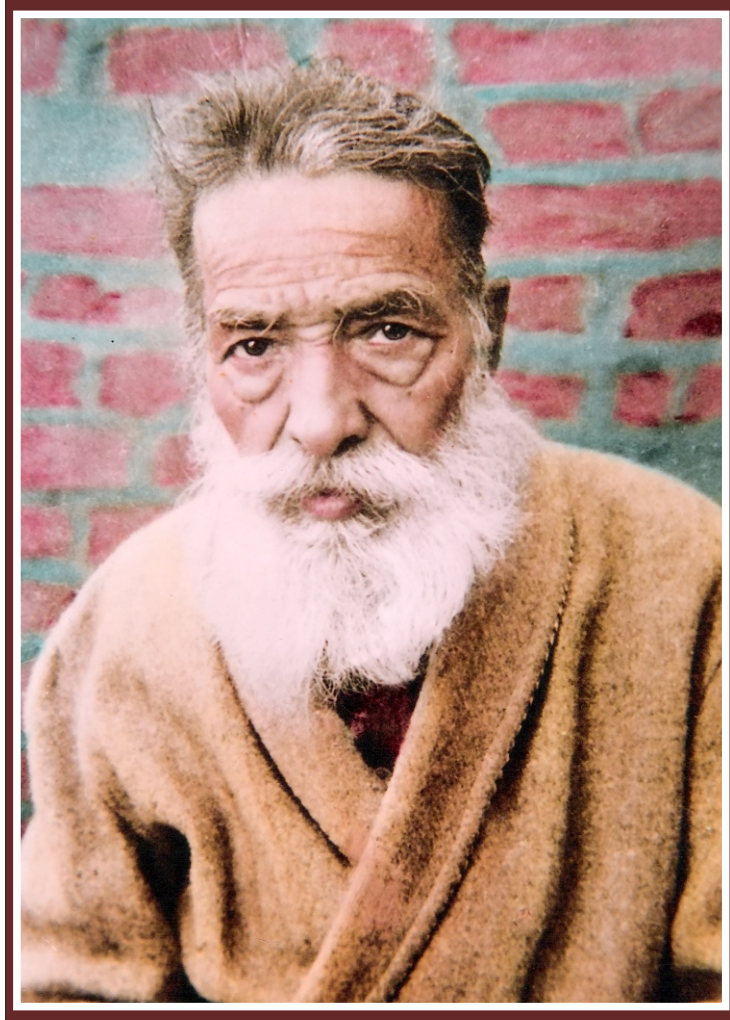


WEIGHT Of SOUL

By



H. H. PARAM SANT PARAM DAYAL
FAQIR JI MAHARAJ



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PREFACE

His Holiness Param Sant Param Dayal Faqir Ji Maharaj, symbol of Compassion and Truth has shaken off the curtain of doubts and false Gurudom in his Sat Sangs. This booklet is a translation of a Sat Sang of His Holiness on the weight of human soul. According to the research of a Swiss doctor, human soul weighs 21 grams. His Holiness, has most scientifically proved that human self has negligible weight, but mind, thought longings and worldly attachments make it heavy. Human soul is mst subtle, unidentified element free from gravity. It is beyond the control of any mechanical instruments like the fragrance of a flower. If this experiment of weighing human soul is carried on different dying patients, it is sure to prove that the weight of their dead bodies varies from their alive bodies and from each other because, weight of each soul depends upon its worldly cravings and attachments. The weight of the too-worldly man's soul can be much more than 21 grams and that of non-worldly man's soul much less. This is my humble attempt to carry the true message of his holiness to the intellectuals of the age of science. May they understand the truth, as revealed by His Holiness and free themselves from the law of gravity and get salvation.

B. R. Kamal

"O Ye Saints, Unique is the secret of contemplation
 What use of wearing ear rings and rosary.
 Applying Chandan to fore-head,
 Having clean shave or long hair.
 Besmearing thy body.
 What use worshiping water or stone,
 Living on fruits and sugar candy roots
 (Kand Mool)
 What of fasts, pilgrimages and rules,
 Without the thought of absolute
 What ye sing and read out,
 Why ye involve in this world.
 What use praying and making offers,
 What of adopting eight fold deeds.
 As a butcher from behind cover,
 Carries in hand poisonous feed.
 As a Heron poses for, meditation,
 With intention bad in mind.
 So, Ye pretend, to be as Swami,
 Indulge in sensualities of all kind.
 Know not the secret of knowledge and meditation
 Indulge in, useless argumentations.
 Speak unto ears their wrong advice,
 Carry a heavy burden on head.
 Without a Satguru, Guru were misled
 By tides of unending greed.
 Unfathomable, deep and beyond reach,
 Different from finite and infinite.
 With infinite sight and speed slow,
 Burn all snares of darkest doubts.
 Soul, that keeps sight pure,
 Dwells Sat Nama only there.
 Sayeth Kabira, only he gains,
 Who discards mine and thine affair."

In this song (Shabad) Kabir has referred to Satnam. I ask my own self, "O Faqir Chand, have you attained Sat Name ?" Further reference is made that many ways are adopted to find God, but all these efforts are of no avail, if thought of the Absolute is not entertained. I had made a solemn promise to my Sat Guru Hazur

Data Dayal Ji that I will explain my personal experiences to the world in this field. So I express my own experiences. Contemplation is impossible till this thought does not arise—What is God ? What is Absolute ? I know not the meaning of Kabir's, "Tatva Vichara" (Thought of the Absolute). But all the saints have said, "If you know thyself, you will attain the abode." I have spent my whole life in this very research.

There was a news item in The Tribune, dated 24.12.1972, regarding the weight of human soul. A doctor of Switzerland, after making an experiment on a dying man has concluded that the weight of human soul is 21 grams. He weighed his patient just at the point of death on a very sensitive balance and again weighed his dead body. The weight of the dead body was less by 21 grams than before death. Based on this experiment that doctor has tried to ascertain that the weight of the human soul is 12 gms.

Now, I being a true seeker ask my own self, "You have realised yourself. Do you know that the weight of your soul is 21 grams ?". My own experience of life proves that weight of human soul is not 21 grams. This 21 grams weight is an accumulated weight of man's Surat (Attention), Soul, Light, Sound, Mind, Thought and Worldly Carvings. Thought has its own form, colour and weight. An intellectual can easily observe and experience this three-fold nature of every thought in day-to-day life. Angad son of Bali, when visited the court of Ravana, put his one foot on the ground and gave a challenge to all the powerful warriors present there to move it. None of the so-called braves of Ravana's Court could remove his foot. It was not a miracle performed by Angad, but he applied his concentrated thought weight which could be moved only by a much more concentrated thought force than his. This shows that thought is heavy. After reading that news, I thought about the actual weight of Surat or Soul. This weight of 21 grams appears to be much heavy. The actual weight of real 'Self' or Soul, can only be determined after liberating soul from mind and its effects. I am regularly trying to free myself from mind, thought, light and sound. Hazur Data Dayal Ji while blessing me had said, "Faqr you will be redeemed." I am liberated; I have realised the Absolute Truth, but not yet accomplished it.

Firstly, I am liberated from this thought that I do not manifest anywhere in anyone. I am saved from any type of pride, that I give son to one and accompany the other dying man. I do not go anywhere, nor my 'Self' manifests. It is one's own faith, belief and devotion, that work wonders. This is what I have realised.

Secondly. Science has helped me in emancipation. I deeply think about the weight of my soul. Just now I was in trance, completely free from mind and its

effects, enjoying light of white and blue colours. There was sound (Shabad) within. The object that enjoys the light and listens the sound within has not so far been identified by me. In my view that is the Absolute (Tatva). It is this absolute that dwells in light and enjoys it, lives in sound and listens to it. That in fact is an unidentified element. Sant Kabir in one of his songs has written that form and weight of this Lord, Surat or Soul is much more subtle than the fragrance of a flower. I fully agree with this view.

Now, that Swiss Doctor has proclaimed with the aid of material instruments, that the weight of the human soul is 21 grams. But my experience proves that the human soul is most subtle and it has no weight at all. Soul is thickly covered by mind, its thoughts, worldly desires and other cravings and they all combined do make it heavy. A man who unending mundane cravings and longings, his soul may weigh more than even 21 grams. Likewise, a man, who has much less desires his soul may weigh much less than 21 grams even. I have come to conclusions, that, if soul leaves the body with unending worldly desires and cravings, it would be heavy and fail to go up, in the upper regions. Due to its weight of desire it would be attracted towards earth under the law of gravity, that soul shall have another birth according to the cravings and desires of life and this cycle of myriads births continues till desires and longings exists. The same law works in the process of meditation. You cannot fix your attention at the higher regions of spirituality, till your 'self' is not detracted from body, mind and thought.

Now the question arises what that man should do, who yearns for liberation from this material world ? I do not preach. I am none to preach. Whatever I say, is for my own self. "O, Faqir Chand, if you desire liberation, then dispel your all attachments of house-hold, children, name, fame and wealth otherwise, you may be known as Sant, Param Sant, Guru or Sat Guru", your "self" will not be free from the gravity due to the weight of your attachments. I have explained this very principal in my book titled "Garud Purana". Hazur Data Dayal Ji had advised me to work and blessed me with an assurance of liberation. From this work of Satsangs, I gain more experience. I do my best to remain in that state of equanimity, but this Satsang, Satsangis, their problems, working of the Mandir and other affairs still drag me from that state. But, because, I have no selfish motives of name, fame and wealth, I remain calm and undisturbed.

The Shastras have laid down three ways:- i) A way to abode of Gods; ii) A way to the abode of Spirits, and iii) A way for the happy worldly life. If somebody has made light as his ideal, Ishwar or Brahma and if he meditates at the centres of

Light, his soul shall achieve the form of Light. After death, his soul in the form of Light shall travel with the speed of light and enter the regions of Gods as of Krishna, Rama, Shiva, Indra or Brahma. Entry to these different Godly regions depends upon the velocity of the Soul's Light. But such a soul too is not redeemed, because the nature of Light is expansion and creation, that soul in the form of Light shall again come to this mortal world in due course of time. If some body succeeds in detaching his 'self' from the Light at the time of death and remains as a "Self" free from all attachments and visions, his soul attains the highest subtlety like that of fragrance of a flower and thus merges in the absolute, unnamed and unbound Reality, losing his own entity. So far, I have not been able to make that state as my permanent abode, but my efforts are regular to attain it.

Instruments of science have proved that human soul weighs 21 grams. In fact it is not the weight of the soul, but of mind, thought, desires, longings and worldly attachments. If some body sincerely wishes to be free from mind, thought and its other projections then he should make, sound or absolute as his ideal. Let, the holy form of Swami Ji Maharaj, Baba Sawan Singh Ji, Data Dayal Ji, Faqir Chand Ji or any other God or Goddess appear to any individual at the point of death, none of them shall liberate that individual. The manifestation of Holy form of any Guru or God is not the Truth, but the creation of one's own mind, it is illusion and soul remains attached to it, which makes it heavy. As a result, the soul becomes unable to detach itself from the illusions and go beyond earth. Rai Salig Ram Sahib has written in 'Prem Bani' that even if a Guru's form appears to a dying man, and makes him to listen the holy sound, even then, that man's soul shall have rebirth at a time when a true Satguru comes to this world. The reason being that the dying man's mind was attached to his Guru's form at the point of death. The man after rebirth will come close to Sat Guru to complete his last cycle for ultimate emancipation after attaining Sat Nam.

By explaining this plain truth, I enjoy peace. The foremost duty of the Guru is to make his followers understand the Absolute Truth in his Sat Sings. If any Guru does not do this duty and intends to keep his followers in darkness for his selfish ends and exploits them, he in my own opinion is the greatest hypocrite and a swindler. He will suffer for his false deeds. All those false Gurus, who have maintained this iron curtain for their own benefits, name and fame, and those who say to their followers that they will lead to salvation, are themselves groping in the dark. Their own souls are not free from attachments, and thus their own souls cannot go beyond this earth. They are bound to have re-birth and suffer for their own longings. I explain the truth in order to save my "Self".

Kabir Ji has explained the Absolute Truth. If a human soul has any weight it is equal to the fragrance of a flower. A Mantra of Yajur Veda reads as:

“ Traiumbh Kan Yajamahev Sugandhi Pushti Vardhan ”

May the body remain healthy with the fragrance of the soul. According to Yajur Veda, soul is all fragrance. Light has its weight, and when soul merges in light it becomes heavy, and when further it comes in contact with mind, thought and worldly longings it becomes more heavy. After this finding, I ask my own self, “O” Faqir Chand if you want to get rid of this cycle of myriad births, then merge into the Eternal Sound, that is the only redeemer. I do my utmost to accomplish that stage, all else depends upon His will. Kabir has truly written for the Saints and the Gurus.

“O Ye Saints, Unique is the secret of contemplation.”

Man contemplates to save himself from the worldly woes. But contemplation is impossible till you do not think over your “Self” what I have understood. I have explained.

“O Ye Saints, Unique is the secret of contemplation

*What use worshiping water or stone,
Living on fruits and sugar candy roots
What of fasts, pilgrimages and rules,
Without the thought of absolute
What Ye sing and read out,
Why Ye involve in this world.
What use praying and making offers,
What of adopting eight fold deeds.
As a butcher from behind cover,
Carries in hand poisonous feed.”*

All these religious rituals, such as Dhyana Yoga, Sankhya Yoga, image worship or other ceremonies, give birth to an idea of good and bad in our minds. Our mind feeds us with multifarious desires and longings which increases the weight of our soul, just as a butcher feeds his victims (he goats) with good food to increase their weight and get more price. We become the victims of our own minds. Consequently take birth in a good or bad form according to our longings. Sant Kabir depicts the true picture of false Gurus.

*As a Heron poses for, meditation,
With intention bad in mind.
So, Ye pretend, to be as Swami,
Indulge in sensualities of all kind.*

Heron stands on one leg in shallow waters as a mediator, but his motives is to catch the fish. If I take credit for the fulfilment of your desires and other worldly achievements for the simple reason that my form appears to you and I assume the title of great Swami, then I am not less than that Heron. None of the Guru's or Gods appear as manifestation to any one. It is simply the thought force of the aspirant that work wonders but the so called gurus take false credit, keeping the ignorant masses in darkness. The soul of such gurus would not cross the gravitational pull. They will suffer for their own intentions and deeds but to speak of the ordinary mankind.

*“ Know not, the secret of knowledge and meditation,
Indulge in useless argumentations. ”*

They are not aware of the Truth, but still they quote scriptures and enter into useless discussions.

*“ Speak unto ears their wrong advice,
Carry a heavy burden on head.
Without a Satguru, Guru were misled
By tides of unending greed.”*

Such Gurus advise their followers in ears, to recite the Mantra of Gayatri, Panch Nam or Radha Swami what gains these Mantras or Jap of Namas would bring to the follower, when they are imparted by the selfish Gurus ? They do not see the competency of the individual but simply bother to increase the number of their followers. I do not initiate anybody. If some true aspirant succeeds to understand, what I say, it is true intention for him.

In this land of Rishis and Saints, to-day, the Gurus make use of press and loudspeakers to publicize the dates for Nam Dan (initiation). The truth as advocated by the saints is thrown to the background and ignorance reigns supreme. Nature has encouraged me to speak the truth I do not make any claim that whatever I say is final. It is known only to the All Pervading, but my intentions are always good. Everybody

suffers for his unending desires, and the Gurus too suffer for their false name and fame.

*“ Unfathomable, deep and beyond reach,
Different from finite and infinite. ”*

Keep your attention undisturbedly on that All Pervading unnamed and move on steadily.

*“ With infinite sight and speed slow,
Burn all snares of darkest doubts.
Soul, that keeps sight pure,
Dwells Sat Nama only there.
Sayeth Kabira, only he gains,
Who discards mine and thine affair.”*

From the time, I read, that soul weighs 21 grams I am compelled to think over. This 21 grams weight is not of the soul, but may be the weight of the life force, which is the combination of mind, thought, soul and Surat. I want to keep my conscience clear. Due to my previous deeds, I have created problems for myself by establishing this Manavta Mandir. Even at the night, I think on this issue, how soul weighs 21 grams. Soul is the most subtle and its weight should be very negligible. Our Shastras also reveal, that till one does not detach one's 'Self' from the worldly longings, one cannot achieve the Absolute Truth or Sat Nama. At least I am convinced, that soul's weight is like fragrance of a flower and it is free from the law of gravity.

Peace to all.

