

R.S.

BE MAN; ENTIRE, WHOLE AND IN EVERY THING

SATYA SANATAN DHARAM

OR

TRUE RELIGION OF HUMANITY

BY

HIS HOLINESS PARAM SANT PARAM DAYAL FAQIR JI MAHARAJ

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HOSHIARPUR—146001

PUNJAB—INDIA

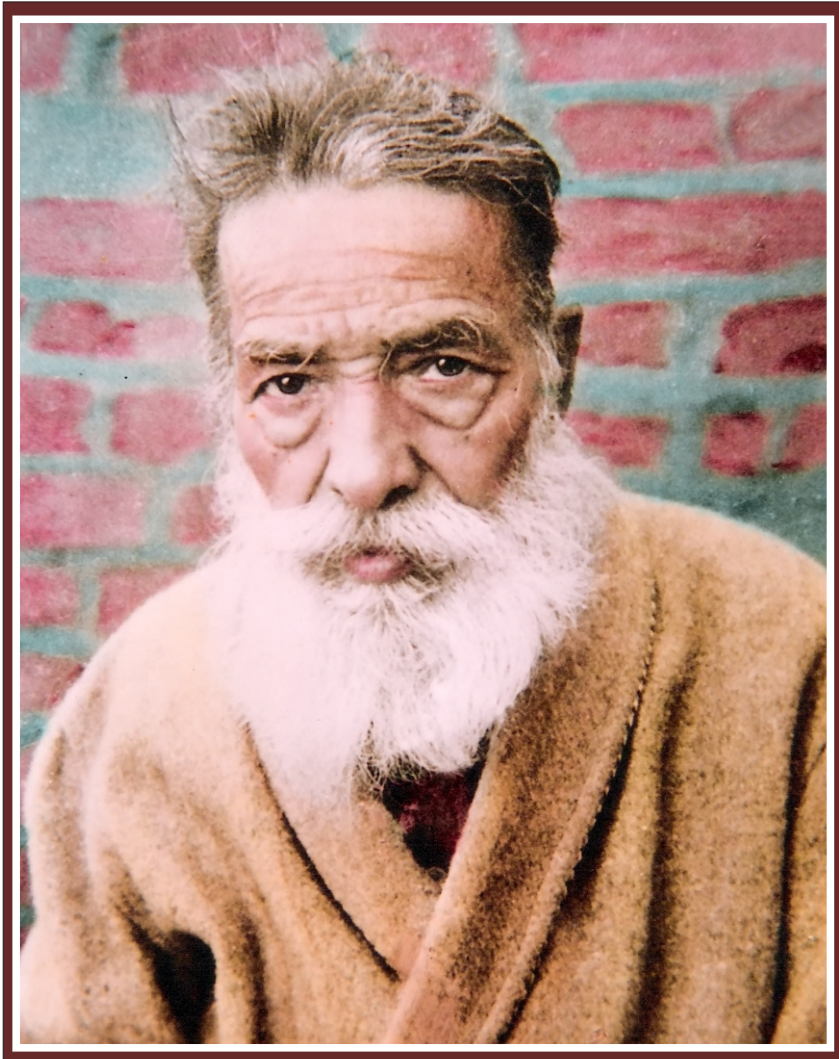
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R.S.

शब्द

ऐ मेरे प्यारे भाई देखो संभल के चलना ।

खोटे करम न करना, खोटी न बात कहना ॥ 1 ॥

दुख दोगे दुख मिलेगा, सुख दोगे सुख मिलेगा ।

मारोगे गर किसी को, फिर ग़म पड़ेगा सहना ॥ 2 ॥

कौल और ख्याल करतब, दरिया से हैं मुशाबा ।

तुम देखना, न इनकी लहरों में पड़के बहना ॥ 3 ॥

मन इन्द्रियों पै भाई, ज़ब्त रखना तुम बराबर ।

जीवित बने रहोगे, खुशहाल होके रहना ॥ 4 ॥

अपनी निशिस्त रखना, तुम आत्मा पै हर दम ।

आत्म स्वरूप रह कर, संसार में विचरना ॥ 5 ॥

—दाता दयाल

'O' my dear brother; see, walk ye with care;

Do, no deed evil, speak no word evil,

Pain if you give; Pain you shall have,

Pleasure if you give, Pleasure you shall have,

Kill you, if any creature, sorrow shall you have,

Thought, word and deed, are very like a river,

Beware you be of them; flow not with their current,

On, mind and senses, O' dear brother mine,

Do exercise a firm control,

Thus you will live fully, prospering ever,

Keep a watchful eye, ever on your soul;

In this wide world, live on a spiritual plane.

English rendering of the original Hindi Poem

By

His Holiness Maharishi Shiv Brat Lal Verman,

M.A., LL.D.

PREFACE

ऐ मुकद्दस सतगुरु नूरानी यजदानी है तू ।
नूर का है देवता, रूहानी हक्कानी है तू ॥
हादीए राहे हकीकत, रास्तों से बाखबर ।
रहनुमा सच्चा है तू, रख हमको धर्म की राह पर ॥
तू उधर ले चल, जिधर राहत मिले, फरहत मिले ।
दूर रख उस राह से, जिस राह से कुल्फत मिले ॥
पाप का टेढा है रास्ता, उससे हमको दूर रख ।
धर्म के रस्ते को, रोशन करके चल, पुरनूर रख ॥
हम शनाख्वाँ होंगे, मदहत सरा होंगे सभी ।
होके ममनूने करम इज्जत करेंगे जीते जी ॥

“O, Holy Sat Guru, O’ Thou Luminous One,
Thou art the Imperishable-Supreme!
Thou art the God of Light;
Aspiritual Entity, art Thou.
Thou art the Guide to Truth;
Knowest well Thou the Path of Truth.
Thou art the True Guide,
Keep us on the Path of Dharm.
Lead us in that direction,
Where peace and Bliss are attained.
Keep us away, from that path:
The Path which ends in pain;
Mazy is the Path of sin;
Keep us away from that Path,
Lead, illuminating Dharam's Path;
And keep this Path illuminated.

Grateful to thee we shall ever be:
And all shall ever Praise Thee,
Being grateful to Thee for Thy Grace:
Shall rever Thee till our very last breath.”

(Maharishi Shiv)

On the auspicious occasion of Kumbha in Ujjain, I expressed my views Satya Sanatan Dharama or True Manav Dharama. What made me express these views? What was the base or principles on which I spoke? I did not expound any new philosophy of my own. Whatever is said by me, has also been said by those who have become one with HIM. If you carefully read the above prayer written by Hazur Data Dayal Ji, you will find that this prayer is offered to that Guru, who is imperishable and is called the Supreme-self. All the great saints who came to this world have guided mankind on the path of Dharm according to the needs of their times. In this prayer it is said:—

पाप का टेढ़ा है रस्ता, इससे हमको दूर रख ।
धर्म के रस्ते को, रोशन करके चल, पुरनूर रख ।।

Mazy is the path of Sin:
Keep us away from that Path,
Lead, illuminating Dharam's Path:
And keep this Path, illuminated.

All the great Saints, who transcended to that Supreme-Abode, the Absolute and the Sublime, guided mankind to the path of Dharma according to the time. As guided by Hazur Data Dayal Ji, I have been trying my level best to dwell in that Supreme state, of Shabd and Prakash (SOUND and LIGHT). But, I am afraid, I have not as yet been able to make it my permanent Abode due to the demands of life on earth and my past karmas, However, it has always been my effort to remain

free from desire, remain impartial and True As asked by Hazur Data Dayal Ji to help and guide the weak, helpless and the ignorant, I fearlessly spoke on the True Manav Dharm or Satya Sanatan Dharm, by following which we can transcend to that Supreme-state and live a happy and peaceful life. My method of explaining (or my words) might have hurt the feeling of the followers of some particular sect or religion, though I never intended to hurt the feelings of any one. I have only defined the True Religion of Man. I say again that mankind cannot live peacefully till, the Governments, the religious people and the mankind as a whole adopts the principles of True Eternal Duty (code of conduct) of Satya Sanatan Dharm.

I question my own self as to who can be the luminous and imperishable True Guru? To be Luminous is one thing, to be Imperishable, another, and yet, to become one with the Ultimate Reality is the ultimate goal and the highest state, state that defies description. He, who dwells in Light after leaving behind shapes, forms, colors and visions, is the Luminous Guru. But mind, such a Guru can be a good guide only for the worldly life. It is due to this fact that our sages, seers and great-men of Sanatan Dharm who dwelt in light, preached a code of conduct for the human life. From time to time they changed their teachings for the good of mankind. Law remains the same ever, but the by-laws, rules and regulations, rites and traditions vary from time to time, country to country, and age to age. The Saints have ever helped human beings in their personal, social, and national affairs to the best of their capacity. For the attainment of the state of Light, they have recommended the recitation of the Gayatri-Mantra and doing Pranayam. The motive behind this is to lead the seeker beyond the stages of awakening, dreaming and deep-sleep to the state of Light within.

Savitri or Prakash is the Light within you. Behold it. This Light provides an impetus to your intellect. Similar is the object of Pranayam. A perfect Guru is capable of guiding you in both the worlds. The Surat (attention) of man first crosses the physical existence, and then the mental

desires, and then it goes to the region of Light from where it finally transcends to the region of the WORD (Shabda Brahm) He, who transcends to the state of this Sound Eternal (Shabd) after traversing the lower stages, and then reaches the Un-named and the Supreme-Entity, is known as the Perfect Guru, the Qualified Guru. He can guide man both in the worldly code of conduct and spiritual life. The stage of such Saints is higher than that of those who dwell in Light alone. Those who merge in the Shabd (WORD) are known as the perfect Gurus or the Param (Highest) Saints.

Right from my adolescence I had a craving for realizing the Ultimate Reality. But I have not as yet permanently merged in that sublime state, though I have an access to it. On the basis of my experience that I have gained from this inward Sadhna and also in obedience to my perfect Master Hazur Data Dayal Ji's command. I am stating my detailed experience for the benefit of those who seek the Truth. On the auspicious occasion of Kumbha, I spoke on the Satya Sanatan Dharm of Eternal Manav Dharm of True Humanism, totally on the basis of my own experience of life. I have explained in detail the principles of a positive code of conduct to lead a happy life, and have also explained a little as to how abstain oneself from the evils of the worldly life.

This is the Age of Science in which the human intellect is very sharp. No educated person ever accepts any argument except when supported by clear cut logic. Therefore, I say, that a man or a Mahatma who dwells in Light can scientifically help all who seek his help. Light is the Creator of this world. There is Desire behind Creation, or Desire is ever the cause of Creation. There arose a desire in many individual minds that the existing state of affairs needed reformation and a re-formation. Thought waves carried this desire to me. The Desire in its latent form, is very subtle, it becomes gross thought waves and the present condition of humanity. Thus being deeply moved, my 'self' raised the slogan of "Be-Man", or "Manavta Param-O-Dharma" (Humanism is Highest). Though I do not claim that this slogan of mine is a Panacea for all human ills, yet I do know

that my experience proves true; for, my advice or opinion has always benefitted all those who acted upon it faithfully. Thus I consider that my considered advice based on my personal experience is always CORRECT.

The teachings of the Luminous Guru are not confined to the moral codes alone as is done by the sects and religions.

Circumstances differ from man to man, and nation to nation. In order to satisfy the ignorant or the weak, sometimes hypothetical things are said, and parables told in order to illustrate and bring home some sacred truth. Sometimes one has even to launch a struggle and start a movement, Therefore, the Luminous great Gurus are known as Incarnations. Such great men advise us to act according to the demand of the time. Sometimes they even advise to wield the word and ask us to adopt the arts of diplomacy, e.g. persuasion, punishment and sowing the seeds of discord in the minds of adversaries. It is in this light that in my books I have appealed to the makers of the Atom-Bomb, the rulers and the policy makers to adopt stern policies along with the lenient ones regarding governing and reformative measures for those who are anti-national, selfish and anti-social. Those who do not understand the language of love must be dealt with an iron hand. But he, who dwells in the sublime state, works only for the Spiritual uplift, in the capacity of a Peer-i-zaman or Sant Sat-Guru-I-Waqt, (Prophet of the age) so that man may learn how to live a correct social, national and individual life.

It is a hidden mystery, which cannot be understood by the common man. It is a most difficult thing to make anybody understand it. It cannot be easily understood unless you aspire to know it and you deserve to know it a doctor gives a prescription only after diagnosing the disease of a patient, but if the patient begins to ask the reasons of a particular prescription for him, and further question the authenticity of the prescription, neither the doctor would not be able to clarify it nor would the patient be able to understand anything. Similarly the preaching of the Luminous Saints is inapplicable.

Whatever was preached by our ancient Sages was the need of those times and all human being were required to accept them for their benefit. In SANT-MAT (The School of thought of the Saints) it is said:—

गुरु जो कहें सो हित कर मान ।
गुरु जो कहें सो चित धर ध्यान ॥

“Accept with Love, whatever the Guru Says;
Consciously contemplate upon:
Whatever the Guru says”

I had no special reason to speak so explicitly on this occasion of Kumbha. But I explained the Truth, because the intelligentsia has a logical approach to everything and they ask for elucidations. Think a little upon what I have been saying for years that the present system of election in a democratic setup is a sweet poison for the nation. But, who listened to me. None, in America, President Kennedy was shot dead and his brother was also killed. The Negro Leader Martin Luther king too was killed. These incidents relate to the great men of the world. The present election system has very badly influenced every house, every village and every town, and the situation shall be worse in future. Only then the intellectuals would be compelled to ponder over it. I envisaged it, and said that the system of election is a sweet poison for the nation, on the basis of my Meditation on the Light within. Hazur Data Dayal Ji has written:—

सुनते नहीं हैं गाफ़िल हरगिज़ मेरा कलाम ।
बेदार होके कहता हूं ताबीर ख्वाब की ॥

Alas! The imprudent have no ear for my words
Little do they realize that it is on waking up.
That I interpret the dream that life is.

—Hazoor Data Dayal

I have scientifically explained this hymn of Hazur Data Dayal Ji in my other discourses given at Delhi. These shall be published separately. Now I am writing a Preface to this book entitled, "Satya Sanatan Dharm" or "Satya Manav Dharm" or "True Humanism". I am not a learned man, I am expressing my feelings, observations and experience in very simple words. I know that rod is the only logical instrument for the villains. If the human race does not mend its ways, Kaal (Time) and Maya (Nature) shall wield their big stick. Then what will happen?

"No use crying over spilt milk"

This world has never recognized any Saint or great man during his life-time. But after his death, they erect memorials to him. Then his books and writings are keenly studied and adopted. But these worldly people do not realize that the sayings and writings of any Luminous Person or Saint apply ONLY to his times and ONLY to the contemporary situations. Whatever is said at a particular time is a necessity of that particular age, but after sometime, such sayings cease to be that useful. Ponder over it, Mahatma Gandhi I suppose, had not attained the state of Light, but he was nearer to it and had a resolute mind. This concentration of mind he had attained through his faith and devotion to Lord Ram. He started the Civil Disobedience movement, launched strikes, and undertook fasts for the achievement of Independence. Such acts were a necessity in those times. After the achievement of Independence he suggested the dissolution of the congressmen obey him? No. People may celebrate his anniversaries year after year, but there cannot be peace and stability in the country. I am a follower of Sant-Mat, Radha Swami Faith or the Spiritual way of life. The propounder of the Radha Swami faith, His Holiness Hazur Swami Ji Maharaj has written:—

वक्तु गुरु बिन काज न सरई ।

"One's Object cannot be achieved
Without the Guru of the Time"

This principle is as much applicable to the worldly life as it is applicable to the Spiritual life. Can the religious dogmas of old be applied in the present age? Certainly not!

(Here, Master Mohan Lal Ji intervened and requested His Holiness to explain the Three Forms of Sat Guru as given in the hymn of Hazur Data Dayal Ji, i.e. luminous self, or light form (Noorani) WORD form (Haqqani) and Absolute (Yazdani).

This His Holiness explained as follows:—

Luminous Self is that SOUL, which can exist as a part of LIGHT (NOOR). This sphere is known as the region of Brahm. He, who dwells in the WORD, becomes the WORD Form (Haqqani). As the mainstay of the entire creation is the WORD or Shabd, it is named as Truth (HAQ). Absolute YAZDANI) is HE HIMSELF, Akal-Purush or the Un-Named ONE. In whom the SOUL loses its own entity after traversing the regions of the LIGHT and the WORD. It merges in the Supreme Self. I have not yet attained this Sublime stage, though I have gained a little experience of this stage. Perhaps His Will is yet to get some work done by me. Hence I have not been able to attain this stage. So, on the basis of my experience of the sphere of Light, I can say that the nature of Light is to spread, and to create. So I proclaim for the good of the people that the present system of election be abolished in India. Only capable, learned and experienced persons should be elected. There should be no “political” party in the country. There should be only one party or body. Which may be known by any name? And the party should work for peace, prosperity and stability of the country. Its members should not be motivated by any party or religious feeling. All the elected persons should form one body to govern the country. This governing body should be criticized and guided by such people who live an ideal life and dwell in the region of Light. Such people should exercise vigilance over the administration of all laws and acts passed by the governing Body. On the basis of their experience of Higher Stage, and if need be, such

acts or laws be repealed or revised for better results and for the good of the people.

These Luminous True Saints or a group of such Sadhus, Should take the Governing Body into confidence for detailing the consequences of all legislation. The motive of all legislation should be the good of the entire human race as also of the country. I look within and question, myself, "Faqir, who would listen to you and accept your Philosophy?" It may or may not be accepted, but my opinion is based upon traditions and principles rulers used to follow in the past. Sages used to guide the rulers. Their advice used to be sought for each piece of legislation; Chandra Gupta Maurya had sage Chankya as his Raj Guru. At that time, there used to be Raj Dharma which too was framed by the Rishis of those days.

How can the Luminous True Saints be known and selected for this purpose is an important question This can be decided by a group of impartial and True Saints, and not by those who belong to a particular sect, creed or religion, or are the heads of any such sects or religions, Fortunately, by His will, a World Religious-Society has come into existence. Its founder is Shri Sushil Kumar Muni, and the President is Sant Kripal Singh. Those who have attained the state of Light, and those who really meditate at this center should come forward. The followers of wrong gurudom should not be allowed to enter it, for they are beasts impersonating as Gurus and are good-for-nothing.

On the occasion of Kumbh, I explained the True Guruism and the Truth very strongly so that the general public and the modern Gurus should reform themselves. I am sure, if the rulers, the ruled and these Gurus follow this path, peace and Prosperity shall reign in the country. Whatever experience I gained after meditating on the Light. I have explained without any reservation as to how men may beget better children, live happily and have a peaceful atmosphere in their homes. There by making the nation strong.

At the time of this Kumbh, advocates of different philosophies and the followers of different sects had set up their camps separately. At one place a Sadhu was lying on thorns. At another was another Sadhu standing on one leg and yet another was standing on his head. At some place a nude body was being displayed. At another place Ram Lila was played, By this I mean that Sanatan Dharma was represented in all its various and varied forms.

Why have these different people adopted different methods to achieve a particular object? Are they all wrong? My view is that they are not wholly wrong. But they are imperfect and incomplete. The propounders of these methods were those great men who had practiced seeing the Light within, and as such they were known as Gurus. But since the light within is of different colors every one gave a different philosophies. Keeping in view the nature of people, time, object and place, came into existence for the physical, mental and Spiritual peace of mankind for your understanding I classify the Luminous Gurus in four class as under :-

(1) SABAL-BRAHM i.e. the meditator on that Light within; this strengthens the body. (2) SHUDH BRAHM, one who has meditated on Shudh Brahm. (3) PAR-BRAHM, one who meditates on PAR BRAHM. (4) SHABD-BRAHM, one who meditates on SHABD-BRAHM. The centers of meditation for these classes are respective known as TRIKUTI SUNNA, MAHA-SUNNA, BHANWAR-GUPHA and SAT-LOK, in the SANT-MAT. Light is energy. Those who mediate at the center of Brahm of light within, naturally attain knowledge of keeping “a sound mind in a sound body” Why is it so? It is so, because when that Light permeates the body, its effects activate that mind, intellect, conscience and the ego, Man attains the powers of discrimination and becomes capable of guiding others on the basis of these centers known as Shabd-Brahm, where Light becomes more serene, attain a Blissful Peace. It is on the basis of the experiences of these centers within, that the different branches of Yoga came into existence. Those who

meditated at the center of Par-Brahm suggested different methods for the attainment of Spiritual Bliss. Ordinarily these are the three Paths which man-kind has adopted in different ways for the attainment of physical, mental and Spiritual Peace. This very Trio is called as Sat-Chitt-Anand. In organized form this very Trio is known as Sanatan Dharam.

Light has its own existence. And whatever has its existence, must feel proud of its being. Thus, egoism, among the followers of all the schools of thought, is quite inevitable. The entire game, therefore, of Sat-Chit-Anand is in Egoism, or in the feeling of existence. None can be free from this feeling of existence (Aham-Brahm) though one may have the knowledge of physical existence, mental existence or spiritual existence. The knowledge of existence pervades all the three stages of gross, subtle and spiritual centers.

Now, the question arises why a human being who is a perfect model in this creation, under took the Path of inward practice? Why did he struggle to transcend the centers of Light? This process of inward transcending is not within the control of any individual. The "Self" of the individual, when it dwells at one particular center for a pretty long time, perhaps it loses the charm of this center. Secondly, body, mind and soul are Kaleidoscopic. Due to this process of transition in them, the Surat, which is a witness to all the three stages, is also obliged to pass through this process of change. Thus it struggles to get rid of this process. Man is helplessly traversing from one stage to the other, and progressing. It is but natural for him to undertake the upward journey sooner or later from one stage to the other. Transition is the law of nature, and our Surat is very much governed by it. I am sorry; I could not give that honor to Hazur Data Dayal Ji which he deserved for his Sublime experiences in his life time on earth. The forms of Guru that Data Dayal Ji has referred to, in this hymn, confirms perfectness of his experience. To-day, I behold His Holy-Excellence in a different way, and am helplessly busy in obeying his orders now.

He who meditates on the centers of Light and has also attained the Form of Light, is not a perfect Guru, why? Because, the methods experiences and practices that are essential for attaining the undisturbed Peace (Bliss) for our body, mind and soul cannot give us perfect peace. That is why it is essential to transcend to the Sat-Lok and for that, the necessity of a perfect Guru is felt. The 'Self' of man makes a search for Eternal Bliss, after enjoying the physical, mental and spiritual pleasures. When this necessity of higher bliss is felt, the perfect Guru helps. He directs the aspirant to the sublime state after convincing him that Sat-Chit-Anand or physical, mental and spiritual feelings are not ever-lasting. Thus he guides the True-seeker to the fourth-stages (Chautha Pad) and initiates him in o SHABD-BRAHM, which is known as NAMA or the WORD. And he who reveals the method of transcending to the Fourth-Stage is known as an Adept—a Perfect Guru.

A Guru, who dwells at the center of Light, also seeks refuge of the Perfect Guru after attaining the experience of this center, provided he has no craving for name, fame or Guruship. An individual has a desire for “SOMETHING” in life, which he wishes to accomplish by meditating sometimes on the sphere of SABAL-BRAHM, sometimes on the sphere of PAR-BRAHM, and sometimes on the sphere of SHABD-BRAHM, But when[he succeeds in attaining a comprehensive experience of these stages, he feels something lacking within himself.

After this stage of Sat (Truth) one feels the necessity of an Absolute Guru (Yazdani Guru). What is this Absoluteness? What is Eternity? It is that sublime state where even the Shabd comes to an end. There remains the Supreme-Self alone or the Super most element only, Where there is neither the Creator nor the Creation There is no Creation of any kind at this sublime level.

शब्द प्रकट तब धरिया नाम ।

शब्द गुप्त तब रहा अनाम ।।

(रा० स्वा०)

“SHABD, manifested, was given a name;
SHABD, when latent, remained Un-named.”

This is the state of our beginning, and therein rests our end. With the process of commotion in that Absolute state, our “Self” has come down to this state of physical existence of gross, subtle and casual existence. Therefore guru dwells at the highest level. Who is the Absolute Guru? Generally people consider their Guru as a human being and worship his body in ignorance. They propagate the name of Kabir, Nanak, Radhaswami Dayal and Hazur Dayal Ji. The general masses are obliged to believe it, but in face, Guru is the Luminous self (Noorani), Sound form (Haqqani) and Absolute Form (Yazdani) or SABAL-BRAHM and SHABD-BRAHM. In other words, the LIGHT and WORD within us is the Real Guru. The external Guru brings about a change in the life of an aspirant with his good wishes and radiations. Because he is an Adept, he guides and directs the seeker on the right Path within.

So, in Kaliyug and in this transitory world, there is no lasting peace. Life is short. That is why the meditators on the world, there is no lasting peace. Life is short. That is why the meditators on the Sound within, or the Absolute Gurus realized the importance of “Surat-Shabd-Yoga” and thus they propounded the philosophy of Nam-Dan or initiation into the Sound within. Tulsi Das has said the same:—

कलि केवल एक नाम अधारा ।।
वेद शास्त्र श्रुति मत सारा ।।

“WORD alone, is the mainstay in the Kali Age,
This is the essence of Shastras, Shrutis and the Vedas.”

This transitory work is named by the Saints as a region of Kaal (Time) and Maya (illusion). Scriptures refer to it as the Trigunatmak Jagat. There is no lasting peace, in it. For the attainment of a lasting peace, an Absolute Guru is indispensable. On the occasion of this Kumbha, I have

explained the easiest Methods, by which you can enjoy peace and Prosperity in this world of Kal and Maya and also attain a lasting peace.

लोक अलोक पाऊँ सुखधामा ।
चरण शरण दीजे विश्राम ॥

“So that I may attain peace in both the worlds,
Pray, give me refuge at Thy Holy Feet.”

I have described very easy and practical methods, which I learnt by my comprehensive meditation on LIGHT and WORD within. I hope the great leaders of the country; intellectuals and Gurus would study the True-Manav-Dharm or True-Sanatan-Dharm and shall ponder over it for their own, and also the benefit of all.

FAQIR.



Chapter I

SATYA SANATAN DHARM OR THE TRUE MANAV-DHARMA

Every individual who works in this world has some aim in view more works without any motive in his mind. He who does something without any aims must be insane. Why do I do this work of Satsang? Because I am a Brahman, I had a keen desire to see Rama ever since my childhood and with the passage of time I became crazy in the pursuit of my aim he was either the fruit of Karam of his Will, which led me to the hallowed feet of my Satguru His holiness Hazur Data Dayal Ji Maharaj. He initiated me into the teachings of the Sant-Mat, Radhaswami, Kabir, Nanak, Dadoo and Paltoo. All these Saints were the devotees of Surat-Shabda-Yog. They all denounced the doctrines of all other religions in their writings. This pained me most. In 1905 I vowed that I would follow this path laid down by the Saints and shall tell the world my findings and my experiences of this Sant-Mat or the Religion of Saints.

Whatever I do, is not a favor to anybody. I am reaping the fruit of my own Karmas. I was not interested in coming here on this occasion of Kumbha, but Shri Damodar Das and others publisher posters and made all necessary arrangements. So I had to come. In the morning when I came here, they raised a slogan, "Victory to Sanatan Dharma." I too say, "Victory to Sanatan-Dharma" But I question myself, and wish to tell the world what this Sanatan Dharma is?

Sanatan means the primal, and Dharma means the Code of Conduct. What can this Primal Code or Sanatan Dharma be? It must be

the code of that man who was first born on this planet. That very primal code set by the first man is termed as Sanatan Dharma.

I am an educated man of the 20th century and am quite aware that this is the age of Science. I ponder over: from where did the first man come on this earth? Who procreated him? The experience of my life proves that the first man on this planet was created by some super-soul or super-man. Who is this super-Man? My experience is that super-Man who created the first human being on this earth has a body, mind and soul. The proof of your existence of such a Super-Man, or Creator is given by the Satsangis. For example, last time when I visited Devas (Town) a boy told me "Babaji, I was appearing in the annual examination. I was unable to solve the questions. I prayed to you for help. You appeared, sat underneath the desk and helped me solve the entire question paper and thus I secured 98 marks out of 100" This time when I visited Devas, another boy was brought to me who said, "Babaji, a huge stone rolled down on my leg which I could not move. My leg was broken. My two companions also failed to remove the stone from my leg. Then I prayed to you for help. You appeared and rolled and rolled away that huge stone." O' human beings of the world! O' religious people of my country, I swear and say that I did not go to help any of these boys, nor do I know about these incidents. Then who went to help them? Modern history is replete with such miracles and manifestations, and thus, is deprived of the Reality.

Now, who created *This* Faqir Chand who appeared to these boys or manifested within them, almost everybody knows about the inner visions and the dreams. Hundreds of people tell me that they see me in their dreams and get solutions to their numerous problems. But I do not go and manifest myself anywhere either in visions or before them in flesh and blood,

This proves that, the mental faculties of even an ordinary human being are capable of creating anything with sheer Will Power. Similarly, the first man produced by SANKALP SHAKTI is a Super-Man, and the

Saints name Him as and Akal-Purusha. The Shastras call him Sohang-Purush and the Muslims name Him Allah or Khuda. That super- man with his will power or SAMKLP SHAKTL created another man similar to his own self, who in the Hindu Shastras is known as Manu, the creator, the Bhagwan, the Parmatma or the Brahma, whose bones are the Mountains. Whose eyes are the Sun and the Moon, whose hair is the forest and whose veins are the rivers, His mind is known as Avyakrit and the Soul is known as Hiranyagarbha. He is a Mighty Being. His will created Manu. His will had the seeds of desire which created Manu. Just like a piece of iron gets magnetized with a constant touch with a magnet. And it gains the power of magnetizing other pieces of iron similarly Manu got the desire for creation from his Creator. Manu created another man who further created his own progeny and thus the process of the expansion of human family set in. It proves that the root-cause of creation is the desire. Thus, desire is the very basis of this world. So the primary doctrine of the Sanatan Dharma is Desire. Desire is the root of the entire creation. The Primary Dharm of Man is to keep his desire pure, constrictive and useful; this is the Primary doctrine of Manav Dharm. Desire should ever be pure. This Shiva-Sankalpamastu is the path of the Vedas.

I am not an orator, nor do I know the art of elocution. So I may be excused for my short-comings. Now what does the Sanatan Dharma teach us? The basic doctrine of Saya Sanatan Dharma is to keep the thoughts and desires pure, positive and constructive. To keep the thought and desire pure and positive, there is the necessity so some knowledge, some guide, Guru, or a person who is capable of transforming the thoughts of the man. So the Sanatan Dharma gives rise to Guru-Mat, and Shiva-Sankalpamastu. As you think, so you become; your faith makes your fact, and as you sow, so shall you reap. This is Satya Sanatan Dharma.

The followers of Sanatan Dharm have propounded some Samskaras. What are these? These Samskaras are nothing but desire. I myself am a follower of Sanatan Dharm. I am also a true man. The root of

Sanatan Dharma is Desire and first step is the purity of impurity, constructiveness of destructiveness. That is why it is known as a sacred precept in Sanatan Dharma. The parents beget their children according to their own desires, thoughts and nature.

The Creator of God, created Manu or the First Man after His own image. Whatever exists in the universe is also present in us in miniature. All the qualities and the properties of the Creator are present in essence in every human being. Gods, Goddesses, Shiva, Vishnu and Brahma are within every individual in essence or in miniature. All is present in us in a fraction. Fullness is found in God alone. The creation is a miniature form of the Creator. Similarly, our children are a miniature form of our desires, thoughts, feelings and nature. The thoughts entertained and the desires nourished at the time of copulation leave an ever-lasting influence on the would-be child. It is due to this fact that in Sanatan Dharma, The Philosophy of Karma occupies the first place along with True knowledge (Gyana).

कर्म प्रधान विश्व कर राखा ।
जो जस कीन्ह सु तस फल चाखा ॥

“The world is dominated by Deeds done,
Fruit of Thy Deed, Thou must reap.”

I am true to the core of my heart, and I do not believe in miracles. What I can do for you, at the most, is that I can give you my good wishes; and I can at best wish you Health, Wealth and Peace. It is possible that other Gurus or Mahatmas might have something more to give to their followers. But I don't have anything. You are simple house-holders and are ignorant about the reality. These Gurus and Mahatmas attract you with their so-called miracles and oratory and make you their dumb driven, humble and mute followers. Such Gurus do not work for your liberation, but for their own name and fame. I am a Faqir. I have come to this world, not to enslave you, but to redeem you. My sat Guru imposed

upon a duty saying:—

तू तो आया नर देही में, धर फकीर का भेषा ।
दुखी जीव को अंग लगाकर, लेजा गुरु के देसा ॥
तीन ताप से जीव दुखी है, निबल अबल अज्ञानी ।
तेरा काम दया का भाई, नाम दान दे दानी ॥

“You have come in human form;
Wearing the garb of a Faqir,
Meet you the grieved men,
Lead them to the Guru's Abode,
Man is grieved by the Unholy Trinity:
Weak, helps and ignorant is he,
Your duty is to be compassionate,
And to impart the True Name.”

Don't you see, how these Gurus, display their spiritual superiority and attract you by throwing to you the bait of liberation from this world? Have you ever heard any Mahatma saying that he does not manifest himself within anybody? Study the history of all preachers and Saints. You will not find one exception, where truth is spoken about these manifestations. An old lady is sitting here. When last time I came here, they said, “Babaji, I had a severe pain in my body. You appeared in my dream and asked me to fix a nail in my door to get relief from the pain. I did so any my pain was cured.” I myself saw the nail fixed in the door. The Truth is that I did not go to appear in her dream. There is none who speaks the Plain Truth to you. And, if there is one, you do not respect him.

नाचे गावे तोरे तान ।
दुनिया ताका राखे मान ॥

The world applauds him the most
Who sings out of tune, and dances out of step
What a saw, bad and mad world we live in! PITY”

“All Hail!!! And Glory to the Sanatan Dharma!” Why did I say so? Because I am a true Sanatanist. The first canon of Sanatan-Dharma is that the first man or Manu was created by the Desire of the Creator of this entire universe. From this Creator, Manu inherited the Power to create. So he created his progeny with his 'desire' or Will Power. In the beginning, the Will power was strong. This era of mental creation (creation by will power) or SAMKALPA SHAKTI continued for a pretty long period. But, with the passage of time, this will power decreased, and the process of procreation started with copulation. Thereafter the cycle of Karma Started and with it began the cyclic order of human race of the whole world. Saint Kabir writes:—

कर्म गति टारे नाहिं टरी ।।
मुनि वशिष्ठ से पण्डित ज्ञानी, सोधि के लगन धरी ।
सीता हरन, मरन दसरथ को, बन में विपति परी ।।
कहां वह फंद, कहां वह पारिधि, कहां बह मिरग चरी ।
सीता को हर ले गयो रावन, सोने की लंक जरी ।।
नीच हाथ हरिचन्द्र बिकाने, बलि पाताल धरी ।
कोटि गाय नित पुन्य करत नृप, गिरगिट जोनि परी ।।
पांडव जिनके आप सारथी, तिन पर विपति परी ।
दुरयोधन को गर्व घटाओ, यदु कुल नाश करी ।।
राहु केतु व भानु चन्द्रमा, विधि संयोग परी ।
कहत कबीर सुनो भाई साधो, होनी होके रही ।।

The course of Karam cannot be averted,
Vashisht, the Sage so learned!
Fixed an auspicious hour for Ram's Coronation
Yet his wife Sita was kidnaped and his father Dasrath died
And he himself suffered misfortunes in the jungle;
Where the snare, and where the hunter!
And where the grazing deer!
Sita was abducted by Ravana;

And as a result, his golden Lanka was burnt to ashes
Harichand got sold to a low fellow;
King Bali was dumped in the lowest region
The King giving a lakh cows daily in charity;
Was cursed to be born as a Chameleon.
The Pandavas, Whose Charioteer was LORD Krishan Himself
Suffered miseries untold;
The pride of Duryodhan was humbled
And perished the entire Vadav-Clan,
Rahu, Ketu, listen O' hermits;
What is to happen must happen.”

In this world there are two Paths, i.e. The Path of the extrovert (Pravritti) and the Path of the introvert (Nivritti). The former means the attainment of a happy, joyful, prosperous and healthy life. And the latter means, liberation from the cycle of transmigration forever. In the former Path, longings, thoughts and deeds are dominating. Whatever you and I gain in this world is the fruit of this Trio. The Creator has based the entire creation of this world on longing or desire. It is due to this fact that in this Path of the extrovert, Purity of mind, word and deed is considered most essential “SHIV-SANKALAPA-MASTU” In Sanatan Dharma there are sixteen Sanskars of Shiv-sankalap i.e. Sanskara of Conception, Sanskara of Baptism, Sanskara of Mundan (First Shaving of head) Sanskara of marriage and Sankara of death etc. The object of these Sanskaras is to make the extrovert's life happy, prosperous, peaceful and healthy.

The second Path is the Path of the Introvert and its aim is liberation, But the worldly people or these who are trading the Path of the extrovert, seldom wish to attain liberation None among those who come to me has ever sought liberation. Someone desires a son, other wishes for a flourishing business and a third longs for wealth. All come only for worldly gains, whatever you get, is either the result of your strong will or the fruit of your own deeds. I give you nothing. This is the Plain Truth. There are at least 150 women so far, who gave birth to children with my Prashad, after

15 or 20 years of a barren married life. Seth Moti Lal from Indore is sitting here. His wife gave birth to a child after many years of marriage. But my own daughter, who is married for the last 13 years, (now 21 years in 1978) is still issue less. Though I have purposely given was a heart patient. I went to his home and assured him that he would become well. I asked him to live like a normal healthy man. Now, here he is sitting as a normal man without any heart disease. But my own wife died as a heart patient after six years of prolonged illness. I spent about Rs. 5,000/- for her treatment, but she could not recover. What is this mystery? O! Man, this mystery is of your own faith, your own will, and your own Destiny.

Whatever I say, is not for you. I wish to get my views published in the "Kalyan", so that the Sanatanists may know. What Sanatan Dharama, really stands for? You will argue that I am against idol worship. But the reality is that even during Idol worship, it is your own will and your own faith that works. Nam Dev believed that the Lord ate food from the hands of his maternal grand-father. He was a child and he was not aware that his grand-father told a life and ate away the food after only showing it to the idol. But once, when his grand-father was away, Nam Dev had to offer food to the Idol. He bathed the Idol and offered it food, but the Idol did not eat it. But as he had firm faith that do eats the food, Nam Dev resolved to make the Idol eat his offerings and ultimately he succeeded in making the Idol eat his offering. What does it prove? It proves that a firm faith works wonders. **Always have this faith that whatever Lord does for your good.** Do not run after big religious philosophies. Learn this one lesson from me, that whatever happens, happens for your good. If once you succeed in confirming your faith in this dictum. Your life will automatically become joyful and successful. The root of this world is desire. I am giving you true knowledge, because I have come to this world with this very mission alone.

Sanatan Dharma is based on the principle of "Shiv Sankalap" (Pure and positive desire) and the power that works in it, is your own Faith. This fact is reveled to me by the experiences of the seekers, Sometime I

say something and because you have faith in me. My saying become true and you give credit to me. In fact I do nothing. Whatever it is O' man, it is your own Faith. Faith always fructifies. You may have faith in Lord Rama, Krishan or any god, Goddess or Guru. But if, you worship Lord Rama to-day, tomorrow you run after Lord Krishan and the day after, you worship Hanuman, you cannot get anything by such worship. A rolling stone gathers no moss. Stick to one. Have faith in one. Have one desire. Your own desire is your Rama, your Krishan, Goddess or your Guru. The entire game is of your own thought, desire and faith. This is the essence of my life based on a long research, Saint Kabir says:—

“कर्म गति तारे नाहिं टरी ।”

“The course of Destiny cannot be averted”

Kabir writes that the harvest of your deeds cannot be evaded or avoided. I am the Sat Guru of the present time I speak the truth so plainly? Do I not suffer by speaking so plainly? But my mission is not to collect any money or to get myself worshiped. Had it been my aim, I would have collected as much money as I desired from those who are guided by my manifested form, both inside and outside the country. But this would have been my deceitful action. Had I done this, how could I avoid its reaction? I am afraid of the reaction of bad deeds. So I speak the Plain Truth. O! Friends I do not go to manifest myself anywhere nor do I know anything about my manifestations in visions or in flesh and blood.

कर्म गति तारे नाहिं टरी ।

“The course of Destiny cannot be averted.”

The question is: how can the course of your Destiny be averted? I am a Brahman and a Sanatinist. Shri Ved Vyas wrote the Gita and the Bhagwat. You read both these sacred books of Sanatan Dharama. Arjun listened to the Gita from the very mouth of Lord Krishan, but even

then he had to spend some time in hell. It is written in the Bhagwat, that even Yudhishtira, known for his truthfulness, spent an hour or half in the hell. It proves that simply by listening to the Gita, or reading the Ramayana or by attending the sermons of Baba Faqir, you cannot, change the course of your Destiny. I care not, whether you give me money for Manavta Mandir or not. I earn my own livelihood. You have invited me and I have come here as a Faqir. I do my duty sincerely and without any selfish motive. I am explaining you the Truth and showing you the right path. But alas! You run after them only who keep you in the dark. You worship only those Gurus and Mahatmas who falsely assure you that they shall accompany you at the time of your death to the Divine Abode. An aged lady from Indore is sitting here. She says that an old lady related to her died in her lap. Before her death she said that Baba Faqir came and said "Do not say Ram, Ram say Radhaswami Radhaswami" and then expired peacefully. After this incident, five persons from Indore came to me at Hoshiarpur to tell me about this miraculous death. I told them that I did not go to that dying woman. But none body listens to me. This world respects only the liars.

सांची बात कबीरा कहे । सब के मन से उतरा रहे ॥

"Kabir speaks the Truth, and remains disliked by all."

दाता दयाल महर्षि शिव का एक शब्द मेरे नाम है :—

Hazur Data Dayal Ji wrote one hymn addressed to me:—

तू फ़कीर है मेरे प्यारे, सुन फ़कीर की बानी ।

साधू कहें फ़कीर को भाई, साधू जग सुखदानी ॥

"Thou art a Faqir, my dear,

So, listen to the world of a Faqir

The Sadhu sayeth to the Faqir, "O" brother

A Sadhu gives comfort to the world."

I am a Faqir. So whatever I do is for the comfort and for the good of mankind. Now what is this comfort? O! Man, you worship Rama. He is within you. You worship Krishan, He too is within you. You adore Baba Faqir, he too is within you. But you are ignorant of this fact. Due to this very ignorance, the entire human race is divided into rival sects and religions as Sanatan Dharm, Arya Samaj, Kabir Panth, Dadu Panth, Hindu, Muslim or the Christian. This ignorance has caused many communal and religious riots in the country. Muslims killed the Hindus, shouting "Allah-hu-Akbar" Hindus cut the throats of Muslims with the slogan of "Har-Har Mahadeva" and the Sikhs used the slogan of 'Sat Siri Akal' for cutting the heads of the Muslims. Why has it been so? Because the so-called Muslims, Hindus and the Sikhs are not aware of the Truth. All these fights and enmities are the result of ignorance. O! Man, your Savior is within you. He is not out of you. Similarly your destroyer too is within you. Who is it? It is your own self. Therefore surrender yourself to a Perfect Guru. Surrender your will to him, listen to his words and understand the Reality. You are householders; learn the art of living a happy and peaceful life. To this place many naked Sadhus, stoics and hermits come. They fight with one another in order to establish their superiority. Still you worship them, offer your hard-earned money to them and prostrate yourself before them. What can these Mahatmas give you? They themselves do not know the art of living. Beware of them. Know that you are a part of that super-most Supreme Power. Since God made you through Manu, you are a man. Realize yourself.

There are two ways in the world. One is that of the extrovert. The other is that of the introvert. I have thrown enough light on the first one.

The Law of Karma rules this world. These religious heads, Sanatanists and the hermits who fight against one another for their own name and fame are not real mahatmas. A Mahatma is he, who considers the entire human race like his own self. That man is not a Mahatma who, after renouncing the world, feels jealous of other hermits. A hermit is not a Mahatma if he hates the members of other sects. Now, you yourself decide, who is a true Mahatma among them. I am fearless man; I have

come to this world to reveal the truth, to speak the truth. No. Mahatma can give you happiness or peace of mind with his puff of mysterious charm; it is your own deed, your own intention and your own practical life that shall give you happiness and peace. Listen to that very hymn of Hazur Data Dayal Ji.

पर उपकारी जन हितकारी, गुरु के आज्ञाकारी ।
अवगुन त्यागी गुन के ग्राही, दया भाव चित्तधारी ॥
निज चित्त सोधें मन परबोधें, जीव दोष नहिं दृष्टि ।
अपने भाव में बरतें निस-दिन, करें दया की वृष्टि ॥

“By ye: A well-wisher and benefactor of other,
Obedient to the Guru,
Detester of vice, receiver of virtue:
Carry the feeling of kindness in mind,
Purify yourself, keep a vigilant mind:
See not the faults of individuals,
Remain ever vigilant over your own self
And shower the rain of compassion.”

A perfect Mahatma, always remains in his own “self” He dwells in a state of thoughtlessness. He, who dwells at a stage beyond the tenth Door, is a Mahatma. Natural radiations emanate from his body and give peace to all those who come to him for peace. Just as a young man gets some sort of joy by looking at a beautiful woman, whether she looks towards him or not, similarly the distressed persons of the world get peace by having Darshan of Saint. It is due to this fact that the mere beholding of a Saint or a Realized one is considered most significant and fruitful. The greatness of a saint defies explanation of praise. If there be a Saint who dislikes the Sanatanists and feels jealous of them, I never recognize him as a Radhaswami. If a stoic condemns others, he is not a stoic in the real sense. A Saint belongs to no caste or clan. He is free from all thoughts of mine and thine. He is above all vices, He embraces even the worst sinner, and I tell you a story of my own

real preceptor Hazur Data Dayalji Maharaj. There was a Muslim prostitute in Lahore and she lived with a rich man. Whenever she used to visit Data Dayalji, he used to touch her feet and say, "Mother, Radhaswami" Aryasmajis, Sanatnists and others invited Data Dayalji, but he refused, but when she invited Data Dayalji to her home, His Holiness accepted her invitation. People complained to Data Dayalji, that if he goes to her house, none would come to his Sat Sang. His Holiness said "I do not ask anybody to come for satsang, to a washer man, only dirty clothes come. Remember my words." Clean clothes never go to the washer man. Those who are happy and contented never go to the Saints or Sadhus. To err is human. None is free from faults. So long as an individual is alive, one is sure to suffer from one or the other shortcoming because he is unable to possess everything around him. So, never see the faults of others. If sometime, I am critical about sometime, it does not mean that I find faults, but it is only to broaden your vision by a particular method of speaking. I have no personal motive to achieve. The same hymn continues—

मोह माया और छल चतुराई, छोड़ें मूल विकारा ।
पर हित लागी सहज विरागी, ज्ञान बुद्धि भंडारा ॥
दुःख कलेश सहें अपने सिर पर, जीव का करें सुधारा ।
भव दुःख भंजन काम निकंदन, जम से दें छुटकारा ॥

"Attachment, affection, deception and cunningness,
Are the root of mortal sin,
A well wisher of all, having a spontaneous detachment
Is the store of knowledge and wisdom,
He suffers pain and misery himself,
For the reformation of individuals,
He destroys the pain of existence, kills desire,
And liberates from the God of Death."

These are the qualities of a Faqir or a Sadhu. He always tries his best to liberate an individual from his thoughts and desires.

Sh. Damodar Dass is known to all of you. You know how much money he spent to find out the Truth. He did not bother about his property. He came to me to get him liberated from doubts and difficulties and to attain peace. I played with him according to his circumstances and needs. Now, he is happy and peaceful. What gains do I have to achieve from him? I simply performed the duty of a True Faqir. Whatever I do, I do it with a pure motive and wish good to all. But unfortunately, none comes to me for my good wishes. People come to me for worldly gains, name and fame. Not only this that they even try to drag me too, in this very cobweb of Maya. There are two ways in the world the one is the way Sankalap (determination). The other is the way of Nih-sankalp (Detachment).

You are householders; you cannot adopt the path of detachment. This path of detachment is for only a few. Guru Nanak writes:—

नानक कोटिन में कोऊ, नारायण जिन चेत ।

“Nanak, there is one in crores
Who remembers the Narayan.”

There are very few people, who desire for liberation from the cycle of transmigration. I shall speak on this topic later on. To-day, I would like to tell you the art of living a happy life in a field of thought and action. Your thought or desire is the mother of your action. Prior to your action or utterance, a thought or desire buds forth within you and directs you to use a particular part of your body or directs your tongue to speak. So, all your actions depend upon your own thought and desire. It is due to this fact, that purity of thought and intention or motive is considered most essential and indispensable.

I invite the intention of the ladies to the famous story of Sita and Rama. Sita accompanied Rama in his exile, from where she was kidnaped by Ravana. Sita and Rama are known as Divine among the

Hindus. But they too could not escape the fruit of their own Karamas. Their individual deeds could not over-rule the Universal Law, and they suffered accordingly. Sita suffered at the hands of Ravana for her own wrong thoughts. She committed a horrible sin, by doubting Laxman's spot-less character. Laxman had accompanied them in the capacity of a son, younger brother and an attendant. He served them to his utmost in the forest. When Maricha was dying at the hands of Rama, He cried, "Oh Laxman, Oh, Sita." When Sita heard these cries, she thought that Rama was in distress and she asked Laxman to go and see, if Rama was safe, Laxman refused to go and told her that he had been ordered by Rama to stay on to protect her, and assured her that his brother was all safe. At this Sita sarcastically said to Laxman, "I understand your intentions are bad, you accompanied me with these an evil motive." There is no doubt Sita was a virtuous lady, but she committed the terrible sin, of doubting the integrity of Laxman who was quite innocent and a true well-wisher of her. She suffered tortures at the hands of Ravana for this sin. If a son, whom his father has brought up with his blood, does not obey or serve him, can never be happy in his life. But unfortunately, to-day things have taken a turn for the worse. Father, mother, son and wife all have forgotten their moral obligations and thus, we are all harvesting the fruits of our own evil thoughts, words and actions. If you are sincere to someone and do good to him, but he proves otherwise, he is sure to suffer.

करम गति तारे नाहिं टरी ।
मुनि वसिष्ठ से पंडित ज्ञानी, सोध के लगन धरी ।
सीता हरन, मरन दशरथ को, वन में विपति परी

The course of Karam cannot be a diverted by any-wise
A learned one like Muni Vashisht learned,
Fixed the auspicious time for marriage,
Sita was kidnaped and Dasrath died,
While ye Rama Suffered misfortunes in the jungle.

Such is the force of Karam. Our motive or intention is our Karam and action presents a true picture of our real intentions. I always tell my personal experience of household life for the benefit of those who come to me if a husband is faithful, honest and sincere, but his wife is quarrelsome, troubles him unnecessarily and does not look after him, she can never be happy and peaceful. On the other hand if the wife is virtuous and devoted to her husband, but the husband does not attend to her needs and does not care for her emotions, he will never enjoy the pleasure of a happy married life. These are the experiences and observations of my own life.

Three children of my younger brother, Rai Sahib Surinder Nath lived in my family for nine years and I looked after them like my own children. My brother had good income, but he never remitted us any money. My wife remained unhappy because of them and often quarreled with me. I was innocent and religious-minded. I had no feeling of mine and thine. I knew that my wife shall have to suffer for her jealous attitude, ill-treatment and quarrelsome nature. When my house was underconstruction, my son-in-law came and suggested to me that the building should be constructed in such a way that both my sons should get equal share when they divide it. I told him that he should pray for the life of at least one. Ultimately one of my sons died and my wife suffered for her jealous and quarrelsome nature.

These are the practical experiences of my life, which I speak to you for your benefit. I can claim to be your well-wisher only, if I tell you the right way of living a happy life and if I tell you such things which can prove helpful to you in your household life. That house never flourishes where disputes prevail. These ladies come to the Sat Sang. I am addressing them in particular, they may bow their heads in temples time and again, they may go through all the sacred scriptures but they will not gain anything, if they fail to maintain harmony and happiness in their household life. I have told you about the end of Arjuna who listened to Gita directly from the mouth of Lord Krishna. I am telling you the root of True Sanatan Dharam. It is not confined to the ringing of the bells in the temples. It is a

practical way of living a happy, healthy and contented life. It is written in the Bhagwat that Draupadi could not go to heaven and that she went to because she had more affection for Arjun than her other husbands. Similarly, about the great warrior Bhima is written that he too went to hell, because he was proud of his Mace. It proves that the fate of every individual is decided by his inner ego. This world is a field of action and none is free from the fruit of his or her Karmas. It is said:—

नर भोगे बारम्बार, अवश्य फल कर्म किये का ।
एक जो कहिये राम महाप्रभु, पुरूषोत्तम मर्यादा ॥
सरजू घाट जाय जल डूबे, पढ़ रामायण सम्वादा ॥

“All must reap again and again,
The fruits of deeds done,
Rama, known as the Supreme Lord,
Supreme Being and keeper of the Law,
Drowned at Sarjoo's unknown bank:
Says so the Ramayana.”

This is Santan Dharma. How true and great was Rishi Ved Vyas. I bow my head at these hallowed feet. He himself wrote Gita and the Bhagwat, and fearlessly wrote the Truth. But who can understand him? You have come for Sat Sang. Try to understand the Truth. Do your duty sincerely and abandon selfishness. This life is given to you for a very short period. Do not hanker after wealth or fame. Mind your own work and be pure in your intentions. Sant Kabira writes:—

कबीर नौबत आपनी, दिन दस लेउ बजाय ।
यह पुर पटन यह गली, बहुरि न देखो आय ॥

“Kabir, men may beat their drum
But to this town, this house and this lane,
They are not to come again.

Preaching are only for those who aspire for them. Nowhere, it is written that you should request or invite people to a Sat Sang. This is purely a matter of necessity, which is felt from within. Once, the Punjab Government invited me to speak at some function. I declined the invitation and wrote; the thirsty goes to the well, not the well to the thirsty. I further wrote that those who have a desire to learn or know something should come to me. This is what I wrote to the Punjab Government. But the modern Mahatmas, run after the Ministers with folded hands. You may consider them as Mahatmas, but actually they are worse than the ordinary householders.

सातों शब्द जो बाजते, घर घर होते राग ।
ते मन्दिर खाली पड़े, बैठन लागे काग ॥

Where rang all the seven musical notes
And mansions where echoed songs
Vacant are all those temples
And sit there the crows.

This is what Sant Kabira concludes about this earthly life or ours. Actually, this is the end of each individual. Where have gone the great kings along with their mighty forces and vast kingdoms? Where is Pt. Nehru gone? Where has Data Dayalji gone? And where shall you all go to? This world is a long dream. So long as you are here, try to be pure in your thoughts, words and deeds. Perform your duties sincerely and develop this conviction that you are not to stay here forever:-

ऊंचा महल चुनावते, करते होड़म होड़ ।
सुवरण कली ढलावते, गये पलक में छोड़ ॥
पांच तत्व का पूतला, मानुष धरिआ नाम ।
दिना चार के कारने, फिर फिर रोके ठाम ॥
कबीर मन्दिर लाख का, जड़िया हीरा लाल ।
दिना चार का पेखना, बिनस जायगा काल ॥

कबीर मरेंगे मर जायेंगे, कोई न लेगा नाम ।
ऊजड़ जाय बसायेंगे, छोड़ बसन्ता गाम ॥
मौत बिसारी बावरे, अचरज कीया कौन ।
तन माटी मिल जायगा, ज्यों आटे में नोन ॥
जन्म मरन दुख याद कर, कूड़े काम निवार ।
जिन पंथों चालना, सोई पथ संवार ॥

Ye build the lofty Palace and indulge in rivalry,
Ye get a golden bud cast and abandon it all in a moment,
An effigy of five elements, given the name "man"
Just for a four-day stay; reserves establishment, time and again,
Kabira, temple worth lakhs studded with Ruby & Pearl,
Is to be seen for only four days, for it will vanish on the marrow,
Kabira! Ye shall die, death is sure; none will utter thy name,
Ye shall inhabit the ruins, leaving busy habitats.
Why have ye Death forgotten, O, thou insane one, what wonder
have ye done,
The Body shall mingle in the dust, as the salt in the flour,
Remember the pain of birth and death, stop useless desire
The path that ye are to tread, beautify that very path."

This is the True philosophy of Sanatan Dharma; you should adorn that very path, which you are to tread upon. You may follow any path, any Yoga, Karam Yoga, Bhakti Yoga or Gyan Yoga, but **Be True To Your Ownself**. Saint Kabir writes:—

जन्म मरन दुख याद कर, कूड़े काम निवार ।
जिन जिन पंथों चालना, सोई पंथ संवार ॥

Remember the Pain of birth and death;
Stop the useless desire,
The Path ye are to tread;
Beautiful that very Path,

I am a Brahman, I know a little astrology and I believe in the Philosophy of Karam. I got prepared the horoscopes of many of my relatives and friends and have consulted the Bhrigoo Samhita, which proves that we reap the fruits of our previous Karamas. There was one Rajput Raghbir Singh. He had a serious ulcer. The Doctors diagnosed it as Cancer. He came to me in the Manavta Mandir and expired after a few days. Before he died, I sent his horoscope to the Bhrigoo Samhita and received a detailed report of his previous life and deeds. In his previous birth he was a very rich man. He suffered great losses and then joined as accountant in the service of another very rich man. That rich man, whose service he joined, died and this man usurped all his wealth by foul means. Now this man was suffering for that bad deed, and the children of that rich man are around him as his close relatives. In addition to this, there were other very important and convincing points described therein. For instance, there was a reference to me, that this man shall come to me at the close of life, and that some relative of his shall look after his family after his death. Actually, one of his relatives, was in the army, left his service, and is now looking after his family. This is a true story which proves that we are all governed by our Karamas of the past. All the Sanatanists who believe in the law of Karam, should purify their hearts and do good deeds. He, who does not believe in this Law, may not care, but when we believe, and do not act accordingly, we are great sinners, and we are sure to face difficulties and suffer afflictions. You have come for Sat Sang, where truth and knowledge are imparted.

बिन सत्संग विवेक न होई ।
राम कृपा बिन सुलभ न सोई ॥

“Wisdom is not gained without Sat Sang;
And Sat-Sang is not possible without His Grace”.

From Sat Sang, you gain the power of discrimination by which you can make your present life joyful and future life happy. A true aspirant listens with rapt attention whereas a mere spectator keeps

building castles in his own mind. It is because of this fact that I often say that Sat Sang should be limited only to True aspirants. Sat Sang is neither a spectacle nor a fair, but these selfish Mahatamas and the so-called devotes have made it so. The importance of Sat Sang can never be over-emphasized provided there is one who can give Sat Sang and one who aspires for it. But today there are only a few who understand the value of Sat Sang. A patient goes to his Doctor. He sits there with all regard for the Doctor. He obeys the Doctor, pays his fee and also for the medicines, because he is deeply interested in recouping his lost health and regaining his old vigor. But here, priceless pearls and glittering gems are showered upon you in the Sat Sang. You don't bother even to give your attention to it. What will you gain? How I wish I could fix the time of Sat Sang at 2 O'clock at night, so that only real and worthy aspirants come at that time.

बेक़दरों की दोस्ती, तैं क्योँ कीती हंस ।

मांस मांस तेरा कुत्तियां खाया, और गलियां पुल गये पंख ।।

“Why did you befriend those who did not realize your worth,
O'ye SWAN! (My soul)
See! Dogs have eaten away your flesh, and your feathers fly
about in the lanes.”

To those who have come for Sat Sang. I beseech that they should try to remain pure in thought, word and deed.

कबीर खेत किसान का, मृगों खाया झाड़ ।

खेत बिचारा क्या करे, जो धनी करे न बाड़ ।।

“Kabir! the farmer's field, the antelopes have destroyed,
What can the poor field do, if its owner doth not put a fence
round it?”

Your field is your mind and the crop is your thought. You are the owner of your field and the crop. If you yourself do not protect your field, or in other words, you yourself, do not control your mind, what else can help you. Whatever you sow in this field of your mind, the same shall you reap. Sow the good and you shall reap the good. Kabir has very truly written that the owner has failed to protect his field. In Sat Sang you learn the art of controlling your mind. Keeping in view the nature and thoughts of the individual, the Guru points out a particular technique, by which one can easily control his mind. There is no panacea or universal remedy or method for controlling the mind. Nature of every individual differs from that of his neighbor. One is an aspirant of Karam Yoga, the other is an aspirant of Bhakti Yoga, the third one opts for Gyana Yoga and still another may be an aspirant for only a regular study of the scriptures. I am a follower of the Guru Matt, in which it is ordained:—

गुरु जो कहैं सो चित धर ध्यान ।
गुरु जो कहैं सो हित कर मान ॥

“Ponder deeply over, whatever the Guru says.
Affectionately obey whatever the Guru commands”.

One is not aware of one's own constitution. Only a qualified doctor can diagnose the different ailments of the body and prescribe the correct medicine. Before prescribing any medicine, the doctor studies the climate, the atmosphere, the nature of the patient and the availability of good diet. For an early recovery from any disease, all these things are to be kept in mind. One medicine cannot be administered to all the patients even for the same disease. It can prove not only harmful but sometimes fatal as well. My Preceptor Hazur Data Dayalji, transformed my life in quite a novel way. For my brother, he adopted a different method, and for my wife he followed still another method. In the law of the Satya Sanatam Dharma, a Guru is indispensable. In our olden days, every child at the age of nine years, used to be made a devotee of the Guru. The family priest or the Guru

used to guide him according to his needs, his circumstances and his nature.

कहा कीये हम आयके, कहा करेंगे जाय ।
इतके रहे न उक्त के, चाले मूल गँवाय ॥

“What have we done on coming into this world?
And what shall we do when going,
We were successful neither in this world nor in the next,
We even lost our divine heritage in this world.

Those who have not attended any Sat Sang, have wasted their precious life. The root of Sanatan Dharma is thought (volition) and all the rituals of Sanatan Dharma are based on thought or volition, e.g. the ritual of baptism, ritual of the conception and the ritual of cutting the hair etc. Arising of a particular thought depends upon the nature of an individual, and that thought, strengthened by a ritual, makes the life of the individual. As the thought of every individual is different, so the life lived also differs from man to man. Therefore no one method can be adopted for one and all.

कबीर गुरु की भक्ति बिन, नारि कूकरी होय ।
गली गली भूसत फिरे, टूक न डारे कोय ॥

O' Kabir! Without devotion for the Guru
The Soul becomes a loafing bitch;
It meanders about in the labyrinthine lanes;
No one throws it a crumb.

Ah! This world has not understood the true meaning of devotion for the Guru. Their devotion is confined to garlanding the Guru, offering of some sweetmeats with some money and prostration before him. This is not True devotion for the Guru. This is only an outward expression of our

manners, our good breeding, our nurture our culture and our civilization.
The true devotion is:—

दर्शन करे बचन पुनि सुने ।
सुन सुन कर पुनि नित मन में गुने ॥
गुन गुन काढ़ि लेय तिस सारा ।
काढ़ि सार तिस करे अहारा ॥
कर अहार पुष्ट हुआ भाई ।
जग भौ भय लाज सब गई नसाई ॥

“Have the glimpse of the Guru, listen to his sermon;
Having listened, brood over it in mind,
Having done so, get its essence;
Having got the essence, digest it;
Having digested, become strong, and mighty in God
And thereafter dispel the worldly shame and fear.”

This is real devotion to the Guru. Listen to him attentively, Ponder over his sermons time and again and then be practical in your life. In 1933 A.D, I was at Sunam Railway Station, and my Sat Guru Hazur Data Dayalji came there. People approached me to arrange a Sat Sang by Hazur Maharaj Ji. Hazur Data Dayal Ji used to have his Sat Sang at very odd hours i.e. at 5 A.M. in the winter and at 1 P.M. in the summer. However, I requested Hazur Maharaj Ji for a Sat Sang. Hazur Maharaj Ji said, “Faqir, I'll do your bidding, and you please do mine.” I was not aware what type of orders would Data Dayal Ji give me. The arrangements for the Sat Sang were made. A beautiful stage was erected and about five to six thousand people came to listen to Hazur Maharaj. The majority of the audience was that of the Sikhs. There was a pin-drop silence. Prayers were offered. Just after this, Hazur Data Dayal Ji asked me to bring his Huqqa (Hubble-Bubble). I obeyed. His Holiness took up the pipe and started smoking. He smoked on for full 35 minutes without uttering even a single word.

People started leaving the place. When there were about 500 people left, Data Dayalji left his pipe and said. "Those who want to go may go even now." At this about four persons more went away. Then his Holiness told me to close the entrance and ordered that no one should be allowed to get in. Then he started his sermon. I remember all whatever Data Dayal Ji said in that Sat Sang. To me he said, **"Faqr, the time shall change, all religious organizations shall cease to exist, and the traditional way of preaching shall not be acceptable to the public. Therefore you must change the mode of preaching before leaving your physical body."** His Holiness did not ask me to raise the slogan of "Be-A-Man." He did not guide me to adopt a particular way of preaching. Whatever I say, is based on my own experience as a true follower and devotee of my Guru and my own observations as a true man. I do not manifest myself in anybody's visions, nor do I know anything about the manifestations of my form in America and Africa. Such experiences have convinced me: O man! You are perfect, you are complete.

ओ३म् पूर्णमदः पूर्णमिदं पूर्णत्पूर्णं मुदच्यते ।
पूर्णस्य पूर्णमादाय पूर्णमेवा वशिष्यते ॥

"Om Poornmadah, Poornmidam Poornat Pooran Madadhya
Pooranasya Pooranmadaya Purnamevava Shishayte."

This is a Scriptural text. O man! You are yourself perfect in all respects. All the qualities of this universe are embedded in you. The Microcosm represents the Macrocosm. Man is a universe in miniature, but alas, he is ignorant of himself. The more your devotion, the more the meditation, the more your inner purity, the more your virtuous thoughts and deeds, the better your life shall be. This is what I have understood and realized. I am happy that I have done my duty sincerely and obeyed Hazur Data Dayal Ji to the best of my ability without indulging in false Gurudom of any sort. Many among you may be the followers of Radha Swami Faith. You may mind my saying so, but the truth is that this Guruism has kept you

totally in the dark. Nobody reveals to you the whole Truth and you remain a beast of burden of your Guru.

गुरु पशु नर पशु त्रिया पशु, वेद पशु संसार ।
मानुष ताही जानिये, जाहि विवेक विचार ॥

In this wide, wide, wild world
In this bad, sad, mad world
For some people their Guru
For some their husband,
For some their wife, and
For some the Veda itself, the fountain of all knowledge,
Becomes a veritable BAR or Hurdle.
But only he deserves to be called a MAN
Who has in him the faculty of Discrimination.

You should exercise your own discretion. Always watch and mould your mind. Sit in the Sat Sang of your Guru in a proper manner. Listen to his sermons most attentively and then contemplate on whatever the Guru has said. If you have any doubts, get clarifications from the Guru in person. No any worthwhile relation can exist between the Guru and the devotee without questions and answers. The devotee or the disciple questions and the Guru answers. This conversation is the link between the two, and whatever exists beyond it, is the result of your own deeds. The aim of Guru Bhakti is to attain emancipation from all sorts of doubts and misgivings. People come to me and say "Baba Ji, be graceful to us". What mysterious charms do I have for them? The Guru's Grace operates thus:—

जब दया गुरु की हुई, चरनों की भक्ति मिल गई ।
सब निबलता मिट गई, निश्चय की शक्ति मिल गई ॥
आ गये सत्संग में, और संग सत का हो गया ।
दुर्मति जाती रही, जब गुरु के मत का हो गया ॥

“When Guru is compassionate, devotion to his feet is attained;
All feebleness is gone, the strength of faith is attained,
When you come for the Sat Sang, you get the company of Truth,
All wickedness and waywardness vanishes, when you begin to
think like the Guru”.

The Compassion of the Guru strengthens the faith of his devotee. Our scriptures also reveal the same, but we all remain the beasts of burden of our Gurus None is aware of the Truth. They only know a formal praise of their Gurus. This is not the True devotion to the Guru. Saint Kabir writes:—

कबीर गुरु की भक्ति बिन, नारि कूकरी होय ।
गली गली भूसत फिरै, टूक न डारै कोय ॥
कबीर गुरु की भक्ति बिनु, राजा गदहा होय ।
माटी लदै कुम्हार की, घास न डारे कोय ॥
काया मज्जन क्या करै, कपड़ा धोया न धोय ।
उज्जल हुआ न छूटसी, सुख नींदड़ी ना सोय ॥
उज्जल पहिने कापड़ा, पान सुपारी खाय ।
कबीर गुरु की भक्ति बिन, बांधा जमपुर जाय ॥

O' Kabir! Without devotion to the Guru,
The Soul becomes a loafing bitch;
It meanders a about in labyrinthine lanes,
No one throws it a crumb
O' Kabir! Without devotion to the Guru,
Even a King becomes a Jackass,
He just carries the potter's clay,
None offers him any fodder.
Body-bathing matters little;
It matters little whether your clothes are clean or dirty.
A mere clean-bodied person
Enjoys not the sleep of Peace,

Man may wear a bright dress,
And chew the betel-leaf and nut,
But, says Kabir, without devotion to the Guru,
The man goes straight to hell, the domain of YAMA.”

Now I question myself, whether, whatever Kabir has written is correct? Yes, it is correct. Had I not found any Truth in the writings of Kabir and other Saints? I would have denounced them from the roof tops without any fear of resultant punishment. Without Guru Bhakti, man definitely goes to hell, the Domain of Yama, because he fails to go beyond the realm of his mind. Hell is also a state of one's mind when one cannot be free from one's desires. It is due to this fact that in Sanction Dharma and in Sant-Matt, Para-Brahma and Shabda Brahma are considered the Real Ideals. In the great book Garur Purana it is very clearly written that unless an individual reaches the realms of PAAR-BRAHMA and SHABD-BRAHMA, he remains either in the abode of Yama, Dharpuri, or in the domain of Chitra Gupta or caught in the cycle of Transmigration. Para Brahma is Light and in Sanatan Dharma it is named as Savitri.

भूर्भुवः स्वः महः जनः तपः सत्यम्
तत् सवितुर वरेण्यम् ॥

To attain liberation from the cycle of transmigration, and to go beyond the realms of mind, the attainment of Para Brahma (Light) Shabd Brahma (WORD) within, is indispensable. This is known as the Nivritti Marg the path attaining Salvation, by having finished all you duty.

MAY PEACE BE UNTO YOU ALL



Chapter II

UJJAIN 6-5-1968

SAMSKARA

Yesterday I said that if somebody does some work, he always does it with some motive or mission behind it. Today I went out for a walk and saw various Pandals erected by the followers of different religions. I peeped within my heart and questioned, "Faqir Chand, your Guru had given you the responsibility of redeeming the world, helping the weak, the helpless and the ignorant. There are numerous religious dogmas, sects and religious organizations in this world. What is your worth in this great world? What can you do?" I know not about the result of my entire struggle of life, but at least I have one satisfaction, that I have done my duty most sincerely, honestly, and without any selfish motives.

I am a Hindu. There is a mythological legend in the scriptures of Santan Dharama, which is most instructive. There were a couple of birds, who lived near the sea-shore. Whenever the female bird laid eggs, they used to be washed away by the tides of the sea. It happened so many times that the birds got annoyed with the sea. So both of them decided to dry away the sea and started to carry away the sea water with their beaks seeing this, other birds also came there. They told them about their foolishness. But the birds were determined to avenge themselves. So they asked the other birds to go away if they could not help them. But the other birds had also community feelings. So they all joined these two birds and started throwing away the sea water with their beaks. In a short period lakhs

of birds joined their brethren in that venture. Incidentally one day Sage Narada appeared on the scene and asked the birds, "What are you doing?" "We are drying away the sea," answered the birds in unison. The Sage Narada, again said, "Have you lost your senses?" The birds said, "You please mind your own business, and go your way. We shall do or die." Narada Ji left for Heaven and met Garuda (King of the birds). Narada Ji, in a taunting tone, said to Garuda, "Your entire clan has gone mad." Garuda went to Vishnu Bhagwan to plead for his fellow birds. Ultimately at the instance of Lord Vishnu a settlement was reached between the birds and the sea, in which the limits of the sea were fixed, and laws and by-laws framed there-under.

This very story flashed on my mind in 1947, when I raised the Slogan of "Be Man" or MANAVTA PARAM-O-DHARMA (Humanism is Highest). How can this world be redeemed. After a long inward struggle, I have come to this conclusion that this world can only be redeemed by Satya Sanatan Dharma. Yesterday I told you about the root of Santan Dharma that this entire creation is the result of Sanka or Thought Force or Desire, Vasna as Manu, the First Man, was created by the Desire of the Creator. If once this secret of the Power of Desire, or thought force is known to man, he can live a very happy life. He will not object to the existence of any number of religions or religious philosophies. It is not the existence of any party, religion or sect that matters, but the spirit or the intentions or the Desire of the party or the sect.

Brahma, Vishnu and Shiva are the Creations of the Desire or Thought Force. All our Gods and Goddesses are only the Projections of the Divine Power. This is a sacred place of the Kumbha. It is said that when the Davtas and the Daityas churned the Ocean, they got a pitcher of Nectar out of the ocean. Later on, some drops of that Neater from the pitcher (Kumbha) fell on the earth. I am a man of this age of Science. I question, "Whether the Ocean was actually churned. Or is it only a false story?" My realization is that the ocean was definitely churned by the

Devtas and the Daityas, but the world does not understand this mystery. Only a self-realized man can understand this secret. The Devtas and the Daityas who churned the sea are known as the descendants of God Brahma (The Lord of creation). Daityas are the elder and the Devtas are the younger brothers. This world is the creation out of Self-refil Energy. Light a fire. As you light it, smoke comes out first. This smoke is the Daitya. The constant light that follows is the Dev. So the Daityas are the elders and the Devas are the younger. A constant churning is always going on in ourselves. The churning of the sea by the Devtas and the Daityas took place in a subtle form. But the churning within us is gross and there are numerous visible, and invisible, useful and useless results of this churning. Unfortunately we do not try to know about this inner churning and take no advantage of it. In Yogvashishta it is written that Brahma does not have a physical body. Volition or Thought is his body, so in the Realm of Thought, there is also Creation. Yesterday I told you that people create my image in their minds and get their multifarious works done by that image. This very instance enabled me to know the secret of this entire creation and the nature.

Sh. Yadav Ram, Headmaster, is a resident of Tappal in Aligarh District of Uttar Pradesh. He is a Kabir Panthi. Sometime in June or July 1925 he saw me in the sandy soil of the Jamuna River. He respectfully enquired of my image, "No program of your visit to this place is published in the monthly magazine "Be man." How are you here please?" The Headmaster told me later that my Image said to him, "I go, wherever anybody remembers me." He further told me that I bade him to go back to his home. I am a true man. I say, I did not go to the sandy soil of Jamuna and I did not ask the Headmaster to go back to his home. I tell you who went there. When he narrated me this incident, I asked him to speak the Truth. Mr. Yadav Ram took an oath. Then I asked him to tell me the entire incident. He said, "I used to return home at 8 P.M. daily after attending the Sat-Sang. But one night I returned very late. My wife felt annoyed and spoke some sharp words. Your Holiness had advised me to remain calm, so I remained silent, but I felt disturbed and was

angry. Early in the morning at 5 AM, I left home vowing not to return.” I asked him what his wife was doing when he returned home. He told me that she was lying unconscious in front of my photo. I told him that it was “I” who went to the sandy soil of Jamuna without any program, but it was the Will, the thought Force of his wife, that went and asked him to return home. The Thought of his wife formed my image and got her wish fulfilled. If this secret which I reveal, is understood by mankind, all the religious and communal conflict shall end. People will quietly worship their Ideals, be it Lord Krishna, Lord Rama or any god or goddess, without any jealousy or enmity. The present mushroom growth of different religions and sects and their mutual jealousies are only due to Ignorance. They are not aware of their mental faculties and thus they quarrel and suffer.

Many great persons and mothers are sitting here. I am doing my duty sincerely so that mankind may know the truth. It is not I alone who has revealed the secret. Radhaswami Dayal, Dadu Sahib, Paltoo Sahib and Kabir Sahib too have revealed the same. Our sages and scriptures have also disclosed it. Our sages have referred to it in their scriptures as “Chhaya-Purush.” Santan Dharma too refers to such manifestations as “Chhaya Purush.” But as the individuals are not so capable to understand this sublime Truth, Mahatmas, Pandits, Gurus and the Masters of big religious centers exploit them for their selfish ends. The helpless and innocent human beings are entrapped by such selfish Mahatmas and Gurus. The symbolic references to this Sublime Truth made by Swami Ji, our scriptures and our Saints remained beyond the comprehension of common run of mankind. Their references in hints remained an enigma to the seekers in general. Saint Kabir said to his devotee Dharam Dass :-

धर्मदास तोहि लाख दुहाई । सार भेद बाहर नहिं जाई ।।

“Dharam Dass I appeal to thee,
The SECRET should remain confined to thee.”

Radha Swami Dayal writes :-

संत बिना कोई भेद न जाने, वह तोहि कहें अलग में ।

“None knows the SECRET except a True Saint,
But he reveals it to you only private.”

As Hazur Data Dayal Ji assigned me this duty, I have disclosed this Truth only with one motive: that the true seekers might not be exploited by the selfish Gurus. Had I not told the truth to Sh. Yadav Ram, he would have started offering me his hard earnings and worshipping me. My mission is not to amass wealth or to increase the number of my followers. Ponder over what I say.

As said earlier, a constant churning is going on in our bodies and brains. When Devtas (gods) and Daityas churned the sea, the first thing came out of it, was poison. Lord Shiva drank this poison. Our scriptures say that all the gods dwell in the human body. Rectum is the seat of Ganesha, the organ of generation is the seat of Lord Brahma, our abdomen that of Lord Vishnu, the heart that of Lord Shiva, and the throat is the seat of the Goddess of Learning Mother Saraswati. As such, all our gods and goddesses are also stationed in our body. To-day a man questioned me as to how be man greater than the gods. I say-man is greater because his body is the seat of all the gods and goddesses. They live in man. The Gods and the Goddesses of the Upper Universe reside in our mind and the Brahm and the Par-Brahm live in our soul. But the real self of man resides in a place far beyond body, the mind and soul. When he attains Salvation.

He, who wants to live a happy and successful life in this world, should understand the philosophy of Thought and its Power. But, for these who want to attain liberation from the endless cycle of transmigration, I shall speak later on. This world is the creation of Thought, which is based on the Wheel of Time (Kal Chakra). This Wheel of Time (Kal Chakra) is the

process of Creation, Sustenance and then Destruction. The Saints dwell at a stage, where the processes of Creation and Destruction do not work. Saint Kabir, Radhaswami Dayal and the Sages of our Upanishadas were the dwellers of that very stage. As you do not aspire to attain that sublime state, and are concerned with this very world of Kal (Time) and Maya (illusion), I shall speak on this topic to-day, so that you may know the Art of Living in this tri-natured world.

We are householders and remain afflicted with one misery or another. A Panacea for all the afflictions of a householder's life is Santan Dharma. "Be pure in your thought." (Shiva Sankalpamastu). You are what your Thought makes you. As you think, so shall be your children. We all suffer from one problem or the other, as also from our children.

बाहर मियां पंच हजारी | अन्बीबी कर्मा दीं मारी ।।

"Everyone poses BIG out of the Portals of his home.
But inside, his wife is rolling in misery."

Why do we suffer? Have you ever cared to ponder over it? It is because we have turned our backs on the canons of Sanatan Dharma. We never try to remain Pure in thought, word and deed. Preserving the Purity of thought, word and deed is True Sanatan Dharama. I am not an orator, nor do I preach to you the writings of Saint Kabir or Radhaswami Dayal. I am telling you the Art of Living a happy life, so that you may benefit from this Sat Sang.

Abhimanyu was yet in the womb, when Arjun narrated the art of penetrating the Chakravyuh to his pregnant wife. This narration had an indelible impression upon Abhimanyu while yet in the womb, and when he came of age, he successfully penetrated the Chakravyuh (circle array), Now you ponder over this historical fact. People complain about the character of their sons and daughters. Why should not they be what they are? Parents themselves indulge in excessive sex, even in the advanced

state of pregnancy. If Abhimanyu could learn the art of penetrating the Chakravayuh while yet in the womb, why can't our children learn the art of sex-obsession from us? They will surely catch those impressions of their parents when they are in the womb. So, dear Folks! Gladly reap what you have lustily sown. None except the Sanatan-Dharama can come to your rescue. Sanatan Dharam teaches the Art of Living a happy life, and a correct life.

The present generation is most undisciplined because it is born "unwanted and uncalled for." They are just by-products of the process of sexual enjoyment. How can you expect anything good from them? I tell you practical instances from my own life. I have a daughter, who is now married. She rarely obeyed her mother. She never gave me any chance of complaint, but her mother had to reprimand her often. Her mother used to ask me to advise her instead of advising others. In fact her disobedience had a scientific explanation. We had some children and had no desire to have any more. But my carnal desire over-powered me, and I indulged in sex after unsuccessfully resisting it for about half-an-hour. My wife conceived. My wife never wanted to have another child. I remember, she did her worst for an abortion, but failed. Now, you can well understand that when the mother is not willing to welcome the new child, how could it be expected that, that child would obey the mother? Think, O! My daughters, I am narrating you the facts of my life, without any reservation, so that you may awake to the Reality. Mere chanting of Ram-Ram will never make your worldly life a happy one. Ringing of bells in the temples will not change the course of your life. Your life can be made happy only by the purity of your thought, word and deed.

Whatever I say is from the experience of my own life, try to understand it, or have an experience yourself. The nature of the child is made by the desire and thoughts of mother. The reformers of the nation or the world are not the real leaders or nation-builders. Had it been so, the world would have been reformed long ago, and there would have been prosperity and discipline all round. The true reformers and builders of

mankind are you, O! Mothers, sisters and daughters, you are the redeemers of the world. The primary Guru is mother.

I do not quote examples of other people, but speak out my own observations and experiences. My father was a Constable in the Railway police. I was born after 14 years of the marriage of my parents. My mother used to tell me, "Dear son, on my visits to the Railway Stations, I used to see the Station Masters, waving green flags, D.T.S. and T.I.'s in the trains. On seeing them I used to pray for a son, who would move about with red and green glass in his hands and travel in the railway trains." Her prayers and a strong desire made me a Station Master, and my younger brother Rai Sahib Surinder Nath became a Railway Traffic Manager. On the basis of such instances, I emphatically say that mothers are the real makers of mankind.

I give you such a Sat Sang which has nothing to do with one's being a Hindu or a Muslim. It is to give you a line of action. Who gives you such an education? It is only Sanatan Dharam. Study its scriptures. Ever since the day, the followers of Sanatan Dharma abandoned the age old path of their ancestors. The condition of the society worsened. Today people do not know the art of procreating good children. They do not know how to infuse constructive sanskaras in their children. Our Sages were not unwise, who laid the foundation of Varun and Gotra for the Hindu Society. Virtus, deeds and the nature of the boy and girl were considered as the deciding factors for marriage. In the present age, only money is the deciding factor. No importance is given to the family back ground. In the good old days, even the nature of grand-mother and grand-father was taken into consideration for marriages of their grand-daughters and sons. It was due to this fact that married life of the couples used to be happy and smooth.

After birth, a child's Nam-Sanskar was performed by the Guru according to the nature of the child and family traditions. It differed from family to family for the Kshatriya it used to be different from that of a

Brahman. I often quote my own example. Who am I to do this work? It is all due to the Sanskar given by my Sat Guru Maharaj. In 1905 A.D I went to his Holiness because of my own worries and afflictions. But his Holiness said to me "Faqir, among the Saints you will be like the Moon among the stars." To-day I understand the true meaning of the word "FAQIR." These words said by His Holiness at that time to me proved to be my grafting. A new life was infused in me. This is known as Nam: Sanskar. But to-day it has become just a social ceremony. Two Brahmans are invited, they recite the Mantras, and the ceremony is over. This ceremony does not work as a grafting of the child. It has no impact upon the child's impressionable mind.

I took my younger brother to His Holiness Hazur Data Dayal Ji, His Holiness asked his name. My brother said, "Maharaj, my name is Dherumal." His Holiness said, "What a dirty name!" I pleaded His Holiness to change his name. So the next day Hazur Data Dayal Ji named him "Surendra Nath" and said, "You are the "Nath," of the king of the gods." I was asked to bring a chair for him and he was seated on the chair. My brother was not even a matriculate, but he got the title of Rai Sahib. He retired as a Traffic Manager from the Indian Railways on a monthly salary of Rs. 2500/- Later he turned an ascetic and spent his remaining years quite peacefully. This in its real sense is the Nam-Sanskar.

Sanatan Dharam is not the name of a particular religion. It is the Ancient Way of Life. It belongs to the entire humanity. Every individual who takes birth in this world does not adopt the ancient culture, i.e. the principle of (Shivsankalapamastu) purity of thought. The present youth talks about the ancient culture, but does not adopt it in his or her life, and the result is visible to everyone.

My mission is not to quote the scriptures, but to tell you the art of living a happy and contented life. If you do not understand anything and do not gain anything, it is shameful for me who gives you Sat Sang, and

shameful for you who come to attend my Sat Sang. What is the use of Sat Sang, If it does not bring about any change in your life? I am a Brahman. I do not sell knowledge. The "Vedas" are "Knowledge." I reveal to you the Truth or the Secret by exposing to you my personal life. I do not demand anything for it. I do not take alms for that. When Dasrath died, Bharat went to Kaushalya, and swore saying that he had no hand in Ram's exile. He further swore saying, "If I am guilty, may I undergo the same punishment which a Brahman suffers if he sells the Veda." The modern Brahmans and Sadhus beg from door to door. They move from door to door with a staff in their hands for a morsel. Who calls them Brahmans? They are beggars. Brahman is he who dwells in Brahma and he never begs from anybody. A Brahman possesses a magnetic power, which attracts people towards him to render him service. Such is our ancient culture.

I started speaking on Sanatan Dharama? The Sanatan Dharama makes your desires favorable, because the entire creation is the result of desire. Desire dominates every action of man ever since the creation of the world. This desire is also known as Maya. This world was created by God's Thought force. Maya pervades the world. Brahma this world. Thought rules this world. Nothing, but thought dominates this world. You have come for Sat Sang. Old ladies have come. Forget the past. I appeal to the young couples to procreate better children. Your future depends upon your children. You daily see or read about the efforts of our Government. Successful efforts are made to get maximum yield in agriculture. The method of cross breeding is adopted for cows to get more milk from them. As a result of these efforts the agricultural production has gone up by five times more than before. But has the Government or mankind ever thought of improving the human generation? None has paid any heed to this most important factor of life. You may listen to it or not. Keeping my conscience pure I am doing my duty in obedience to the commands of Hazur Data Dayal Ji. The first and foremost necessity is of purity of thought. Be always vigilant about correctness of your thoughts and behavior.

I tell you another incident of my own life just to prove that our children are the true replica of our thoughts. Our sanskaras make and dominate the entire life of our children. I developed the habit of stealing when I was in the third primary class. I used to steal away, a pen, a pencil or sometime a note-book of my class fellow who was the son of a Havaladar. He told his father who complained to my father. Now the question is why I indulged in stealing at that tender age? It was because of my mother. You may wonder as to how my mother was its cause. She may not be considered a thief from the worldly point of view, but I consider it so. My father was in the Railway Police and financially he was not well off. In addition to his pay, he used to get some extra money in his service. My mother used to steal away some money from the pocket of my father. This she told me later in life. I am showering insults on my parents, just to show the right path to you. If you have sincerely come for Sat Sang, there must be a change in your life. Try to understand what I say, after some time my father suffered from some infectious disease and there were swelling blisters on his body. He could not speak. When he was to be moved to the Hospital, he waved his hand touching his forehead indicating that he had no money for treatment. My mother told him that 80 rupees which she had at intervals stolen from his pocket, she had tied round his girdle. Now this act of my mother cannot be termed as theft, but still it is far from ideal. This act of my mother had its influence upon me as I was in her womb at that time. Under this very influence I indulged in stealing in my third primary class, when I was innocent and did not know what stealing meant. So, I tell you that if you want to have good children and if you wish that India should prosper, you should lead an ideal life and give a proof of your practical life. The children, who observe their parents quarrelling, can never avoid quarrelling. Where husband and wife indulge in double crossing, their children can never remain honest, sincere and obedient such parents often complain against the behavior of their children.

I do not recommend you to recite Ram Nama. I do not denounce the Idol worship. What I say is that you will be redeemed by your practical

life alone. Ringing of the temple bells will not redeem you, recitation of Ram Rama and singing his praises will not help you. It may give you a little mental satisfaction. I speak to you the Truth very plainly so that you may benefit from it. I do not know, how far it is true, but if the writer of Bhagwat Puran is truthful, it is proved that Arjuna who listened to Bhagwat Gita directly from the mouth of Lord Krishan, did go to hell after his death. You can well imagine about your own fate, who simply believe in leafing through the Bhagwat Gita. Try to understand what you are to do. You are to control your mind. This mind is extremely restive. It is not easy to control it. All the religions, sects and religious centers have advocated different methods to control the mind in one way or the other. None of these methods are to be denounced or condemned. But the question is, that the Guru or the Pandit or the Maulvi, who initiates you and advises you to control your mind, has he controlled his own mind? If he has no control over his mind, he may initiate you hundred times, he may preach you time and again and he may sermonize to you for thousands of times. You will not be influenced, because your guide or preceptor is not a practical man himself. Kabir writes about mind:-

साधो यह मन है बड़ा जालिम ।
जाको मन से काम पड़ो है, तिस होय है मालुम ।
मन कारन जो उसकी छाया, तिहि छाया में अटके ॥
निरगुन सरगुन मन की बाज़ी, खरे सयाने भटके ॥

“Hermits, this mind is a great tyrant.
He alone knows its nature.
Who has to deal with it,
Due to it is seen His reflection,
In the shadow of the same reflection,
The viewers remain entrapped
Viewing His Nirgun and Sargun aspects
Is only a game played by the mind.
Even the very learned are misled in its maze.

Now you yourself see the results of the cru of this mind, all over India. He, who had a vision of Lord Rama, thought the Rama had come to him, form Vishnu Lok, so he became a staunch follower of Rama. The fact is that the vision which he saw was a reflection projected by his own mind. He who had Lord Krishan's vision became a follower of Krishan, Similar is the case with the followers of other sects like Kabir and Nanak Panthies. They, being ignorant about the reality of those manifestations, became the followers of the manifested form believing that Lord Rama, Krishna, Nanak or Kabir himself had come to them. This ignorance divided the whole human race in India in different antagonistic sects and faiths. Such is the tyranny of mind. No manifestation which appears, comes from outside. It is one's own mind that has the faculty of forming the visions of Gods and Goddesses, I speak the Truth. I do not go anywhere to solve people's problems. Visions of my face seen by you are the creation of your own mind.

Sometime back I went to Sarsonheri, a small village of about 100 Brahman families. A lady came and put her little child in my lap. When I enquired of her, she told me her story saying, "This child is Thy boon to me. I had no children after 18 years of my marriage. My father-in-law used to come to your Sat Sang. One day my father-in-law and mother-in-law were proposing a second marriage of their son (my husband). This I overheard. I ran to my room weeping. I made a humble prayer to thee. Suddenly there was a Light, in which your Holiness appeared, with a child of Light in hand. Your Holiness handed over that child to me and disappeared. This child to thy boon to me." O! Religious people of India, listen to me. I reveal to you the Reality, the Truth, and the Correct Fact. I did NOT go to this lady to hand over the child. It was her own mind that appeared to her to fulfill her desire. I am not aware of this incident at all.

Radhaswami Dayal writes, "The whole world is carried away by a torrent of delusion. I am not a casual follower of Sant Mat. Had I not discovered the Truth for myself, I would never have bowed my head to Kabir or Swami Ji or other Saints. The entire game is that of the mind, and

this mind has misled even many great sages. Disquietude in our life is due to deviation caused by our mind:—

मन कारण जो इसकी छाया, तिहि छाया में अटके ।
निरगुन सरगुन मन की बाजी, खरे सयाने भटके । ।

“Due to mind is seen, His reflection,
In the shadow of this reflection,
The viewers remain entrapped,
Viewing His Nirgun and Sargun aspects
Is only a game played by the mind
Even the learned are misled in its maze.”

All, forms, colors and scenes within you are formed by your own mind. How is this mind formed? Your mind is formed by your own longings or Maya (Illusion).

आदि माया कीन्हीं चतुराई । झूठी माया सांच दिखाई । ।

“The Primeval Maya acted very cleverly,
It projected the False Illusion as TRUTH

Our scriptures say that Maya is created by Brahm. The entire creation is produced by its aid. The whole world is entrapped in its network and drenched in Ignorance. All are caught in the eddy.

मन ही चौदह लोक बनाया, पांच तत्तुन कीन्हे ।
तीन लोक जीवन बस कीन्हे, परे न काहु चीन्हे । ।

“Mind alone formed the fourteen Lokas;
Endowed the five elements with properties,
Brought under sway all the living beings in the three worlds
And no one could unravel the Mystery

None is able to understand what this mind is? It has utterly ruined mankind. It has beaten the Yogis, it has knocked down the devotees; it has confused the learned and it has misled the meditators from the right path. Thousands of people in Africa, America and In India meditate on my form, which manifests itself in their visions and solves their mental and physical problems, but I remain unaware of my manifestations to these people.

The question is who manifests itself to them. O'man! It is your own mind. You are swayed by the whirlwind or the whirlpool of your own mind. In case you want to be happy in this world, exercise control over your mind, because your world is formed by the thoughts arising in your mind. Your longings formulate your world. This is the conclusion drawn by the Saints as well as laid down by Sanatan Dharma.

The best and easiest method to control the mind is to divert it from the wrong direction and to direct it to right direction which is constructive and consists of good deeds. Change its direction from bad to good and from negative to positive. It entirely depends upon your will, whether you change its direction with the aid of Ram Nama, Krishan, Wahe Guru, Allaha, Radhaswami or Panch-Nama. The motive is to canalize your mental faculties in a useful and fruitful direction. It should not be allowed to indulge in diseased imaginations or to think absurd and meaningless thoughts. Your mind should not dissipate its energy. The propounder of every religion has advocated his own method of Sumiran and Dhyan. There is nothing wrong with it. Goodness and badness lie in your thoughts. So, change your thoughts. I am an advocate of the Radhaswami faith. I do not deny it, but I do not impress upon you that you should become the followers of my faith. The only point to be noted is that whether the man or the Guru, who initiates you or tells you the art of controlling the mind, has got full control over his own mind or not? If his own mind is not under complete control his instruction will not help you at all.

You must have heard or read about the story of a lady who went to a Mahatama with her son, and said, "Maharaj, this child eats Brown

Sugar too much.” The Mahatma asked her to come with the child after a fortnight. As directed, the lady again visited the Mahatma after two week. The Mahatma politely advised the child saying, “Dear child, do not eat Brown Sugar.” The Child promised that he would not. The lady questioned the Mahatma as to why did he not advise the child thus on her first visit? The Mahatma said that at that time he himself used to eat Brown Sugar very fondly. Suppose, I am a Mahatma, and I have an intention to visit Ujjain, get a big shamiana erected there and then collect one or two thousand rupees for my Manavta Mandir. Then if I preach to you, do you know, what will my preaching convey to you? My real intention of amassing wealth shall influence you, and not my preaching. To procreate or to initiate involves the same responsibility. Do not forget the writings of our scriptures, where it is written, that the sins of the subjects tell upon the king. The sins of the children tell upon the parents. Similarly the responsibility of the misdeeds and ignorance of the followers falls upon the Guru. It is because of this, that I do not initiate anybody. I simply give Sat Sang. I do not claim to be a Guru, because Guru is the name of Dispeller of Darkness, and Giver of Knowledge, of power of discrimination, Power of faith, of correct understanding, and of belief. This corporeal frame of mine has never been a Guru. I only explain to you the teachings of the Gurus. My preceptor, Hazur Data Dayal Maharishi Shiv Brat Lal Ji who assigned me this work, writes about the Guru:—

गुरु आदि मध्य अनन्त अद्भुत, अमल अगम अगोचरम् ।
विभु विरज पार अपार निर्गुन, सगुन सत्य विशेशरम् ॥
जिहि मति लखे नहिं गति लखे, यह शुद्ध तत्व विचार है ।
जो चरन कमल की ओट आया, भव से बेड़ा पार है ॥

“The Guru is the Beginning, the Middle, the Boundless; wonderful
Unique, Pure, Profound, Unperceived,
All pervading, Finite, Infinite;
Perceptible, Imperceptible, True,

Lord of the world, Invisible, Unattainable,
Pure, Essence of Thought, He is,
He, who surrenders himself to His feet,
Stands emancipated from this illusive world."

His Holiness explains that Guru is the name of the Pure and true thought. Now, what is the pure and true thought? It is to have control over one's mind, word and deed. This is the teaching of Sanatan Dharma. The first requisite of Sanatan Dharma is devotion to Guru. The first Guru is mother, next, father is the Guru, then sister is a Guru, brother is also a Guru, at school the teacher is also a Guru and lastly, the Sat Guru is the Spiritual Guru. The last is Supreme amongst all, because he initiates the devotee into the Reality the Truth. Now the question is, what sort of Guru should initiate the aspirant? He should not, direct all in the same direction without studying their nature. Just as an able physician, prescribes only a particular medicine for a particular disease, similarly, a Guru adopts different methods for different followers. One method cannot be applied to all. Every individual has his own nature, his own circumstances, Sanskras of his own parents and his own particular problems. Sat Guru is he, who studies all these aspects of the individual before initiating a disciple.

गुरु विष्णु मूर्ति शिव की सूरत, गुरु को ब्रह्मा जान तू।
गुरु ब्रह्म है पर ब्रह्म है, यह सोच समझ के मान तू।।

"Guru is Vishnu's image, Shiva's form
Know him as Brhma,
Guru is Brahm, Guru is Par-Brahm;
Know and accept the Guru in this light."

Guru instructs. What instruction have we received? Our parents preached to us and our lives are molded according to their thoughts and Sanskaras. Then our associates and our company influenced us. Later, we went to the Sat Guru, who instructed us to lead a life of mental and

physical contingency. Similarly Sanatan Dharma asks us to remain celibate up to 25 years of age. These are the of the Sanatan Dharama, not mine. Our unhappy and destructed life is 50% due to early marriage, indulgence in sex and due to bad sanskaras of our early age. All the persons who complain about their unhappy life are the vietime of wrong sanskaras at a tender age and their own over indulgence in sex, both mental and physical. My own life is an example. I was married at an early age of 13 years. I entered the marital life at the age of 15 and indulged in it, as if it was a delicious pudding. Consequently, I was a victim of an unhappy and disturbed life. I was ignorant about this Truth at that time. Hazur Data Dayal Ji very wisely sent me to Basra-Bagdad during the 1st World War. I lived there a lonely and devoted life for 12 years, which helped me to regain my mental and physical celibacy. I achieved happiness, contentment and lived a life of bliss. I had no child at that time. When I returned, Hazur Data Dayal Ji advised me, "Faqir Chand, Stop Sadhana, Beget children." I reached home and again over-indulged in sexual life. I forgot to beget children but indulged in it just for enjoyment. The result was that I was again deprived of my happiness and bliss. This is my personal experience, which I narrate to put you on the right path of life.

Sat Sangis of different stages and ages come to me. A very old lady comes to me. She practices inward Sadhana, but still complains about mental unrest. I could not understand the reason. I asked her when she was married. She said, "At the age of 9 years." "When did you become a mother?" I further asked. She replied, "I was only 13 or 14 years old when I begot my first child." Now you ask yourself whether or not such an individual should suffer from mental unrest as wastes his or her vital power at such a tender age. Inconstancies of our mind are very powerful, and the reason is that we have dis the Path laid down by Sanatan Dharma. Neither we according to the tenets of Sanatan Dharma nor do we ourselves follow them. We may claim to be Sanatanists by the beat of drum, but the fact is otherwise. We cannot become Sanatanists simply by applying Tilak on our foreheads.

Sanatan Dharma is our Ancient Way of Life. We have fallen down from our ideals by not following the Path laid down by our sages of the past. Whatever I say, is based upon my own experiences. Give you an example. In 1944 A.D., a double M.A., who was an England returned Professor, visited me at my residence. He was quite robust. He said to me, "Pandit Ji, I have no peace in my life." I said, "You are a liberty," He felt much annoyed and said to me, "You tell a lie." I said, "How?" He said, "I married at the age of 25 years. I swear I did not touch any lady till that age and also did not waste my vital power by any means. How do you say that I am a liber I asked him to tell me the thoughts he used to entertain during his school life. He said to me, "I used to do only one thing. I had about 40-50 photographs of girls in semi-naked or naked poses. I used to see them daily for about half an hour and enjoy." I said, "You have entertained your mind with the photographs of sex for about 10-12 years and now you should concentrate upon such a man whom you consider, is not sex-obsessed. Only then you shall have peace." These are instances out of my life, that I am disclosing you. If mentally and physically you do not exercise self-control, you may touch my feet for a hundred thousand times, or worship any number of gurus, you shall not get peace. Many of you sitting are young man. If you want to listen to the sermons of Gita, go to some religious centre. There are many such centers where such trade is carried on for utterly selfish ends, but I Trade in Truth and speak from my practical life.

Once, a close friend of mine came to me and said, "Maharaj, my son has failed in the 9th class." I expressed my sympathy with him. He again said, "He is a great devotee." "Whom does he worship?" I enquired. "He has a small room in the house where he daily sings for an hour or two with the help of cymbals," he explained. I said, "Your son is immoral." He was my fellow-disciple and said to me, "Are you in your senses?" I said, "Wait and see." He asked for a proof. I told him to go home and tell his son. "Baba Faqir is a great Saint and Fulfils all desires." After this he went away. I was Station Master at Faridkot. When I got up from my Samadhi in the

morning, that boy was sitting in front of me. He wept and said, "Baba Ji, there is a girl of another caste. I have fallen in love with her for a year or so. Though I have not spoilt myself, yet I am very much infatuated and remain mentally disturbed. I laughed and assuring him not to worry, I said to him, "Your father wants to see you as a Doctor. You become a Doctor. I will arrange your marriage with that very girl." I gave him this word and sent him home. I sent for his father and told him everything. When he enquired into it, he found it 100% correct. O! Young boys and girls who are sitting here, you are my beloved children; I warn you that if you do not try to have physical and mental celibacy, you will be exploited either by Doctors or by Sadhus and Mahatmas.

Sat Sang was going on at the residence of Master Mohan Lal at Hoshiarpur. Five yellow-robed ascetics came to attend my Satsang. They came to my home after the Sat Sang. All the five prostrated themselves at my feet. I stood up and said, "O Saints! Why are you heaping sins over my head? I am a householder. I have all regards and respects for you." They said in unison, "Maharaj, this is not the matter. We have been attending the Sat Sang of a Lt. Colonel at Dehra Dun. He was an ascetic. Once he said in his Sat Sang that he had visited many places, but found none so true and spiritual as Baba Faqir Ji. He had heard about you from him. We came to Hoshiarpur to attend your Sat Sang. We got answers to our questions." "What answer did you get," I asked. They said, "Maharaj, we have become ascetics. Still we are not free from night pollution. Your Holiness explained in the Sat Sang. That even after a separation of 28 years from wife, your Holiness suffers from night-falls after a year or two due to carelessness in diet. These words of your Holiness have enlightened us and now we are satisfied." Be careful. The basic cause of our physical and mental afflictions is the fall from our Brahmcharya. We are not solely responsible for our sorrows. Our parents too are responsible. Our parents are makers of our character. Unfortunately the parents continue to enjoy sex even till the advanced stages of pregnancy. If Abhimanyu could learn the art of penetrating the Enemy Lines, while yet in the womb, why should not

children have pre-mature inclination towards sex enjoyment? Partly our parents and partly we are responsible for our character.

I have always said, "Victory to the Satya Sanatan Dharma." What does Sanatan Dharma teach us? It teaches us the art of improving our life in this world and the next. Your life in this world shall improve only if you follow the path laid down by our sages and if you entertain virtuous thoughts. Our sages have advised sanskaras, like sanskara of conception, sanskar of baptism, Sanskara of wearing the sacred thread and of maintaining physical and mental celibacy. This is Sanatan Dharma.

What is Karma-Dharma? In modern times for marriage we look to money and fashionable looks of the girl. Her Virtues, character and the sanskaras (nature) are totally neglected; the best seed cannot flourish if the land is barren. For better production you shall have to better manure and fertilizer. Similarly, if the merits, qualities and natures of both the boy and the girl are not studied, their married life cannot be smooth and successful, Now-a-days, love marriages are solemnized. This love-marriage has destroyed the world. To my mind only 3 to 4 % love-marriages are successful. The rest are without love. Dharma means our Duty; we do not do our duty. Numerous religious sects claim to be the repositories or carriers of our ancient culture without understanding its importance. Sanatan Dharama is the only true guide for a happy and prosperous life. Its teachings should be adopted in every walk of life.

What are we to do to control our mind? First of all we should remain obedient to our Guru. Unless this mind is put under the control of someone, and made obedient to him, it shall continue to wander freely. So the greatest principle of Sanatan Dharma is discipline. In the ancient times the princes used to stand in the court of their father, and never speak till they were asked to speak. They knew good manners. Our society was based on certain principles of behavior, and etiquette. Unfortunately that age of discipline is gone. Parents have no love and affection for their children, and the children have no regard for their parents. What wonder if

your nation is destroyed? We have totally forgotten our Sanatan Dharama. Kabir says:—

साधो यह मन है बड़ा ज़ालिम ।
जाको मन से काम परो है, तिस ही होय है मालुम ॥
मन कारन जो उसकी छाया, तिहि छाया में अटके ।
निरगुन सरगुन मन की बाज़ी, खरे सयाने भटके ॥
मन ही चौदह लोक बनाया, पांच तत्व गुन कीन्हे ।
तीन लोक माया वश कीन्हे, परै न काहू चीन्हे ॥
जो कोऊ कहे हम मन को मारा, जाके रूप न रेखा ।
छिन छिन में कितनों रंग लावे, जे सपनेहु नहिं देखा ॥
रसातल इकइस ब्रह्मण्डा, सब पर अदल चलावै ।
षट रस में भोगी मन राजा, सो कैसे कै पावै ॥
सबके ऊपर नाम निःक्षर, तिहि लै मन कौ राखै ।
तब मन की गति जान परे यह, सत कबीर मुख भाखै ॥

Hermits! This mind is a great tyrant.
He alone knows its nature
Who has to deal with it.
Due to it is seen H reflection.
In the Charm of this Reflection.
The viewers remain entrapped.
Viewing His Nirgun and Sargun aspects
Is only a game played by the Mind.
Even the learned are misled in this maze.
Mind alone created the fourteen Lokas
Endowed the five elements with properties
Brought under sway all the three worlds
And no one could unravel the mystery
How can anybody claim to have controlled the mind
For it has neither shape nor form,
And changes color every moment

Such as cannot even be dreamt of.

Mind commands the entire universe

Heaven hell and the twenty one worlds.

Mind enjoys itself at the six centers in the body.

How can such a one, be controlled?

Since the Imperishable WORD (God's name)

DOES EXCEL all this entire creation

One should recite it and thus keep one's mind under sway

Then be at peace, having understood the working of
the mind,

This is the Truth that Kabir doth expound.

O! Sat Sangis, I regard all those as my Gurus, who take me to be their Guru. Why? Because you have guided me like a Guru to realize the Truth. Ganesh one of my devotees has visions of my visage. He sees me in his visions. And the truth is that I don't go anywhere within anybody, nor am I aware of such manifestations. By such reports as these, I felt compelled to do some introspection on my own visions which I too used to have of my Guru Hazur Data Dayal Ji, The statements of my devotees regarding my manifestations have proved to me the truth that all such visions and manifestations are all false, deceptive and nothing but an illusion. It is the creation of one's own mind. I wanted to get rid of this cycle of birth and death. My path is that of Nirvana (emancipation). I am a follower of Sant Mat. I do this work simply to reap the fruit of my own past deeds and to obey the commands of Hazur Data Dayal Ji. Your experience has helped me to realize the Eternal Nama, which is far beyond the mind, color, scenes and illusion. This world is created by Maya and desire. Now by the Grace of my Guru and my devotees, I live above desires and beyond the clutches of Maya. When I was ignorant of this Truth, I used to trouble my Guru Maharaj Ji excessively for the attainment of my emancipation. For my own liberation, His Holiness entrusted me with this duty. Data Dayal Ji asked me to carry on the work of initiation and Sat Sang and said, "Do not think that you will liberate anybody, but you will have a glimpse of the Sat

Guru Radhaswami Dayal in the form of your Sat Sangis.” Truly, all my doubts have now vanished with your experiences. I have been enabled to go beyond the illusion of the mind, but the worldly people do not want to go beyond the kingdom of mind.

You are worldly people, if you want to make your life happy, follow the canons of Sanatan Dharma, and i.e. entertain virtuous thoughts. Divert your mind towards good thoughts. But the same rule cannot be applied to all. Every individual has his own nature. A man of mercurial mind cannot be asked to sit for meditation for two hours, because they cannot do it. He is fit for dynamic action. Give him work to do. By doing his work, he will reach a state of desirelessness and his mind shall become tranquil. There is no universal method or path to be adopted by all. Guru alone knows what to prescribe for whom.

I began on the subject of Sanatan Dharma and told you the entire philosophy of Sanatan Dharma within two sittings. If you wish to remain happy in this world, beget good children and them with good sanskaras. Entertain constructive and virtuous thoughts, and your life will become happy and smooth.

It has been established by physical sciences that human body is just like a radio transmitter. Every human being transmits his inner feelings in the form of radiations every time, just like a working radio transmitter. These radiations have a deep impact upon all persons who come in contact with a person who has some love for them and Versa. The feelings and the thoughts of the Guru influence the disciples whereas the thoughts of disciples influence the Guru. These radiations influence the other person, only when the two are attached to each other or when there is a rapport between them. To enjoy melodious songs, you shall have to tune your radio set to some working radio stations. Frequency of the two should be one; otherwise, you cannot enjoy the transmission of any working radio transmitter. I develop no attachment with any person, because I know the working of the human

radiations. If I am here, I am only for the present. As soon as I leave this place, I shall never think about Sh. Damodar Dass or anybody else for a year or two. If I think about you, your short-comings or merits shall positively influence me. I have had experiences of such influences in my life. I tell you an instance of an experiment. My wife died on 16th December 1963 at 5 early morning. Smt. Bhandaro's nephew was serving as Station Master at Hela Railway Station in Basra Baghdad at that time. The family had shifted to a new place, which was said to be haunted by evil-spirits. They said that being Radhaswamis they were not afraid of spirits., But actually they were afraid. After shifting to that house, the wife sat for meditation. My form manifested before her and said, "My wife is dead." She told this to her husband Radhapati, who wrote to his father in India, to confirm it and it was confirmed that. My wife had died that very day.

Now, did I go to tell her in Basra Bagdad about the death of my wife? No, I did not go. The fact is that she meditated upon me with true devotion. When my form manifested before her, my wife was dead at that very time and I was deeply thinking about the death of my wife. So my manifestation conveyed this very thought to her. This is how thought radiation or telepathy works. Her mental receiver received whatever was being transmitted by me. O'Men of the world, and Sat Sangis! You worship me and adore me thinking that I am a big Mahatama. Nay, I am not a Mahatma. I am a Sahib wearing a big Sola hat. So, instead of meditating upon my form or image, meditate upon your ISHT, and believe that your ISHT is the manstay of the entire universe. He is absolute and All-pervading. If you meditate upon me, you shall imbibe my merits and demerits. I am a human being. Therefore it is said:-

गुरु को मानुष जानते, ते नर कहियें अन्ध ।

दुखी होयें संसार में, आगे जम का फन्द ।

गुरु कीया है देह को, सतगुरु चीन्हा नाहिं ।

कहें कबीर ता दास को, तीन पाप भर माहिं । ।

“Those who believe the Guru to be a human-being
Are worse than fools;
They suffer afflictions in the world
And suffer pangs of Death.
They worship the physical form of the Guru:
They have not Realized the True Sat Guru,
Such a disciple, sayeth Kabir
Raman engulfed in the Torture.

According to this principle, if I love you, your thoughts shall definitely influence me. I can develop love for you, only if I have some personal axe to grind. Therefore I have kicked away the wealth of this world. I have come here, not to collect money from you. Forget it. I have come to perform my duty. I am not doing any favor to anybody. So have faith in one ISHT and consider Him as All-pervading and All-powerful.

I know that a man can convey his thoughts to others, if he so tries. Power of thought works wonders. I know so many instances of miracles done by this Power that a big volume could have been written about them. But I did not get involved in it because it is a game of Maya. Once man is involved in this Super-natural game, he is lost forever. I tell you another instance of transmission of Thought Power. Once I was coming to Manavta Mandir from my residence. My servant, Jogindra, was paddling my rickshaw. A Railway train from Jullundur was steaming in. I told my servant that a particular perfume was coming from the train's side. Probably some one very near and dear was coming. I did not know who he was. He said, “He might be Paras Ram.” I said, “He is not Shri Paras Ram, but someone else.” We reached the Mandir and forgot about our conversation. I sat for my meditation and later gave Sat Sang. Sh. Hans Raj Ghaj (resident of Kanpur) by that time had reached the Mandir with a Tape-recorder upon his head. His affectionate thoughts had reached me. I said to Mr. Ghai, “Ghai, had you remembered the Superme Lord, instead of me, your thought must have reached the

uppermost regions according to the law of radiation. Con thought works wonders. Therefore, it is said:—

दुखिया को न सताइये, बुरी दुखी की आह ।
मुई खाल की सांस सों, सार भस्म हो जाए ।।

“Torture not the afflicted;
Pathetic is his CRY of Pain,
Sighs breathed by the bare dead skin of the bellows
Reduce even iron to ash.”

Such is the Power in one's thoughts. To-day, when I was coming some disciples was singing in the Ashram of the Kabir Panthis:—

मालिक के दरबार में, कमी वस्तु की नाहिं ।
ब्दा मौज न पावई, चूक चाकरी माहिं ।।

“In the Court of the Supreme Lord;
There is no dearth of anything,
But we remain devoid of His Grace,
Only because we are found wanting in our service
to the Lord.

You do not know how to render true service. First of all, Be true. Sit alone and pray to Him with a True and contrite heart. He is omnipotent, omnipresent and omniscient. Your true prayer can reach the highest regions of this This is the law of radiation. Therefore, man is advised to sit at the holy feet of the saints. Derive benefit from their company. If a man, who lives in my company, does not get peace of mind, my life is to be denounced, provided that man comes to me not for name, fame, son and wealth. A lady who cannot charm her husband is a dim-wit, provided her husband is not impotent. Alas, I am not yet a Perfect Saint. Still I have a weakness of 9 or 10 percent. After all, I am a human being. I do have my

short-comings, but I always keep making efforts to remain in a state of equilibrium. The real aim of all, what I have said, is, to explain to you our ancient culture, our Sanatan dharma.

Beget better children. Those who preach should be selfless and practical men. When the child is born, maximum care should be taken while touching it, because whosoever touches the new born baby induces his or her feelings or inner thoughts into the child. This is not a mere theory, but a proven law. There was a clerk living in my neighborhood. A daughter was born to his wife. This baby kept continually weeping for 21 days. After making all efforts, the clerk came to me and said, "Baba Ji, I am very unhappy. My daughter is continually crying since her birth. Tell me, what should I do? Throughout the whole night, I rattle the iron chain of the door, to quiet her, but to no purpose." I asked him, if his wife was quarrel some. If so, she might be in the habit of weeping and he might have enjoyed sex and she might have conceived while weeping. If not the child must have been touched by a lady, who might be weeping at the time of her birth. He told me that the nurse who attended at the time of delivery was weeping because, her brother had died sometime earlier, and she came to attend the delivery directly from the mourning. I said, "I will just cure your baby." I sent for some flowers. I touched those flowers muttering the Radhaswami Nama and gave it to him saying that the baby be kept in those flowers for 24 hours. He acted accordingly and the baby stopped crying. These are my experiences. In the beginning I had said, "Victory to Sanatan Dharma." Why? Because it gives us the True knowledge of begetting better children, to get them baptized from persons who are Realized Souls and are Pure in thought, word and deed, and teach us the importance of physical and mental celibacy. Be good yourself and keep yourselves in good company. The best of all is the company of parents for children, provided they know the Art of Living. If you reform the rulers, change the behavior of the Guru, and correct the Elders or the Heads of the family the entire nation shall be reformed and re-formed. In today's discourse, I have spoken on some very important aspects and have given instances from my own

practical life. I cannot embrace you all. My word is my body, embrace it if you can.

बाणी गुरु, गुरु है बाणी, बाणी अमरत सारे ।

Guru's sermon is Guru; Guru abides in His speech,
Guru's sermon is the ever-abiding essence, the Elixir of life.

I write, I speak and my discourses are tape-recorded for the good of mankind. Here many great persons are sitting. I do not claim that whatever I say is correct. It is foolish to say that my word is final. None has understood the Secret of Nature. Kabir told his experiences. Krishan narrated his experiences. Data Dayal Maharishi Shiv Brat Lal has spoken and written his own experience. All have said their say. I too speak on the basis of my own realizations and experiences. But I do want to make you believe that whatever I have said, I have said on the basis of the experiences of my practical life. I may be forgiven if I am wrong. But I insist that I am honest honest is my Approach, honest in my Experiments, honest in my Observations, honest in my inferences; and what is more, HONEST IN MY TEACHINGS AND PREACHINGS.

MAY PEACE BE UNTO YOU ALL



Chapter III

SAT SANG III

(UJJAIN-----7-5-1968).

DHARAMA

The Sant-Mat and all the present religions and the religious sects are the branches of Sanatan Dharma. Desire is the root of all Creation, The Creator created the world with desire and the entire game is of desire or Thought Power or SAMKALP SHAKTI. All religions, sects and religious philosophies, are it any Islam, Sikhim, Arya-Samaj, Budhism, Jainism or any other sect, all have originated from Sanatan Dharma or Manav Dharm. All preach the purification or "Desire." All work for making human-life happy in this world, and for making it happier in the next birth. But the most unfortunate thing is that the followers of one religion vehemently criticize the others. This is all the due to ignorance. The important characteristic of Sanatan Dharma is:-

दया धर्म का मूल है, पाप मूल अभिमान ।
तुलसी दया न छोड़िये, जब लग घट में प्राण ॥

"Compassion is the root of Dharma;
And Pride, the root of sin,
Says Tulsī; Forsake not Compassion;
Till your last breath."

Now, Compassion and Dharma are two different things. Dharma is a particular or doctrine that we adopt to make our life happy and smooth.

Unless we are merciful to Living beings, life cannot be smooth and happy. I am a follower of the philosophy of Radhaswami, Kabir. Dadu and Paltoo Sahib. Among them all Kabir occupies the highest position. To-day, I relate to you a of Kabir, in which he writes, that a man cannot attain to the True-Name, until he follows the path of Dharma with Compassion. He has further explained therein that even Salvation or Nirvan cannot be attained without Dharma and Compassion. The hymn is:-

अब मैं भला रे भाई, मेरे सतगुरु जुगत लखाई ।
किरया कर्म आचार में छांड़ा, छांड़ा तीरथ का न्हाना ॥
सगरी दुनियां भई सयानी, मैं ही एक बौराना ।
ना मैं जानूं सेव बन्दगी, ना मैं घण्ट बजाई ॥
ना मैं मूरति धरी सिंहासन, ना मैं पहुप चढ़ाई ।
जो यह मूरत मुख से बोले, कर स्नान न्हवाई ॥
पांच टका हों देत ठठेरे, एकहि हों ले आई ।
ना हरि रीझे जप तप कीन्हे, ना काया के जारे ॥
ना हरि रीझे धोती छांड़े, ना पांचों के मारे ।
दाया राख धर्म को पाले, जग में रहे उदासी ।
अपना सा जिव सब का जाने, ताहि मिले अविनासी ॥
सहे कुशब्द बाद को त्यागे, छांड़े गर्व गुमाना ।
सत्त नाम ताहि को मिलिहै, कहै कबीर सुजाना ॥

O' brother, I remained in the dark so far
Now my Sat Guru has revealed to me the way out
I have abandoned all obsequies and rites
And also abandoned bathing at the shrines
The entire world is clever
And I alone, remained an utter idiot.
I do not know, service or worship.
Nor do I ring the bell,
Neither did I ever enthrone any idol
Nor offered any flowers,

Were this idol to speak,
I would bathe it.
I would offer all my five coins (Sense organs to their Maker)
If it could bring me only ONE—HE Himself
Hari is neither pleased with penance, nor worship
Nor by torturing one's body,
Hari is neither pleased by casting off clothes or abandoning attire:
Nor by Suppressing the Five Sense-organs
One who with Compassion maintains Dharma,
He alone remains indifferent to the world,
Considers all beings like one's own self
He alone attains to the Imperishable.
Tolerates abuses, avoids discussion
Abandons Pride and Ego,
He alone attains Sat Name,
Sayeth Kabir, the sage who knows.

The Supreme and the First among Saints, Saint Kabir, has put one condition for the attainment of Sat Name. It is to follow the Path of Dharma with Compassion, to consider all beings alike, and to have forbearance. He who does not possess these qualities cannot realize the WORD, nor can he even reach his innate abode or Ultimate Reality. Similar conditions are propounded by Sanatan Dharm. Dharm is your savior, so maintain it.

Now, what is the definition of Dharma? Our Dharma is a duty or obligation or responsibility that has been assigned to us after our birth in this world. Duties or responsibilities as a son, as a brother, as a father, as a husband and as a subject; and so on. There are certain customs and Conventions and traditions that are to be followed. If you do not perform your duties in these different capacities with compassion and tolerance, you cannot realize the Supreme God. Performance of your DUTY is the primary requisite. It may be towards your parents, towards your relatives, towards your society, towards your Government or the nation. Now, a young man desires to become a Sanyasi. He has an old mother. She has

none else to fall back upon or look after her. If that young man becomes the disciple of Baba Faqir or any other Mahatma, has that boy followed the path of Dharma? No, certainly not. He has not performed his duties towards his old mother. According to Sant Kabir and according to the tenets of Sanatan Dharma, that boy cannot attain Salvation, because he has not done his duty. He has not the prerequisites laid down by Sanatan Dharma. He may become an ascetic and get initiation. But without fulfilling his duties and obligations and responsibilities towards his old and destitute mother, he cannot achieve salvation. This is the law of Sanatan Dharma and of the Saints. A man marries, but he runs away disowning his wife and becomes a Sadhu. He wears the Ochre robe and moves from place to place in search of Truth. He won't realize the Truth because he has not fulfilled his responsibilities and liabilities. He, who does not do his duty in the worldly life, cannot succeed in the spiritual life.

Now, what is the second Dharma? It is to earn our own livelihood; you must earn your own bread. You have been given, body, hands, eyes, ears and legs. He who does not earn his own bread, but lives upon the earnings of others is a parasite. He is not following the path of Dharma. All these Sadhus that you see roaming about, are living as parasites, they are on the wrong path. None of them shall reach the Ultimate abode. This is my conclusion on the basis of the teachings of Kabir. I have no proof to offer that such Sadhus do not attain the True Abode, but this is a fact that they have not performed their duties. As such they do not deserve Salvation. A lady who does not attend to her household duties, and attends Sat Sangs instead of serving her husband is not following her Dharma, can she attain Salvation? Certainly not. According to Kabir, only those are blessed with Equanimity and Contentment who attend to their duties sincerely. This is the meaning of Dharma as I understand. Therefore I am the guru of the house-holders. I give correct guidance for following the path of Dharma.

Next comes, Compassion. Upon how many people can you have compassion in this world? Maximum chances to show compassion are

available in the life of a house-holder. Your children commit mistakes. You get annoyed and beat them mercilessly. Your wife makes some mistakes, you start abusing and beating her. Where is Compassion in you? Not to get unnecessarily annoyed over trifles, to forgive those who err and not to pay any attention to the short-comings of the relatives, while living a house-holder's life, is Compassion. A very simple-minded daughter-in-law comes to your house. Her mother-in-law does not welcome her, but her and troubles her instead. Any yet she claims to be a true follower of Baba Faqir! Such a mother-in-law is totally mistaken. She cannot get anything. Truth shall remain far away from her, because, she has no compassion, no mercy. I have very explicitly defined "Compassion" to you. You house-holders have more chances at every step to act more kindly and compassionately than the ascetics and Sadhus. Sadhus do not get such chances as are available to the house-holders. so they remain deprived of this privilege of being compassionate. I am explaining to you the True form of Compassion. There are quarrels and differences in your homes. Always try to be calm and have compassion. Forgive your children for their mistakes. Do not get angry with them. Do not beat them unnecessarily.

Do not trouble anybody. Suppose you are not respected. Should you on that account knock down the innocent children with fists and kicks? In our house-hold life, you test yourself at every step whether you are compassionate or not. So the attainment of Salvation is easier for the house-holders who follow the path of Dharma and Compassion than those who have renounced the world. Now you yourself decide, whether you are following the path of compassion and Dharma or not?

I am myself a house-holder. It is due to the greatness of a house-holder that these so-called Sadhus come to his door to beg for their bread. Strangely enough, they eat our bread and growl at us as well. They threaten us with curses. Once I went to a village, where an old lady came and told me about her poverty. I asked a man to help her with Rs. 10/- every month. She had three children. She told me that her Guru lived at Nangal and visited her very often. He would ask her for rupees as his

offerings, and when she would express her inability to give Rs. 4/- with folded hands, he would say, "I will curse you." Now, think about such a Guru. I have raised my voice against this hollow Gurudom. Do not run after these Sadhus and Gurus. They have nothing to give you. You follow the path of Dharma and Compassion. These Sadhus who live in the jungles cannot follow the path of compassion and Dharma. A house-holder is in a better position with better chances to perform his duties and act compassionately. So a house-holder easily attains salvation. A house-holder alone can attain "Nirvan." What is "Nirvana?" It is peace and equilibrium of mind and annihilation of all doubts. Kabir has said:—

दाया राख धर्म को पाले, जग से रहे उदासी ।
अपना सा जिव सब का जाने, ताहि मिले अविनासी ।।

"With Compassion, maintain Dharma
Remain indifferent to the world,
Consider all beings, like your own self
For such a one alone realizes God."

It may be practically impossible for you, to consider all human beings like your own self. But you can easily adopt this attitude towards your near and dear ones at least. You should not do to others, what you do not wish to be done to you. If you wish that your brother should help you in your bad days. You too should help your brother in his hard days. When you know that beating is painful, why do you beat anybody? That is why Kabir asks you to consider all beings like your own self. A house-holder's life is most hard. If he is not given a correct line of action by the Guru, his life becomes most miserable. Whenever a female disciple came to me, my wife used to say to her, "I know you are aggrieved by your husband." If some man used to visit me, then she used to say to him. "I know you are aggrieved by your wife." Only those people generally go to Sadhus and Mahatmas, who have an unhappy family life. This is the Truth. Why a person having happy family life should visit any Sadhu or Mahatma? You need peace of mind. It will spontaneously happen to you when you selflessly serve your children.

Do your duties and be compassionate. This is a secret, which as a householder I reveal to you. Why run after these so-called Sadhus and ascetics. They have nothing to give you; rather they depend upon you for their bread. Learn the art of living and be happy.

I am a house-holder. I know the responsibilities and the difficulties of the house-holders. We have been fooled by these Sadhus and Mahatamas. Government charges taxes from you. These Mahatmas too tax you. The Government threatens you. Sadhus too threaten you. They exploit you most mercilessly, because, you do not know the Art of Living. They take advantage of your ignorance and establish big centers. Old ladies are sitting sitting here. What will they understand, if I speak upon that Supreme Abode of Truth? What can these villagers understand if I speak about that Supreme truth and Yoga? It is not that Yoga has no significance. But it is a question of relevance. Who deserves what? You house-holders need peace in your homes. I wish you people a happy and prosperous life. Always try to maintain peace in your homes. A strife-ridden home can never prosper. It is said:—

जिस घर कलह कलंतर बसे ।
उस घर घड़ी पानी नसे ।।
जहां सुमति तह, सब सुख नाना ।
जहां कुमति तहं, बिपति निदाना ।।

In a house divided against itself, dominates
Prosperity flees from that place
Even water runs out of pitchers
Where good sense prevails, there abide may Comforts
But where folly prevails, the place abounds in misfortunes.

I have an old friend. He himself is a man of very simple, calm and serene nature, but his wife and daughter-in-law have strained relations. He himself is the only son of his parents, and he also has only son one. His son too has only one son. He always used to complain about the

quarrelsome atmosphere in his home and I had been telling him that some misfortune was sure to happen. And the misfortune came. His only grandson died. I tell you other instances of my life. My wife had only one sister, who was never on good terms with her mother-in-law. On my visits to her, I used to tell her that she will face a great trouble. But, she never mended her ways. Consequently their entire movable property was looted by the dacoits. Her husband suffered from Asthma for five years and died. She herself suffered from T.B. and ultimately died. This is my research. I am giving you a Discourse and not a show of mimicry. I am indebted to my Guru. I am doing my duty (Dharma). My preceptor ordered me and wrote about me.

तू तो आया नर देही में, धर फकीर का भेषा ।
दुखी जीव को अंग लगाकर, लेजा गुरु के देसा ॥
तीन ताप से जीव दुखी है, निबल अबल अज्ञानी ।
तेरा काम दया का भाई, नामदान दे दानी ॥

Thou hast come in human form
Wearing the garb of a Faqir,
Take with you the miserable men
And lead them to the Guru's Abode,
Man, weak, helpless and ignorant,
Is grieved by the Treble-Torture
The duty is to be compassionate,
Impart people the True Name
O thou, generous one!!

You are ignorant of the Art of Living, as also of that Absolute power. I too was ignorant, and I too suffered a lot because of my own mind. I tell you a ridiculous incident. Due to my religious bent of mind, I had this impression that an individual is known by the meanings of his or her name. The bride and the bride-groom are asked to see each other and name each other at time of marriage. At the time of my marriage I also saw the face of my wife, and I was told the name my

wife as “Krodho” (wrathful). From that very moment I took it that I shall not have a smooth and peaceful life, because her name was Krodho, and thus she must be a very furious lady. With this thought raging in my mind, I wove a warp and woof of my own unhappiness. There is no doubt my wife was an ideal lady and she had no habit of fretting and fuming at all. But my own thought created a web about her furious nature and I misunderstood her. Ultimately I explained my problems to Hazur Data Dayal Ji. He was a great Guru. He wrote to me changing her name as:—

भाग्यवती जब भाग में आई ।
अब भागन में कौन भलाई ।।
वीर समान धर्म को पाल ।
मौज करेगी आप संभाल ।।

Now that “Bhagwati” (one who is FORTUNATE)
Has become your lot in life
What good now, in running away from her,
Perform your Duty well as a valiant
HIS WILL will take care of thee.

“You do your DUTY well.” These words purified my thoughts. My attitude towards her underwent a total change and we lived a most happy and undisturbed life. We house-holders generally suffer due to much misunderstanding. Our own wrong notions, our own wrong judgments, bring us troubles even from our nearest and dearest ones. So, the performance of your DUTY, in a selfless manner is the essence of Sanatan Dharma.

I will now explain the word “Compassion”. Many men among you may not be happy with your wives, and many women may not be happy with their husbands. What are the solutions? Whosoever comes to me comes with some troubles, or problem. It is the sacred duty of a wife to

serve her husband unmindful of his mistakes or shortcomings. The husband should do his duty, forgiving and forgetting the shortcomings of his wife. Both should inculcate a habit of forbearance. They should sit together to sort out their misunderstandings with love and cordiality. On the basis of the philosophy of Kabir, I have explained to you that you will not have peace, after death, if you had no peace in this life. It is impossible, impossible, and impossible.

जाको दर्शन इत है, ताको दर्शन उत ।
जाको दर्शन इत नहीं, ताको इत न उत ॥

“He who has a glimpse of Truth here
Will also have a glimpse in heaven,
He who has no such glimpse here
Will have no glimpse even there.

I have performed my duty. What did I gain out of it? I have gained peace. My daughter is happy in her home, and my son is happy in his home. I served my wife till her last breath though she remained confined to her death-bed for six years. He who does not perform his duty cannot attain peace and salvation. Therefore, O! Householders, do your duty. If you do not perform the duties assigned to you, you shall always feel sorry for that, and at the time of death, you will repent. The act of non-fulfillment of your duties and responsibilities shall prick you. If you have not paid your debts, the idea of the payment of debt will prick your mind. What is the next world? It is only a reflection of the life of this world. So make life happy in this world, and it will be happy in the next world. Kabir says:—

दाया राख धर्म को पाले, जग से रहे उदासी ।
अपना सा जिव सब का जाने, ताहि मिले अविनासी ।।
दया धर्म का मूल है, पाप मूल अभिमान ।
तुलसी दया न छाड़िये, जब लग घट में प्रान ॥

With compassion maintain Dharma
Remain indifferent to world,
Consider all beings like your own self
For such a one alone realises God.
Compassion is the root of Dharma
And pride, the root of sin,
Says Tulsi, "Forsake not Compassion
Till your last breath."

This is Sanatan Dharma. I fearlessly proclaim, that all those who have abandoned their wives, left their parents at the time of their ill-health, renounced a life of hard-earning and became ascetics, simply because bread is easily available in the ochre robes, are sheer parasites. None of them is a True human being. The first and foremost duty of each individual is to become self-sufficient and economically independent :-

पराधीन, सपनेहु सुख नाही ।
कर विचार देखो मन माहीं ।।

A dependent is never happy, even in his dreams
Ponder over it, in your mind.

If a grown-up man lives on the hard earnings of his father, he is not a True follower of Dharma. If a young man capable of earning, does not earn, but lives on the earnings of his elder brother, he too is not a good man. Gone are the old days, when the earning of one man was more than sufficient for a family of six persons. Now the times have changed. Even if all the members of the family earn, the earnings are not sufficient to make both ends meet. So the first and foremost duty of each and every individual, is to earn his own livelihood. Recitation of Ram-Nam is quite another matter. The basic cause of unhappiness that prevails in our homes, is poverty. An unemployed son is married. The father has an additional burden upon

his meager income. How can he remain at peace and happy ? Unfortunately, none has tried to understand the true meaning of Dharma. A father begets four or five children, without enabling them to earn their own livelihood, if he has given them birth, it is his bounden duty to give them the best education and to enable them to stand on their own legs. In return, it is the sacred duty of his sons to look after him and serve him. But if he expects more than that and gives charities out of the earnings of his sons, it is a sin. At present the house-holders are passing through a very critical time. They are exploited at every step and they live a most unhappy life. I tell you how to live a happy life. We can live a happy life by showing compassion and by doing our duties. An old lady came to me and offered me some money out of the earnings of her sons. I refused to accept the money and said that she had no right to give any sort of charity out of the earnings of her sons. Never displease your sons by misusing their hard-earned money. Why do I say so ? Because I wish you to have a peaceful and happy life.

लोक सुखी परलोक सुहेले ।

We should live in such a manner
That we be happy in this world
And also in the NEXT

If you do not have happiness in this life, how can you have it after death ? Only God knows what happens after death. What you can do is, only to do your duty well. Father should know his obligations towards his children, and the children should know their responsibilities towards their parents. Do not try to become a Man of property or deposit money in the Banks for your children. Give them good education and enable them to stand on their own feet. You generally make properties for them due to your attachment and wrong affections. It is NOT your DUTY. You should know your limitations. Beget only as many issues as you can properly look after.

I have explained to you the canons of Sanatan Dharma as well as the philosophy of Kabir. Now, if a man does not have compassion in his heart and also does not perform his duty, just meditates for two hours with fingers in his ears, he cannot attain happiness and peace according to Kabir. That state shall remain beyond his reach, because he does not fulfil his duties. You may ask me about my attainment. What do you know about me and my attainments ? This world wants only propaganda. We Mahatmas are hypocrites and ensnare you with our art of oratory. We move from place to place with a team of followers and exploit you. I have lived the life of both a devotee and a Guru, and have seen what the sta reality is. Hypocrisy prevails everywhere. Truth is kept hidden behind an iron-curtain. I have dared to remove the iron-curtain to save you from this loo In many present life, I have descended as the Prophet of the Age to reveal the Truth. How do I say this ? I tell you that I neither do nor am I aware of my manifestations in my devotees. It is all a game of your own mind, But you are not told this secret, and you are exploited. You are most ignorant. In the family you look after your children because of your attachment with them and not because of a sense of duty. In the religious world too, you remain attachment to visions and manifestations and consequently you suffer. **Dharma is not blind fondness but a performance of your Duty, with detachment.** My wife remained confined to bed for six years. I served her to the best of my capacity. When she died, I did not shed even a single tear. My parents died, I did not weep. My Mentor left this mortal frame, but I did not weep, though I deeply loved him. Why did I not weep ? Because, I understood my responsibilities and duties towards all of them. You people suffer from a sentimental attachment. And that is why you weep so bitterly. Follow the teachings of Sanatan Dharma and do your duty. By doing your duty well, you shall have peace. Your mind will be concentrated when you sit in meditation.

सहे कुशब्द बाद को त्यागे, छाँड़े गर्व गुमाना ।

सत्त नाम ताही को मिलि है, कहें कबीर सुजाना ।।

He who tolerates abuse and, avoids argument
And abandons Pride and Ego,
He alone realises the WORD
Sayeth Kabir, the Sage.

You live in the world and you know, how much tolerance you have. The mother-in-law taunts, and if you do not get enraged, then alone you deserve the WORD, otherwise not. This is the TEST. You must have forbearance. Your mind should remain clam even at the most intolerable words, only then you can aspire for the WORD. These Sadhus, Mahatmas and the naked mendicants fight among themselves for name and fame. You house-holders prostrate yourselves before them. What can they give you ? Many of the devotees ask me why the naked mendicants have not come to attend the Kumbha ? The astrologers interpret it differently. But the fact is that the Head of the Sect of the naked mendicants refused to accept the dates for the Kumbha given by the followers of the Shankaracharya. They do not want to be subservient to the Shankaracharya. They feel themselves superior and do not want to bow to anybody. They must have decided to come at some other date. When such are your Sadhus and spiritual leaders, who do not abandon their ego, why do you prostrate yourselves before them. You offer them your earnings by snatching it from your children. Come to your senses. Try to understand the Truth. I have come to you for your guidance. I do not ask for money. Your afflictions have brought me here :—

तुमको दुखी देख आंखों से, दिल में दया समाई ।
दया भाव ले प्रगटे जग में, दया यहां ले आई ॥

On seeing you miserable, Compassion shot up within me
And with mercy in my heart I descended on this earth
'Tis Compassion that brought me here.

Never do you imagine that I am a dog at your door. I do not make appeals on the loudspeaker for funds and donations. My mission is not to

collect money or to increase the number of my followers. My mission is to dispel your doubts, remove your ignorance and to show you the Path of Sanatan Dharma. Kabir writes :—

सहे कुशब्द बाद को त्यागे, छांड़े गर्व गुमाना ।
सत्त नाम ताहि को मिलिहै, कहे कबीर सुजाना ।।

He who tolerates abuses and avoids argument
And abandons Pride and Ego,
He alone realises the WORD;
Sayeth Kabir, the Sage.

What can you expect from people who hanker after, name and fame ? They fight because of their pride and ego. They go to the Court for settling their claims of Gurudom. All these Radhaswami and the Nirmalas, indulge in litigation. Where lies the difference between you house-holders and these spiritual leaders. If you follow the Path of Sanatan Dharma, you will lack nothing. Look after your children as you look after yourself. As a result, you will be happy. Your home will become a heaven on earth. The house-holders give food and shelter to Sadhus. I have come to open your eyes. Firstly because Hazur Data Dayal Maharishi Ji has ordained me, and secondly because this is my own Karam. Many of my devotes have got their horoscopes from the Bhrigu Samhita, and references to me are made in their Horoscope Readings. That shows that whatever I am doing, is Pre-Ordained by Divinity.

A boy was born. His father showed his horoscope to an astrologer. The astrologer told him that when this boy was born in the Dwapar Yuga he committed many sins. He got himself initiated by a Guru, but his sins were not washed away. His Guru directed him to Maharishi Bhrigu, The boy went there. He said to him, "A Great Man bearing the name "FAQIR" will be born in Kaliyuga. When you are also born then, his blessings will redeem you." I do not vouchsafe the

accuracy of the Reading. but the Horoscope Reading of that child was once brought to me.

You are my brethren. I wish to reveal to you the Truth. Follow the Path of Sanatan Dharam. Speak sweetly to your children. Tolerate their bitter words. Live a life of love and affection. The Guru's duty is to give you True knowledge, and your duty is to make your life practical.

हम आये आये आये है ।
तुमको दुखी देख आंखों से, मन में दया समाई ।
दया रूप धर प्रगटे जग में, दया यहां ले आई । ।
सूरज दया का गगन प्रकाशा, किरणें दया की धारा ।
दया सिंधु उमगा और बाढ़ा, दया भाव विस्तारा । ।
सुर नर मुनि की यह रीती, लग स्वारथ करते सब प्रीती ।
हम में नहीं है स्वारथ किंचित, लख लख करो प्रीतीती । ।

I am come ! I am come !! I am come !!
Seeing you distressed, and thus greatly moved,
I, descended on this earth as "Mercy-Incarnate"
'Tis Compassion that brought me here !
The Divine Sun of Mercy shines with a dazzling brightness
Up high, in the sky !
Its rays are the kindly Currents of Compassion
These have focused themselves in ME !
The ocean of Compassion swells and ebbs
Its Mercy which is extended all over the earth,
Has come to dwell in Me !!
While men, saints and even gods, all show love only out of selfishness
But I am not thus motivated at all,
You may put me to a million tests.

Had I any selfish motive. I would not have so vehemently asserted or so bluntly blurted out that I do not go to manifest myself

anywhere. Rather, I would have remained silent like other modern Gurus. Simply by keeping silent, I would have piled up an enormous wealth. But I have no selfishness in me. You are being ruined by this very false notion, and you are being kept in dark by these Gurus and Mahatmas :—

उदर निमित्त धरें सब भेषा, जोगी जती उदासी ।
मांगें भीख, ज्ञान की गम नहिं, तुम उनके विश्वासी ।।

Just to placate their tummies, people wear various garbs
Whether they be Yogis, or hermits, or ascetics,
They only beg alms, devoid of any knowledge of Truth
And you people get caught in their snare !
'Tis only for the sake of Bread !
That all cobwebs are spread !!

To-day a hermit came to me. He had not spoken for the last 50 years. He expresses himself only by writing. What is this ? If he had not observed silence who would have cared for him ? All those p illiterate and ignorant people who saw him, offered him money and food. because they thought him to be a big Mahatma !!

We, house-holders are a thousand times better than the Mahatmas. We get up early in the morning and attend to our duties I have been earning my livelihood till this day. I carried bricks on my head even when I was a Station Master. I worked like a coolie. After my retirement I worked as a part-time accountant at a shop on meager salary of Rs. 50/- per month. I earned bread for my family honorably and honestly. Now my son gets more than Rs. 2,000/- per month as his salary. I never ask him to send me any money. I have told him to send me only as much as he considers enough for me. My needs are very limited. I am telling you all this so that you may be able to have peace in your homes. I am explaining to you the roots of Sanatan Dharma. A husband should fulfil his responsibilities towards his wife But now-a-

days marriage has come to have no sanctity. It is considered as a business proposition. Marriage is soon followed by separation, if the wife is not very beautiful or she does not bring sufficient dowry. Ladies abandon their husbands on trifles. This is not Dharma. Dharma is that a lady should serve and look after her husband throughout her life even if her husband is crippled. The husband too should serve his wife in all odd circumstances. He who follows this Path of Dharma, attains the Sublime State. A person cannot attain the True-State if he does not do his DUTY, be he a devotee of Baba Faqir or anybody else. Your mere devotion to any man or God, big or small, will not help you. Do your duty well towards your parents, your wife, towards your children, towards your brother, sisters and others relatives, all the while facing difficulties and troubles. I cannot say where did they all go after death as performed their duties well, but they are certainly held in high esteem here and the world worships them.

Dharma is not confined only to certain rituals. It is the Sum-Total of all rules or principles that our sages have prescribed such as Maternal Dharma, Paternal Dharma, Dharma towards wife, Dharma towards husband, Dharma towards Guru and Dharma towards the Government etc. Dharma is comprised of our multifarious duties in different capacities. Do your duty well, only then will you deserve the WORD. Without doing our duty well, our mind will not become Pure, and without its becoming pure, Salvation is impossible. I will explain the Sanatan Dharma in detail in the discourses that follow. Try to understand the basic principles which I reveal to you to-day :—

भूल भ्रम तज, कर सतसंगत, हिये की आँख खुलाओ ।
राधास्वामी रूप निरख कर, दया से काज बनाओ ।।

Attend Sat Sang, discarding doubt and ignorance
Get the Inner eye opened,
Viewing Radhaswami's form
With his compassion get your work done.

The Real Radhaswami is “Your own True Form” :—

राधा आदि सुरत का नाम ।
स्वामी आदि शब्द पहिचान ।।

RADHA is the name of the Primal “Surat” (or SOUL)
And know SWAMI, to be, the Eternal WORD.

People lack true understanding and fight over trifles. Your own “Self” is the Radha-swami. This is the conclusion of Sanatan Dharma as well as the realization of Saints like Kabir who writes :—

दया राख धर्म को पाले, जग से रहे उदासी ।
अपना सा जिव सब को जाने, ताहि मिले अविनाशी ।।

With compassion, maintain Dharma
Remain indifferent to be world,
Consider all beings like your own
For such a person alone realizes God.

How can I say that Kabir was against Sanatan Dharma? Sanatan Dharma ordains compassion and doing one's duty. Kabir too says the same. He writes that he does not care for the ringing of Temple Bell and the worshipping of Idols. He says that he was a lost soul but his Guru pointed out to him the right way out. He also says that unless a man has compassion, and unless he performs his duties, he cannot realise God. So there is no difference between Sanatan Dharma and the Philosophy of the Saints. You house-holders are mistaken You are in a better position to follow Sanatan Dharma or the philosophy of the Saints. We house-holders are put to test every moment. A School boy is tested through quarterly examinations. He cannot improve without such examinations. Similarly, we house-holders face a test all the 24 hours. Every moment we get a chance to study and analyze our minds. You remain busy during the day. When you go to bed,

think over, where you failed and where you succeeded in showing compassion during the day. Ponder how much your mind was at peace. I have told you that you cannot be kind and compassionate towards the of the world. First try to be practical in a small sphere followed by a bigger sphere, as a small circle is followed by a bigger circle, when a pebble is thrown in a tank. He who cannot be compassionate in his own home, cannot be compassionate outside. A man does not help his poor brother, but gives Ten thousand rupees as donation to a Mandir. Do you consider him a human being ? I say he is not a human being.

Mr. Ram Rattan from Kanpur came to me. He is a big industrialist. He was a disciple of Saint Kripal Singh, but he was issueless. It was a matter of sheer chance. I was busy at work in a Flour Mill. Where I worked with my hands and feet smeared with white flour. His wife came there and besought my blessings. I gave her some Prasad and she was blessed with a son. Since then, she has reposed her faith in me. They had some family trouble: that also disappeared, at my assurance. He came to me and said that he wanted to spend RS. 2000/- for constructing a room for the Manavta Mandir. Thus the world wants miracles ! I said, "Why do you want to give this money to my Mandir, when your own brother has become bankrupt ? Help him, support his 6-7 children instead of giving donations to a mandir." He took the money back and helped his brother. This is a lesson that I want to teach you. This is Compassion. Now he helps and supports his brother. They are all happy. O ! my daughters, the reins of your houses are in your hands. You can make them a hell or heaven on earth. A father has two sons. The father expects that his sons should give his earnings to him. The mother wants that he should look after her. His brother also advances his claim upon him. His wife wishes that he should give all his earnings to her. You can well imagine the plight of such a man. The life of such a man becomes miserable. If he does not listen to his wife, he is doomed. If he does not take care of his parents, even then he is cursed. You are all house-holders. Tell me if it is wrong. Do you not face such situations in your life. These are our sufferings. I have come to save you from such sufferings. When I was married in 1911 A. D. I was a Station

Master. I had my father, my mother, and a younger brother whom I supported during his education. When I met my wife for the first time, I told her, "I tell you one thing. Take your self to be a servant in this house, you are to cook and clean utensils and do all the house-hold chores. If you do this, you will ever remain happy." That poor lady served the whole family like a slave. You will be surprised, that except a few pennies, I used to give all my salary to my father. When my wife died, those pennies, which I used to give her, were found in her safe. In spite of our poverty, we lived a very happy life. You are all house-holders. Try to maintain peace in your homes. You can learn this art of maintaining peace from these discourses. From here you get knowledge of the Supreme Being and the knowledge of how to live well in this world.

My daughter is married and she has a step-mother-in-law. That mother-in-law has her children. I told my daughter that she should never ask her husband about what he gives to his parents and what he does not give. She acted upon my advice and she is happy. Her husband's younger brother stays with them and studies. There is no complaint from any one. Her house is a Heaven on earth. O ye my daughter, you are the pivot of the house-hod. You can make your house a Heaven or Hell. You should know the art of controlling the house-hold affairs in a spirit of self-sacrifice and devotion and dedication. If any man is unhappy, one of the reasons of his unhappiness is his wife. I am teaching you the lessons of a happy family life because I have come for this very purpose.

But you listen only to those who exploit you and make you fall prostrate before them I do not permit any Sadhu wearing saffron clothes to enter the premises of my Manavta Mandir. They are not real Sadhus or holy men. Only Sadhus in the true sense of the word, old men, pensioners and those who meditate come there. These so-called Sadhus cannot withstand the torments that we house-holders undergo. Sometimes a child is weeping, and sometimes, the wife is irritated. To-day one thing is short and the next day some other thing is wanting. A house-holder is surrounded from all sides by distresses and difficulties.

The only remedy for these distresses and difficulties is:—

दया राख धर्म को पाले, जग से रहे उदासी ।
सहे कुशब्द वाद को त्यागे, छांड़े गर्व गुमाना ॥

“With compassion, do your Duty well,
Remain indifferent to the world,

AND

“Tolerate abuse, avoid argument,
Abandon Pride and Ego.”

There are many pin-pricks in home life. Woman-kind is just like a threshold. People tread over it. It does not protest. You should have the tolerance of a threshold. All the entrants to the house, put their feet upon it, yet it remains calm and welcomes all without any discrimination. You should learn to perform your duties like a threshold.

I am explaining to you the Art of Living a happy family life. Men from different walks of life come to me. Many of them have no peace at home. They get peace when they listen to me, They settle their differences with their wives, look after their children properly and live a happy life. Do I perform any magic ? No, I teach them only a right understanding. Data Dyal Ji also writes:—

भूल भरम तज, कर सत संगत, हिये की आँख खुलाओ ।
राधास्वामी रूप निरख कर, दया से काज बनाओ ॥

Attend Sat Sang, discarding doubt and ignorance
Get the Inner Eye opened,
Behold Radhaswami;s form !
And with his compassion get your work done.

This is my third discourse on Sanatan Dharam. I told you to beget good children, to give them good Sanskaras, and to arrange their marriages

according to their nature, aptitude and qualities. To-day I have explained to you "Dharma." Now I tell you about another aspect of Sanatan Dharma.

The Sanatanists advocate the recitation of Gayatri Mantra, which reads as:—

ओ३म भूर्भुवः स्वः

तत्सवितुर्वरेण्यम् भर्गो देवस्य धीमहि धियो यो नः प्रचोदयात् ।

"Om Bhoor bhuvah Swah Tata svitur vareneeyam,
Bhargo devasya Dhimahi : Dhio Yona : Prachodyat."

It means: enjoy the blissful light of the SUN within you, which is beyond the three stages of awakening, dreaming and deep sleep. That SUN is the inductor of your intellect. So this Mantra implies that we should concentrate within, at one point, and have the glimpse of the Blissful Light. All the religions of the world recognize the importance of LIGHT within. Islam accepts Light (Noor). MOSES also acknowledges LIGHT. Parsees worship LIGHT. Christians also refer to the WORD and LIGHT. Sikh Gurus have named it as Prakash (Light) But, we, all worship only the outward fire, ignoring the it ward LIGHT (Savitri). We lay more stress on Havans and Yagyas. All religions of the world come under the purview of the Gayatri Mantra. Mantra means, to give opinion or to give advice or to give "thought or to give an "Idea." He, who recites the Mantra employing only his tongue, derives little benefit Maximum it is not essential that only Gayatri Mantra be inarticulately recited. The object is to concentrate your mind on one point, which may be done by the aid of any name : Rama, Allah, Gopal Krishan, wah Guru, God. Recitation or Sumiran of any Name is not the end, but it a means to reach the state of Savitri the Inner LIGHT.

What is the benefit of this LIGHT within ? It inducts wisdom it gives discriminative power, and a correct understanding. Our sages have prescribed that every child at the age of 10 be initiated into this Mantra. Because, they knew that the re of this Mantra at that tender age, would

help the child to gain immaculate wisdom. He would gain a sense of correct understanding and thus become capable of living a happy worldly life. Hence Sanatan Dharam has laid more stress on realizing the LIGHT within. Every clan used to have its own Guru or Guide Vashishta was the Guru of Rama's family. Those who were not able to meditate on LIGHT were required to remain in the company of the Guru, or purohit who used to dwell in the Light within. A Guru who preaches, without having access to the LIGHT within. Commits a grave sin. A Pandit who himself has not realized the LIGHT within, with the aid of the Gayatri Mantra, but guides others, is a sinner and his advice would prove fruitless because it is rootless, wherever I go, thousands of people flock to me. Generally, I dwell in the sphere of LIGHT. This has helped me to attain perfect wisdom. People come to me and tell me their problems. I gave them my advice according to my own judgment and experience; and it proves very useful to them. I am myself surprised as to how my advice proves useful for those who come to me ? This is the merit of dwelling in the sphere of LIGHT. The Inner LIGHT gives perfection to the wisdom of its dweller and thus his advice is always perfect and beneficial. Therefore the Gayatri Mantra occupies an important place in Sanatan Dharma.

Due to the different nature of every body, it is practically impossible for all to attain to the state of LIGHT. Therefore our sages advised that those who cannot have the glimpse of LIGHT within, should remain obedient to their Guru or Preceptor. Primarily, it is the Sanatan Dharm that has laid down the foundation of Guruship. In the the Sant Matt too, the devotee is required to remain obedient to the Guru.

“Do with devotion whatever the Guru says.”

What is the difference ? Someone recognises his Family Prohit as his Guru, Someone else accepts a Sadhu as his Guru. The most important thing to be observed in both cases is, that the Prohit or the Sadhu should himself be an enlightened person, a dweller of the sphere of Light, otherwise his guidance cannot be fruitful. If a doctor does not have elementary

knowledge of physiology, but prescribes medicines, This patient is sure to die. It is not only a crime but also a sin as well. Similarly, these Purohits, Pandits and the Gurus, who are not followers of the Inward Path, but give advice to their followers are sinners. And their advice too proves harmful and destructive. It is due to this very fact, that in spite of a very large number of Gurus, Acharyas and Purohits, mankind is facing great problems and difficulties. On the basis of my own insight I said in 1947 at the time of partition, of India that the Capital of India should be changed from Delhi otherwise 75% of Indian Budget shall continuously be spent in maintaining peace of India. My prophecy proved true. Even to-day, you can see how much money and human energy is used to maintain peace in the country. Predictions made by the dwellers of Trikuti are always and correct.

The Gayatri Mantra refers to the important stages of meditation within such as **OM, BHOOR, BHUVA, SWA, MAHA, JANA TAPA, SATYAM; TAT SAVITURVARENYAM**. Similarly, in Sant Matt these centres are known as BHRUMADHYA, SAHAS DAL KAMAL, TRIKUTI, SUNN, MAHASUNNA, BHANWARGUPHA, and SATLOK. He who has traversed these stages and dwells in the sphere of LIGHT, possesses the knowledge of this world as well as of the spiritual world, and can give sound advice to all. He who dwells only in the sphere of LIGHT, cannot give guidance about the spiritual spheres. But he is perfect so far as worldly knowledge is concerned. Preaching by such a man is very useful for the general masses. As per teachings of Sanatan Dharma, if you are not able to have a glimpse of the LIGHT within, you are advised to remain obedient to those who dwell in that LIGHT, and your worldly life will automatically become happy and successful.

Shiva Ji had Ram Dass as his spiritual Guru, and one more as his political Guru. You all know how successful Shiva Ji was even against the mighty Power of the Mughals. You should learn to obey the command of your Guru. In 1905 A.D. I wrote all the problems of my family to Hazur Data Dayal Ji, who very compassionately guided me and solved all my problems. The modern Gurus initiate you, but if you write to them your worldly problems,

they reprimand you and ask you to write only about spiritual problems. How can such a man be named as Guru, who cannot solve your wordly problems and give you peace. All those who come to me are happy. Financially, they are well off and they lead a smooth life. Why ? because I guide them on right lines. The basic thought is "Desire." I change the "desire" of man accordingly. You succeed or suffer due to your good or bad "desires." You suffer because you do not have the sense of discriminating between good and bad. I therefore appeal to you to remain obedient to a realised Guru. I am not your Guru. I have come here only to go away.

चलना है रहना नहीं, चलना विश्वावीस ।
सहजो तनिक सुहाग पर, क्यों गुंधवाये शीश ।।

We shan't be staying here on earth at all
Our departure is as sure as death.
O, SAHAJO ! why for the fleeting joys of conjugal pleasure
Had you had your head-hair plaited
And whiled away your time in a Beauty-Parlor ?

I had come to this world with quite another object, but Hazur Data Dayal Ji did a great favor to me. Keeping in view my nature, he installed me as a Guru. It was only after occupying this Position that I realized the secret which the Saints or the Gurus had only symbolically disclosed. After realizing the Truth, I changed the Mode of Teaching. I stopped the use of "Sign Language" and symbolic references. I explain the Truth in very plain words, because I have compassion for you. Now the times have changed. Now there is no necessity of keeping you in the dark like the Gurus of yore.

गुरु ने चोला बदलिया, सिदक न हारे सिक्ख ।

"The Guru has only changed his grab
Let not the disciples be lax in faith.
Nor lose heart either !

Changing of face or form does not mean, that the soul of Maharshi Data Dayal, after his death, has entered the body of Baba Faqir. This is wrong. Guru means, True knowledge, correct understanding. The Guru's grab is his "Word", His teachings are his real body or "form." I have changed the Mode of Teaching so that the general public may not be exploited. All these big Gurus and Mahatamas, when they sit with me in private, admit that whatever I say is quite correct, but they dare not support me in public because they do not want to loose their name, fame and wealth. You offer them all your earnings only if you are kept in the dark. I do not need your money, therefore I speak out the Truth to you all. But this does not mean that people do not give me donations. I am also helped by persons like Seth Durga Dass, who collected Rupees Twenty-two thousand for founding the Manavta Mandir at Hoshiarpur. I do not indulge in exploitation, and wish to save you from such exploitation. You are an innocent and ignorant lot. The House-holders are taxed everywhere. They are looted everywhere. Hazur Data Dayal Ji writes about such a loot as:—

जगत में कैसी लूट पड़ी ॥ टेक ॥

माता कहे पूत है मेरा, भाई भाई बनावे ।
घर की तिरिया तन से लिपटी, पति कह रार मचावे ॥ लू०
बहिन वीर कह हँस मुसकावे, मुस के धन ले जावे ॥
पुत्र बहू कहे ससुर सयाना, झूठे भाव दिखावे ॥ लू०
राजा कहे मेरी है परजा, करे कमाई उद्यम ।
मक्खन काढ़ मुझे दे उत्तम, पिये छाछ नित मध्यम ॥ लू०
पंडित दान दक्षिणा मांगे, साधू भिक्षा धारी ।
तीरथ मठ मूरत और मंदिर, लूटें लूट की बारी ॥ लू०
मरते समय आग ये बोली, इसे जला खा जाऊं ।
मिट्टी कहे गाड़ दे मुझ में, अपना अंग बनाऊं ॥ लू०
हवा सुखावे पानी घुलावे, सिमटावे आकाश ।
चकित हुआ यह देख के लीला, लूट का अजब तमाशा ॥ लू०
मैं हूँ कौन कौन है मेरा, इसकी समझ न पाई ।
देख लूट का जग विस्तारा, लूट हुई दुखदाई ॥ लू०

कभी कभी भूल भरम में फंसकर, आप लुट लुटवाऊ ।
लूट लूट के लुट गया सारा, लूट का मरम न पाऊं । । लू0
राधास्वामी की संगत पाई, समझ लुट की आई ।
व्याकुल चित चरनों में आया, ले सतगुरु शरनाई । । लू0

“What a loot, pervades this world !

The mother claims the son as hers;
The brother claims the same soul as his brother;
His wife calls the same soul as hers,
Claiming him as her husband,
The glad sister too grins, calls him her brother;
And takes away his earnings;
His son's wife exclaims, “Poor old Father-in-law !”
And demonstrates false sympathy,
The King growls, “He is my subject,
He carries on a gainful business,
Let him churn out pure butter for me,
And himself always remain content only with dilute butter-milk”
The Pandits make demands for charity from the same soul
And the Sadhus beg donations:
Places of Pilgrimage, temples, monasteries, idols,
All loot the poor man by turns,
The Fire speaks at the time of death,
“I will consume the body by burning,”
Or, the Earth says, “Bury him in me;
I shall make him part of me”
The Wind dries away, the water dissolves in itself,
The Sky draws and sucks him into its fold.
I was amazed on seeing this LEELA;
This Unique spectacle of the “loot,”
“Who am I and who is mine ?”
I totally failed to unravel this mystery,
Having seen that the Loot pervades all the world

Verily the "Loot" has become intensely painful,
Sometimes getting involved in doubt and error;
Either I indulge in looting or let others loot me.
Entangled in the net of this "loot", I am looted all over !
It was only when I sat at the Feet of Radhaswami;
And yet unaware of the secret of this loot;
That I understood the mystery of this loot;
It was with a confused and perplexed mind that I
came to His holy feet;
And took refuge therein."

The Holy Form of Hazur Data Dayal Maharishi Shiv Brat Lal Ji is still before my mind's eye : a most Luminous Form bearing a garland of Flowers, a tall body, and a broad forehead. I bow to him. I had taken refuge in his Holiness due to many torments in my life. These were the outcome of poverty and of the strict behavior of my father. Even a slight error on my part would invite showers of blows from him, I had short-comings of my own also, and thus I had no Peace of mind. His Holiness took me under his shelter, and dispelled my doubts most compassionately. All the dark fog of my doubts was driven away. This duty of Guru "ship" was assigned to me for dispelling the darkness of my own ignorance. His Holiness had said, "Faqir, you will be redeemed by Sat Sangis. "His Blessings have proved true. Whatever I have realized is due to you Sat Sangis, through the Grace of His Holiness Data Dayal Ji. With grateful thanks, I bow to Hazur Data Dayal Ji I also bow to Sarvshri Damodar Dass, Krishak Ji, Ganesh and other Satsangis, who tell me that I appear in their visions and solve their problems. This experience of my manifestations, of which I am never aware, has changed all the spiritual outlook of my life. I have explained to you a lot within three days because you people cannot easily reach this high stage. If you adopt this way of life, your life will be happy and peaceful.

Tomorrow, I will speak on the subject "Who am I" and "Who are you?" you consider yourself as a Father, Brother, uncle or great uncle, etc.

Every body is not fit for a spiritual life. Most of you need a happy and peaceful worldly life. This world is based upon Desire. So learn the art of having a Constructive and fruitful Desire.” I do not impart to you the teachings of the NEO-Sanatan Dharam but the Satya Sanatan Dharma, the true and Ancient Code of Conduct which was laid down by Manu the First King of Humanity or the first MAN. That Satya Sanatan Dharma is your benefactor.

“Desire” is the “Cause” of this world of yours. Brahm or LIGHT is the Creator of Desire. When this Brahm or LIGHT enters our gross body, a sensation develops therein, which is named as mind, intellect, consciousness and ego. Our real self is LIGHT. That is a Luminous spark but is covered by a protective shell or layer Maya, or of mind, intellect, consciousness and ego. Due to this strong shell of Maya, we forget our Luminous SELF and get enveloped in the false radiations that emanate from us. We are to return the same way we have come. It is said that we have come in this life through, SHABD BRAHM, PARABRAHAM, SHUDH BRAHM, and SABAL BRAHM. Reference to these stages of Shudh Brahm, Para-Brahm and Shabd Brahm is also found in Yoga- Vashihta. The propounders of Radhasmami faith named SHABD BRAHM as NAAM. There is no difference between the Philosophy of SAINTS and Sanatan Dharma. The difference is only in their manner of explanation. This difference is due to certain misunderstandings. Kabir put some questions to the Learned Pandits of his time, they could not answer, because they had only bookish knowledge and had no practical knowledge of self-realisation by the SOUL. Therefore Kabir denounced them, and also in the process, the Vesas themselves.

I know only Hindi but not Sanskrit. Once my daughter brought a huge volume of Shiv-Puran from the Library. I read it for seven days. A Pandit from Gujranwala came to lay the foundation of the Gita Bhawan. and he also visited my Railway Station. I asked him, if he had read Shiv-Puran He replied in the affirmative. I asked him to tell me sincerely, if he had any faith on whatever is written therein. He said, “ Truly speaking, we

only profess faith, but have honest doubts in mind.” I told him that Shiv Puran means vegetation !! I understand that you cannot catch my word I have lived a very honest, true and sincere life. I have never told any lie for my own self. I have followed some principle. A sea of knowledge ripples within me, but you do not have the capacity to receive it. The followers of Arya Samaj may say whatever the about me but I say that the knowledge of the Vedas or the Purans is most difficult to follow. The knowledge is explained in the form of stories and parables but who can understand them, and who aspires for that True knowledge ? The Hindu community is very strongly k and hence it gives religious freedom to every body, but not an unbridled freedom. If anybody violated the the correct Code of conduct at any stage, he was disowned and excommunicated. The present Radhaswami faith, Dadu Panth, Nank Panth, Arya Samaj, Islam, Budhism and Jainism all have originated from the Hindu Texts. The need of the present is to bring all of them together. We should cross all these religious barriers and come into the fold of a common human brother-hood endowed with a sublime and independent thinking. THIS IS MY MISSION. Hazur Data Dayal Ji has written as many as five thousand books, and all these books impart independent thoughts to liberate the readers from false religious bonds. So try to meditate on the sphere of LIGHT or SABAL-BRAHMA. All your requirements will automatically be fulfilled and you will not fall short of anything. A Brahman, who claims to be a reciter of the Gayatri Mantra, but still goes about begging is a big liar. Understand the importance of the Gayatri Mantra and live a happy life.

MAY PEACE BE UNTO YOU ALL



Chapter IV
(UJJAIN KUMBH)
YAGYA (OBLATION)
May 8, 1968.

Born of a Brahman family, I used to worship god in different forms. Though I had no knowledge of such things then, according to my nature, I longed to see God. Once in 1905, I wept continuously for 24 hours and led by a Vision I found myself at the lotus feet of Hazoor Data Dayal Ji Maharaj. He initiated me according to the teachings of the Radhaswami faith and Kabir school of thought. As this school of thought denounced all other faiths, I used to remain sad. At that time I vowed that I would proclaim my research in the Radhaswami faith and the Science of the Saints. I am STILL a Sanatanist. I have, in my three discourses, narrated as to how the world came to be created. The wide cosmos is the body of the Creator. The mind of the Creator is invisible. The soul of the Creator is extremely subtle by His Thought Power the first Manu is born. All the living beings are born out of Manu's Thought Power or Samkalp Shakti. And all the living-beings on earth enjoy and suffer according to their good and evil deeds. I too suffer according to my Karmas.

I have been speaking on the Satya Sanatan Dharma for the last three days. The most important aspect of Sanatan Dharma is "Yogya" on which I will speak to-day. Our ancient sages and seers used to ignite fire by reciting Ved Mantras. Then they would make offerings to that fire. Why did they perform such oblations? Because they wanted to get their desires

fulfilled. King Dashrath performed a Yagya to beget sons. All the ceremonies of this Yagya were performed by Shringi Rishi. Thus this custom of performing Yagya has been prevalent in our society since the time of Vedas. Every to-day (at the time of Kumbha) Yagyas are being performed here. It is the patrimony of the learned Brahmans, and of those who have sufficient wealth to spend ? And what about those who are poor, and do not know Sanskrit ? How can they perform a Yagya and get their desires fulfilled ? Is there any way out for them ? Yes, they too can perform Yagya and enjoy the fruits of their desires.

What is a Yagya ? One Yagya is, in which man nourishes a desire within, and performs Yagya out-wardly. Generally, people believe in such a Yagya. The second is the inward Yagya. Make a form of an image of your Desire within and then pray for its fulfilment repeatedly. You shall succeed in achieving your mission. Our sages were very wise. To wealth, they imparted the form of Goddess Lakshmi, so that desires for money be fulfilled. Wealth does not possess the form of a lady. Lakshmi is Shakti (Power). But our sages gave the form of a lady to this Shakti for the benefit of us human beings. Similarly, for the accomplishment of other worldly desires, the forms of Saraswati, Shiv, Vishnu and Brahma are made. These are Divine and subtle forces, but are given a form. In fact, the form of a different divine force is to be visualized within and worshiped, for the accomplishment of every different desire. But as people are unable to visualize any form within, they have started to worship the images of these forces without. Desires are always fulfilled from within. If you daily visualize the holy form of your Idea, or of any deity within, and place your demand before it, your demand shall be fulfilled. Why do I say so ? because I have numerous instances to quote. Many ladies come to me, their husbands had left their homes due to certain differences. I asked these ladies to visualize the form of their husbands between their eye-brows, with love and devotion , and assured them that either their husbands shall return or they shall get to know their whereabouts. This formula has worked very successfully and I have received several letters from these ladies that their husbands have returned to their homes.

This is the correct method of performing Yagya in the worldly life. It is a simple principle that works. Have one Ideal or ISHT and consider Him as the granter of everything. Have a living faith in Him. The Hindu Sages had great far-sightedness. They prescribed the forms of Laxmi, Durga and Saraswati. Even Guru Gobind Singh worshiped Bhagwati in the battlefield for her belessings for victory. Guru Gobind Singh was the follower of the Guru Mat, but it is written, "First worship Bhagwati." Now the followers of Guru Gobind Singh pronounce it as "Bhagouti" instead of Bhagwati. There is nothing wrong with mis-pronunciation s such, for this is very very common when words get "Transferred" from the original Sacred Sanskrit into hindi of everyday use. But it is deliberate attributing of wrong meaning to a right word that hurts. This recent unfortunate tendency is due to religious partiality, hatred, jealousy, bigotry and enmity. Truth is universal. It knows no cate, creed or religion. Contemplation upon your SHT for the fulfillment of cherished desire is one form of Yagya. This is the easiest method propounded by the Saints. People contemplate upon my and get their problems solved. They give credit to me, whereas I remain quite unaware of their problems as well as about their contemplation. It is their own intensity of that faith that works, or God's Grace.

This method of contemplation is very useful and fruitful, both for worldly gains as well as for spiritual realization. Whatever you beg or pray for, from your ISHT, you get it. I prayed to Him for His glimpse in physical form. I wept for twenty-four hours for Him, and thus I was led to the hallowed feet of Hazur Data Dayal Ji, through a vision. I accomplished my object for which I prayed and wept before Him. You are house-holders, instead of running after stray Sadhus and visiting places of worship, why don't you travel within. Whatever you are to get. You will get from within. The external Guru is only to show you the inward path. Efforts are to be made by you. Be true to yourself, and get the secret of the manner and method of meditation.

Secondly, Sanatan Dharam asserts that the performance of Yagya is very meritorious. When a Yagya is performed, various edibles, ghee and

herbs are offered to the fire. The one merit of such a Yagya is that it purifies the atmosphere. But these days neither people have sufficient ghee nor other requirements for Havan Yagyas. Learned Pandits to perform such Yagyas according to the Vedic texts are also not available. Their expenses cannot be borne by ordinary people. What is the solution then for the general masses ? As a Guru, I tell you that Sanatan Dharma is complete in all forms. It can cater to all types of people, with different philosophies and thinking. It depends upon you, and your efforts to dive deep and fish out pearls of your choice Believe it or not, Sanatan Dharm has a whole section even for ATHE TS !!! Now let me tell you a story given in a Puran:—

There was a Brahman, who had performed numerous Yagyas, according to rules given in the scriptures. Yet, misfortunes came to him by the cent and score and rendered him a pauper. One day his wife said to him, “You have performed so many Yagyas. Go to the King. Pledge the Virtue earned out of one or two Yagyas to the King and bring some money.” At first the Pandit was not willing to give the virtue so earned, to anybody, but ultimately he did agree to go to the King. His wife cooked five loaves of bread for his journey. The Pandit left with those five loaves on his long journey to the king's court. He covered a pretty long distance by noon and then thought of having his lunch at a well by the road-side. He washed his hands, and feet, prayed and sat for his meals. At that moment, a dog along with five of her new born pups appeared there, moving her tail. The Pandit threw a loaf to that dog. But it did not satisfy her hunger. She moved her tail again. The Pandit threw the second loaf, and then the third, the fourth and finally the fifth. Himself hungry, he kept journeying and by the evening, he reached the court of another king. He spoke to the king. The Brahmans were greatly respected during those days. The King enquired, “what do you need, respected Brahman ?” The Brahman replied, “Maharaj, I have become very poor. I have performed many Yagyas. I pledge you the fruit of one or two Yagyas. You kindly give me some money in return.” The king looked towards his Guru for advice on the matter. His Guru was saintly soul. He directed that the Pandit be asked to come the next morning.

Next morning, the Brahman came as desired. The King's Guru said to the Brahman, " Pandit ji, solemnly pledge the fruit of yesterday's Yagya to the King." The Pandit was astonished to listen these words and said, " I did not perform any Yagya yesterday." The Guru said to the King, "The Yagya that Pandit ji performed yesterday is such a yagya as has never been performed by any body so far." The Pandit again said, he did not perform any such Yagya, because, in his eyes "Yagya" meant something which was performed according to the standard scriptures. At this the Guru said, "You offered your food to a hungry dog yesterday. We need the fruit of that Yagya." When Pandit ji realised its importance and worth, he refused to pledge the fruit of that Yagya and left the court without asking any financial help.

My motive in narrating this story is to prove that the Sanatan Dharma provides hundred and one each chances for the performance of Yagyas to those, who are poor, illiterate and ignorant about the rituals Sanatan Dharm prescribes the simplest of methods for the performance of even most fruitful and meritorious Yagyas which even the rich cannot perform Do not think that only the rich are capable to give alms and become generous. Even the poorest man can be as charitable as the richest. If a man has only 25 Paisa in his pocket and he gives the same to a distressed and starving man and foregoes his own food he has performed a true yagya. It is thousand times better than a donation of a lakh of rupees by a big Seth. It is not be amount that matters, but the spirit of your sacrifice for the needy. He who gives ten thousand is not that generous, because he gives it for his own name and fame, and not to help the needy. Only he is generous, who gives to the needy and the distressed without making much show or dislap and publicity. Understand the art of helping others.

He who helps the grieved is generous and his desires are automatically fulfilled. I tell you an incident. About 8 years ago, a physician came to me and said, " Pandit ji, I am married for the last 12 years, still I have no issue." When I asked about his profession, he told me that he did

medical practice in a village. I asked him to give free medicine to the poor and down trodden and attend the patients even at night, without any hesitation, give them proper treatment, but should not charge anything. I further said to him, "If you do this service sincerely, you will be blessed with a son." He acted upon my advice. After about 1 year, when I was giving a discourse that physician came and put his son in my lap. I had forgotten all about that incident. When I asked his whereabouts he told me his story and requested me to baptize his son. I gave my own name (Faquir) to that child. This is the proof that I give you about the power of sacrifice or Yagya. Good wishes of the poor, whom he treated without any payment, blessed him and he got a son. This is the teaching of Sanatan Dharam. Unfortunately, this Dharama has come to be considered to be Dharma of a particular section of society. I name it as the RELIGION OF HUMANITY. It is a universal religion, because it is based on human desires. And Sanatan Dharma is the Torch-bearer for every human being. The Yagya I have referred to above, can be performed by Muslims, Hindus, Untouchables, Radhaswamis, Budhists and Jains, without any religious or communal quarrels among themselves. Those Yagyas of the scriptures can be performed only by the Brahmins. You are house-holders. You need a happy and prosperous life. So learn to perform a Yagya (which literally means an act of sacrifice) and your needs shall be fulfilled.

People talk about other Yagyas as AJA-medha (in which a he-goat is sacrificed), and ASHAV medha (in which a horse is sacrificed). Other talk about Gomedh (in which a Go or cow or one's mind or sense organs are sacrificed). I do not know how far their modern meaning are true. Scholars are not agreed on such "literal" meanings that sacrifices were ever made. But Vinoba Bhave has interpreted the Sanskrit Shlokas of the scriptures, saying that calves and cows were sacrificed. Many Sanskrit Scholars have seriously objected to the interpretations by Vinoba Bhave and have asked him to correct himself. But he has pig-headedly refused, people in fact do not understand the true meanings of the Sanskrit Shlokas. They understand only the words, but not the spirit and real meanings of the words. The he-goat, the ox and the horse, that are

referred to in the sacrificial Yagyas, are not these animals. Nowwhere human beings are directed to kill these animals to propitiate the gods. The he-goat, ox and the horse are not the animals, but the three aspects of your mind, i.e. Tamoguni mind (Static mind), Rajoguni mind (mutable mind) and Satoguni mind (Truthful mind). Unless a man sacrifices all the three aspects of his mind, he cannot realize his TRUE SELF. So long as your mind is with you, you will be bombarded with desires. Having "Desires" is a faculty of the mind. The entire material development around you owes its existence and creation due to the mind. All worldly and material progress depends upon the 'human desire'. But If you wish to attain the Supreme abode, the Absolute, you will have to perform the Ajamedh, Gomedh and Ashvamedh Yagyas or Sacrifices, i.e. you shall have to kill or sacrifice or subordinate the static, mutable and sentient aspects of your mind. For the "release" of your "Self" from body and mind, it is essential for you to offer the negative mental faculties to the sacrificial fire. For the release of your "Self" the Saints have propounded the philosophy of Sumiran (Recitation) Meditation, concentration and Dhyana (contemplation) and Bhajan (complete mental absorption). Inarticulate recitation and meditation on any name whether it be Ram, or Allah, or Waheguru or, Gayatri-Mantra, or Panch Nama or the Radhaswami Name, annihilates the static forces of your mind. You can ask, how ? A man is of static mind, if he always runs after the tastes of tongue and cares more for his physical appearance. Rajoguni (Mutable) is he, whose mind is very mercurial, he who thinks too much and he whose intellect runs hither and thither like a horse. Satoguni (Sentient) possesses a discriminative power. He has the sense of discrimination between good and evil. So, those who undertake inarticulate meditation under the guidance of a perfect Guru, easily succeed in controlling their static mind, Concentrate your mind by the aid of any name, be it Rama or Krishan, but do so only by using one name and contemplate upon the holy form of your Ideal or ISHT when you attain the state of perfect contemplation your restive mind will become calm and still. Then comes the third state. 'When, by this inward practice you attune yourself to the Eternal Sound or The WORD within, your sentient faculty, which develops your discriminative power, comes under your control. This

meditation of the third state is known as Ashvamedh Yagva. In the ancient times, this Ashvamedh Yagya used to be performed by the Mighty Kings. They used to let loose a horse. One who dared catch that horse, had to fight the king. After conquering all such rulers, the king became the emperor of all. So he who conquers all the faculties of his mind, conquers all. Says Nanak :

मन जीते जग जीत

“When the mind is vanquished, the whole world is conquered.”

One's Mind can be vanquished only by the help of Sumiran, Dhyan and Bhajan. So in this age of Kaliyuga, Sumiran, Dhyan and Bhajan have the greatest significance is Sanatan Dharma. This is being practiced in various forms, by men of all religions. Some make use of “Ram” Naam. Others use the word “Allah.” Both fight against each other due to sheer ignorance. Just now, in the Kumbha area some people were reciting “Rama, Rama” on the loudspeaker. This recitation is of little use. Only an inarticulate meditation of Holy name is most beneficial. Recitation of any name by the help of tongue or any instrument gives you only the pleasure of “melody.” Singing is also a pleasure. Music is an art. The real Sumiran is without the use of your tongue, it is neither audible, nor expressive.

I question myself, “Faqir, have you gone astray from Sanatan Dharma, by becoming the follower of Radhaswami or Kabir ?” No, I say: I daily perform an Ashvamedh Yagya. I tread the path shown by our sages, and guide those who come to me for this purpose. What is charity ? It is an act of giving to the needy, an act of helping the poor, an act of giving bread to the hungry, water to the thirsty and an encouraging word to the discouraged. You know, during summer, people erect shelters on the road-sides and provide water to the travelers, Here (in the Kumbha Mela) many people have set up free kitchens. This is our culture, or OUR WAY OF LIFE, to give bread to the hungry, water to the thirsty, cloth to the naked, love and sweet words to the distressed and medicines to the sick.

The object of giving charity is to support the weak and bring peace and solace to the distressed.

The greatest charity in the world is imparting knowledge to the ignorant. So, the saints are the greatest among generous people, for they dispel the ignorance of men and bring them mental peace. I feel greatly indebted to Hazur Data Dayal Ji, who dispelled my doubts and ignorance and enabled me to understand the True Sanatan Dharam or the True Religion of Humanity.

As I told you earlier, the whole humanity is motivated by “Desire.” The original desire was that of the Creator, Who wished to bring about Creation. We are all dominated by that universal “desire.” We all live separately and act separately under the cosmic control of the Creator. Your action is the practical form of your desire As you think, so do you become. It is in order to strengthen your desire or your WILL POWER, that you may achieve your aim soon that the performance of different Yagyas is recommended. I have explained to you the Correct technique of performing a real Yagya..... Visualize the holy form of your Ideal or ISHT in the middle of your eye-brows, and pray for the accomplishment of your desire. The more intense your desire the better are the prospects of its fulfillment. Your supporters and helpers will assemble around you and help you to achieve your object. But, If you wish to return to the Sublime Abode, and feel that this world is full of pain, you should become indifferent towards this world. When you are convinced that this world is mortal, you should follow the Path of Sumiran, Dhyana and Bhajan. In a nut-shell I have given you the essence of Sanatan Dharma or the Manav Dharma or TRUE HUMANISM. Now it is upto you to take advantage of it.

You have invited me here. I feel sorry for you because you are not very rich. You have spent a lot for making these arrangements, I earnestly beseech Shri Damodar Dass and others, that if they feel short of money in

making these arrangements, they should pack up my luggage I have not come here to loot you or to put you to any financial strain. My mission is to dispel the darkness of your ignorance.

I further proclaim from this platform, that there is no difference in the ways of meditation or concentration or contemplation prescribed by the Sanatan Dharma, Islam, Christianity, and by the religion of the jews. The Basic Principle is the same, the manner and methods may vary from man to man. Some visualize Saraswati in the middle of the forehead and beg from her, others visualize Baba Faqir for the accomplishment of their desires, still others contemplate on Hazart Mohammad Sahib for achieving their ends and the Christians pray to Jesus Christ within, for the achievement of their objects. The fact is that neither Saraswati, nor Baba Faqir, nor Mohammad nor Christ comes from without. O' man ! 'tis GOD HIMSELF, who is the Supreme Power, He comes to you in various forms that you believe in. He attends to you, bearing the name and form through which you pray to him. That Supreme Power is ever with you and within you.

“नहीं रूप तेरे, हैं सब रूप तेरे
तेरो सब ही हैं प्रजा, अरु भूष तेरे”

THOU hast no form, yet all forms are Thine
Thine are all the people, and thine all the kings !!

All our sectarianism and communal rivalries, all our jealousies, all our differences and all our enmities are due ONLY to our ignorance. And the most unfortunate thing is that we Gurus and Mahatmas throw dust in your eyes for our own selfish ends. To-day I could not have my meals. I had gone out, where I met an intelligent man, who told me a most distressing story. I do not traduce, but I do feel a great pain. I do not know whether what he told me is true or not, but as that man himself belongs to that sect, I take it as true. I do not name that sect or the Guru. It is said that in order to establish the greatness of the Guru, a betel leaf

is given to one of the devotees saying, “ your Satguru will take you to Heaven within 10 or 15 days.” They apply a sort of poison on the betel leaf, which affects the man within 10 or 15 days and the man dies Then the followers propagate the miraculous greatness of the Guru, whose Parsad kills the man within a stipulated period They proclaim the Guru as the deliverer or the emancipator. Cursed be such Gurudom. Why are such religious bodies not outlawed ? Why no punishment is prescribed for these butchers of human-beings. Beware, O' men ! beware, of these Gurus and Mahatmas. O' Indians ! see, what sins your religious Gurus are committing !

I have come to A WAKEN you, to make you AWARE, and to make you cautious, so that you may not get caught in the clutches of such Gurus. “Guru” does not mean a person. Guru means DISPELLER OF DARKNESS or “Knowledge,” or having a correct understanding or discrimination faculty. Peple worship some man as “Guru” and that man-Guru is a devil; the very reverse or anti-thesis of GOD or Divinity. He exploits his own worshipers. People are not only mistaken but deliberately misled. These Gurus have cast their tentacles of deception all around, for their own selfish motives. I have come with Compassion in my heart. I was shaken when I heard this story. I could not eat my food inspite of my efforts. I did not want to speak about it, but I could not restrain myself. So, never think that this. Human body is your Guru. My physical frame is not your Guru. Hazur Data Dayal Ji defines the true form of the Guru as :—

गुरु रूप न समझे कोय, भ्रम में पड़े अज्ञानी ।।
गुरु को मानष जानकर, भक्ति का करते व्यवहार ।।
सो प्रानी अति मूढ़ है, कैसे जाये भव पार ।।
देह के बने अभिमानी

No body understands the True Form of God
The ignorant are torn with doubt,

Thinking Guru to be a human-being;
People indulge in devotional ceremony,
Such morals are utter idiots;
How can they ever cross the Ocean of this world,
For such misled disciples have their minds focused
on the physical bodies of their Gurus.

Many people mis-interpret these lines. They say that God, the Supreme Being, Himself descends in human form to relieve the afflicted. This is all due to ignorance and illusion. Nowhere is the truth spoken cut to dispel such doubts. I have come to tell my fellow beings, of my own realisations in the Spiritual field. No human being can be TRUE Guru. His sayings are the Guru. The knowledge which he imparts, is Guru, not his body. But people do not, catch the real sense of what the Guru wants to say.

गुरु को मानष जान कर, सेत प्रशादी लेय ।
सो तो पशु समान हैं, संशय में अटके ॥
गुरु तत्व न जानी ॥

“Thinking Guru as a human being
People receive only cold blessings
They are all like cattle
Steeped in Ignorance,
And know not the essence of the word : Guru.

People have become crazy indeed ! They wash the feet of the Gurus and drink it. They try to eat the defiled food or leavings of their Gurus. I have known the life of many such Gurus. Some died of Cancer. Others died of T.B. You wash the dirt and dust of Gurus feet and drink it. What has happened to your common sense ? There are many disease-germs in my mouth. Will they not all fall ill, as eat the food left by me ? Foolish Devotion based on ignorance, will lead to evil consequences at any time. If there is a true devotee like Mira Bai, he or she can certainly

transform even poison into nectar by his or her devotion, volition and faith. Such devotees are very rare. They are exceptions that doubly prove the general rule.

गुरु को मानष जान कर, मानष करें विचार ।
सो नर मूढ़ गंवार हैं, भूल रहे संसार ।।
मोह के फांस फँसानी ।।

Persons who take a human being for
Their Guru, are only ignorant yokels
They remain engrossed in the materialistic world,
And entrapped in the trap of attachment,
All the while enveloped in doubt, these ignorant ones !

People celebrate the birth-days and the death anniversaries of their Gurus. Their life stories are narrated, that such and such Guru was born at such and such place to such and such mother. He did such and such works and then left for his Heavenly Abode on such and such day. The Truth is that the Real and True Guru neither takes birth nor does he die. The Real and True Guru is indivisible and omnipresent. He is Infinite, sans beginning, sans end. The definition of the Real and True Guru is :—

गुरु मध्य आदि अनन्त, अद्भुत अगम अगोचरम् ।
विभु विरज पार अपार निरगुन, सगुन सत्य विशेषरम् ।।
जिहि मति लखे नहिं गति लखे, सो शुद्ध तत्व विचार ।।

“The Guru is in the middle, in the beginning, and is Unlimited
He is Unique, Pure, Profound, Unperceived,
All-pervading, Finite, Infinite, Wonderful,
Perceptible, Imperceptible, True,
Lord of the world, Invisible, Unattainable;
Such pure essence is He !

This hymn is by Hazur Data Dayal ji, who dispelled the darkness of my ignorance and ordained me in these words to work for the liberation of the mankind :—

तू तो आया नर देही में, धर फकीर का भेषा ।
दुखी जीव को अंग लगाकर, लेजा गुरु के देसा ॥
तीन ताप से जीव दुखी हैं, निबल अबल अज्ञानी ।
तेरा रूप दया का भाई, नाम दान दे दानी ॥

“Thou hast descended in the Human form
Wearing the garb of a Faqir,
Take along with thee the grieved ones
Lead them to the Guru's Abode,
Man is grieved by the Three-Tortures
He is weak, hopeless and ignorant,
O' my Brother ! You are Compassion- Incarnate
Impart the True Name to the people,
O' thou generous one !

I do not impart that Name, which is imparted to you by other Gurus.
My word itself is “Name.” It is thus that I perform my duty.

गुरु को मानष जानकर, भेड़ की चलते चाल ।
वह बन्धन को क्यों तर्जे, व्यापै माया काल ॥
पड़े योनि की खानी ॥

Taking a human being as a Guru
They act like sheep,
How can they ever abandon their bondage
For they are caught in the clutches of Kal and Maya
(Time and Illusion)
They remain in the grip of the cycle of birth and death.

What have you seen of me ? It is only due to the publicity that Shri Damodar Dass and others have given me, that Baba Faqir is a great Saint; and you have come here to listen to me. Otherwise you know nothing about me, whether I am a robber or a thief. What do you know about the inner self of the Gurus who occupy such big chairs. You are misled by propaganda, a totally false propaganda. You know nothing about a True Guru. That is why Data Dayal Ji writes:—

गुरु को मानष जाकर, चलते भेड़ की चाल ।
वह बन्धन को क्यों तर्जे, व्यापै माया काल ॥
पड़े योनि की खानी ॥
गुरु नाम आदर्श का, गुरु है मन का इष्ट ।
इष्ट आदर्श को ना लखे, समझो उसे कनिष्ट ॥
बात बूझे मन मानी ॥

Your real Guru is the IDEAL you have set before you
Your real Guru is the ISHT of your mind.
He who beholds not clearly his ISHT or his Ideal;
Know him to be a low fellow.
Steeped in ignorance.
He takes decisions reflected by his own mind.

Your Ideal is your GURU, your faith is your Guru, and he always dwells in your mind. He is within you and not without. Your Guru is the dispeller of the darkness of ignorance within you. He reveals to you the Reality.

घर में घर दिखलाय दे, सो सतगुरु पुरुष सुजान ॥

The Real Guru reveals to you the Real you in you.
He is the True Sage and Guru.

The external Guru, who enables you to realize the Real you in you, is known as the Sat Guru Purusha. He never permits his own worship. He makes you worship your own Ideal or ISHT. But to-day, the situation is quite different. Swami Ji writes :-

तुम साध कहावत कैसे ।
मांग मांग धन जोड़त पैसे ॥

“How can ye claim to be called a Sadhu
For, you hoard money by begging ?”

The modern Guruism is confined to the collection of money. I often say that the abbreviation of Radhaswami is R.S. RS means RUPEES. The modern “Radhaswami” or RS has come to mean the collection of Rupees. Money is the only aim of these Gurus. People are dominated by a craze for the Gurus, who exploit them most mercilessly. Yesterday there was a hymn:—

हम आये आये आये हैं ।
तुमको दुखी देख आँखों से, दिल में दया समाई ।
दया भाव ले प्रगटे जग में, दया यहाँ ले आई ॥

I am come ! I am come ! I am come !!!
Seeing you distressed, and thus greatly moved
I descended on this earth as “Mercy-Incarnate”
'Tis compassion that brought me here.

I never say, that you should worship me, but I do say time and again, that you should understand the Truth. I do not make any appeal that you should come and attend my discourses. I have no selfish motive. I have no selfish need of you. I do my duty like an obedient soldier. I have compassion in my heart. Ever since I heard the story of the betel leaf, I am greatly distressed. I could not eat. My body is still trembling. Have we not

for our selfish ends defamed the great saints like Nanak, Kabir, Radhaswami and other great teachers ?

गुरु भाव घट में बसे, अघट सुघट की खान ।
जिसे समझ ऐसी नहीं, वह है मूढ़ महान ॥
नहिं गुरु रूप पहिचानी ॥

Your heart should ever throb with Faith in the Guru
For you, this Faith is a veritable mine of wealth
Of the knowledge of the within and the without
And of the Finite and Infinite.
He who does not understand this
Is a Colossal idiot
He has not cognized the Real Guru.

Because the ladies lack this understanding, I am appointing a lady as the Guru of ladies. This is my new message. because I know that Guru is one's Ideal. These innocent women simply follow others. They touch the feet of the Gurus who exploit them. A woman-Guru at least will not exploit their chastity.

Once, I was giving a discourse in a village near Hoshiarpur. I was speaking on "Ashta Padi" and I noticed one gentleman and a lady weeping when the discourse ended that gentleman came to me I said; "Friend ! you are a great devotee." He said, " Baba ji, I was weeping over my own deeds." I asked about his deeds. He narrated his story in these words, "Baba ji, I used to sit by the side of a Guru and sing hymns. Foolish ladies used to touch my feet as well, along with those of the Guru.....I have deprived many young girls of their chastity." O' my dear daughters, sisters and mothers, I am very careful about you, Never you go to any Sadhu to touch his feet. Do not touch his feet. Do not touch the feet even if God Himself comes in the form of man. My wife never touched the feet of my own Guru Hazur Data Dayal, whom I worshiped believing him to be God-Incarnate. She used to bow to him from a distance.

Then I asked that lady why was she weeping in the Sat Sang ? She had scars on her hands and neck. I asked what had happened to her. She said, "My husband hurts me with a knife." I asked, "Why ?" "Because I go to Beas to attend Sat Sang," She replied, "Why do you go there without the permission of your husband." I asked her. She replied, "Baba Ji calls me." Then I asked, whether she receives any letters from Baba ji. She said, "No, Baba ji appears within and directs me to attend the Sat Sang at Beas My husband does not allow me, and I go stealthily. When I return, he injures me with a knife." I told her that she should have written to her Baba Ji and asked if he invites her to attend his Sat Sang ? All this is due to sheer ignorance. Many families have been ruined due to such ignorance. You offer all your earnings to such Gurus, whose forms you yourself visualize within you. **MANY VISIONS ARE ONLY THE RESULT OF YOUR OWN WISHFUL THINKING; THEY HAVE NO REALITY, NO MEANING.** This is the Maya from which, Radhaswami Dayal, Nanak and Kabir came to liberate you. Sanatan Dharma has named such manifestations in visions as coming from your own Chhaya Purusha (Shadow-man). But who has bothered to understand it and attain Salvation ? I have revealed the reality, so that the innocent may not be exploited by these Gurus. You take anybody to be a great Guru, whose form manifests within you. That manifestation is only the reflection of your own mind, your own faith. None comes from without. I do not have sufficient money. I wish that, these discourses may be compiled in a book entitled "Sanatan Dharama," so that mankind may understand the Truth and realize that reality was never revealed to them, till I tore asunder the curtain that covered it.

चेला तो चित में रहे, गुरु चित के आकाश ।
अपने में दोनों लखे, वही गुरु का दास ॥
रहे गुरु पद घट ठानी ॥

The Guru should always keep the disciple in mind.

And the disciple should give the Guru the highest place
in his mind.

More : he should see both (his own self and his Guru) in his own self.
Only such a disciple is a true devotee and servitor of his Guru.
And he firmly fixes the Guru's Feet in the core of his heart.

Who is the servitor of the Guru? The True Servitor is he, who always believes that the Guru is within him. He who thinks that Guru is at Hoshiarpur or at Agra or at Beas, is not a True servitor. Hazur Data Dayal Ji has very explicitly written about the attributes of a servitor:

सुरत शिष्य गुरु शब्द है, शब्द गुरु का रूप ।
शब्द गुरु की परख बिन, डूबे भरम के कूप ॥

“SURAT is the disciple, and SHABD is the Guru
The SHABD is also the Guru's form
Those who are devoid of the understanding of the Shabd as Guru
Remain dumped in the ditch of doubt,
Such people only waste away their life.

This hymn is by Hazur Data Dayal Ji, who realized the Truth at the feet of Hazur Rai Salig Ram Sahib, the propounder of Radhaswami faith. He who does not understand the word spoken by the human Guru, cannot scrutinize the inner WORD. So first thoroughly understand the word of the Guru, attend his discourses and then follow the inward path.

गुरु ज्ञान का तत्व है, गुरु ज्ञान का सार ।
गुरु मत गुरु गम जो लखे, फिर नहीं भौ भय भार ॥ ।
कमल जैसी गति आनी ॥ ।

“Guru is the embodiment of knowledge
Guru is essence of knowledge,
He who understands the teachings of the Guru and the Path
shown by him,
Suffers not again, the pangs of the cycle of birth and death
And lives an ideal life, like a lotus flower.

He who attains the True knowledge, lives in this world like a Lotus in the water. He does not involve himself in the work a day world as a slave.

राधास्वामी सतगुरु सन्त ने, कही बात समझाय ।
जो नहिं माने बचन को, उरझ उरझ उरझाय ॥
कौन समझे यह बानी ॥

“Radhaswami, the Sat Guru Saink
Spoke the word explicitly,
He who does not act upon his teachings.
Gets entangled in the worldly net,
Who is the blessed one
As would understand the Sermon ?

Many, among you, must be very rich. Where would you carry your riches ? Why don't you help in publicizing my thoughts ? People will read them and thousands would be saved from doubts and worthless visions. Your daughters and daughters-in-law, would be saved from exploitation. This is an act of greatest benevolence. A Guru is a most charitable person who dispels the darkness of ignorance and the doubts of mankind. Now listen to a hymn by Kabir, about whom Data Dayal ji used to say, “This weaver has not left any point untouched.” Kabir writes :—

वारी जाऊं मैं सत गुरु के, मेरा किया भरम सब दूर ।
चन्द चढ़ा कुल आलम देखे, मैं देखू भ्रम दूर ॥
हुआ प्रकाश आस गई दूजी, उगिया निरमल नूर ।
माया मोह तिमिर सब नासा, पाया हाल हजूर ॥
विषय विकार लार है जेता, जार किया सब धूर ।
पीया पियाला सुध बुध बिसरी, हो गया चकना चूर ॥
हुआ अमर मरै न कबहूँ, पाया जीवन मूर ।
बन्धन कटा छूटिया जम से, किया दरस मंजूर ॥
ममता गई, भई उर समता, दुख सुख डारा दूर ।

समझे बने, कहन नहिं आवे, भया आनन्द भरपूर ।।
कहै कबीर सुनो भाई साधो, बजिया, निरमल तूर ।

Most willingly would I sacrifice myself for my Guru
For he has dispelled all my doubts
When the (outward) moon arose (in the sky)
The whole world beheld it
But when I saw the (inward) moon (within me in meditation)
All my misgivings vanished
The moon I saw, enlightened me,
And all desires for other things were gone with the wind.
Pure unblemished light shot up within me like a geyser.
All Maya, All Illusion, All darkness, took to heels
When I got to know the Highest He.
I was dripping with passion and perversion, being drenched
therein.

The enlightenment I received, burnt it to ashes.
I drank the cup (of nectar) and got intoxicated
My egoism was shattered to smithereens
(As a result) I became Immortal-
Now I will never die; for I have attained to an Immortal. State
All my bonds have snapped. I have been liberated from the
bondage of the God of Death.

God has received me in His presence.
I have been rid of all attachments
My mind and outlook are balanced
In my eyes all are equal.
I have cast off all sense of pleasure and pain.
That state that I abide in, can only be understood
For, It defies description.
I am soaked in bliss
Says kabir : Listen ! O' brother Sadhus !
To the music of the Ethereal Aeolian Harp.

Grand ! I express my heart-felt gratitude to Hazur Data Dayal Ji, who purged me of all my doubts by conferring upon me this pious and high office of a Guru. Your experience of visions in which you see my face and form has convinced me that whatever scenes, forms, and colors that I used to see within me were nothing, but projections of my own mind. It was all a game of Illusion. Ever since this realization came to me I began to dwell in my SELF, the WORD , the Eternal Sound. This is a most sublime State, and of course every one cannot understand it.

I have told you about Sumiran, Dhyan and Bhajan, but I have not explained you its technique. Sumiran or Recitation cannot be done by every body. Similarly, the practice of Dhyan and Bhajan can also not be undertaken by every body. The circumstances, the desire and the nature of the individual are greatest obstacles in the way of undertaking this practice. Therefore the necessity of a Guru is emphasized. Go to the Guru and obey his advice, because he guides you after studying your circumstances, nature and desires. Unfortunately the modern Gurus charge money for Initiation Rs. 100/- or Rs 250/- or Rs. 500/-. NAAM is being sold. Dharam Dass, the chief disciple of Kabir, served Kabir for thirty years to get himself initiated into the Name or NAAM or the WORD But to-day announcements are made. that on such and such dates and such and such time, NAAM will be imparted.....What big fun ! These Gurus have made Name a commodity. Go to them, pay the price and pocket the packet. Seeing TRUTH in such a miserable plight, I have changed the Mode of Teaching. I do not claim that whatever I say is the final word on any subject. I am simply obeying Hazur Data Dayal Ji, and teaching only what I have experienced it may or may most be the Ultimate Abstract Truth.

To you, I say O' my daughters, do not touch the feet of any Saint or sadhu. You are greater than any Sadhu or Mahatma. Be careful and never get exploited by Stupid Sadhus and false Gurus.

(Here Mahatma Hukam Singh submitted to His Holiness that Hindu scriptures also refer to “Narmedh Yagya” in which human sacrifice is made, and request for its explanation and elucidation).

His Holiness said, “Listen, O’ men of the world, I tell you about the “Narmedh” Yagya as I have understood it. The complete merger of the drop into the ocean, or the merger of the “Self” into the “Supreme” is known as “Narmedh Yagya.” I make efforts to perform this Yagya. Since I have not as yet been able to perform this Yagya. I have only just referred to it in my discourses. When I perform this Yagya, neither I nor this world will exist for me. In Radhaswami faith, this Yagya is referred to in these lines :—

सुरत हुई अति कर मगनानी ।
पुरुष अनामी जाय समानी ॥

The Surat was totally absorbed and completely merged,
In the Nameless State of God in a burst of ecstasy.

MAY PEACE BE UNTO YOU ALL



Chapter V

PENITENCE.

UJJAIN KUMBHA.

9 5.1968.

I ponder, and ask myself, "You are old. You have no selfish motive. Why do you work so very hard then ?" friends the actual truth is that I am doing no favour to anybody. I am performing the duty assigned to me by Hazur Data Dayal ji. I am to pay the debt that I owe to my preceptor. Similarly, in the worldly life, one is indebted to one's mother, one's father and the Ruler. Now-a-days a great enmity, jealousy and rivalry prevails among the different religions as also various sects. In there any solution that can bring about harmony and brotherhood among them ? Yes, a solution is there, and that is by adopting the True, the Eternal and Ancient Code of Conduct or the Satya Sanatan Dharm. The entire world is rooted in desire. Once that desire is purified, all other problems are solved.

For material progress, our scriptures have prescribed the performance of various Yagyas, giving of charity and observance of Penances, so that our desires are fulfilled. About Yagya, I spoke to you yesterday. Our Sages have been reforming the manner of performing a Yagya from time to time, according to the Law of demand and supply. Once there was a time, when Brahmans were fed with great honor. It was a necessity, because they used to remain busy in their meditation and human welfare. So our sages prescribed it as a religious obligation for the house-holders to feed the Brahmans. Those Brahmans used to be men of very high thinking and they used to observe all religious practices.

Now, the times have changed. Brahmans themselves are engaged in worldly pursuits and they earn their own livelihood. In Punjab, if somebody performs a Yagya and invites the Brahmans, the Brahmans do not come, so, instead, students or young children are fed. Similarly, when Budhism was at the apex of its popularity, the Budhist Monks were fed by the people, because they used to remain busy in their meditation. So, such religious practices have been changing from time to time according to the circumstances, and social conditions.

Now the question is, what is the necessity of the present ? Which is the greatest Yagya of the present ? We have great shortage of foodgrains. The greatest Yagya of the present time is not to beget more than two children. The young couples should think and keep it in their minds also as to from where will they just feed a large number of children, leave aside their education and bringing up the scientists have calculated that if the present rate of population growth continues for some years, all our efforts for food sufficiency will fail to cope with the food problems. Humanity will face starvation. The womb-bombs more dangerous by far than the cobalt-bomb or the neutron bomb. So the greatest Yagya of the present is to limit your family to two children. Those couples who will exercise self-control after begetting two children and would vow not beget any more shall earn virtue got from a lakh of Ashav-medh yagyas. You can earn this virtue only if you exercise self-restraint and Self-control and do not beget any child without resorting to the clinical methods of modern family-planning. This is an urgent necessity of these our times. To those who consider me as their Guru, I feel it my duty to tell, that they should not beget many children. You should limit your families to the minimum This is your first and foremost Dharma. Secondly, initiate your children into such a faith, in which jealousy, hatred and enmity do not find any place. These are the two most important and essential Yagyas for the present age, and these alone can bring peace, prosperity and harmony to the present mankind. Hazur Data Dayal Ji had ordained me :—

तेरा रूप है अद्भुत अचरज, तेरी उत्तम देही ।
जग कल्याण जगत में, आया परम दयाल सनेही ॥

“Thy form is unique and wondrous
Thy body, most splendid
You have come for the world's redemption,
O' my Param Dayal, the affectionate !”

My Guru has titled me “Param Dayal” (Most Magnanimous). I fail to understand as to what good can I do to mankind ? I cannot perform any miracle. Whatever I understand and experience I speak out to the world, though many people dislike my plain speaking. Now I tell you, about Yagya and Dharma which is essential for the present.

Now, I tell you about Penance. Penance, meditation and pilgrimage are also important factors of our Sanatan Dharma. In olden days people used to go to sacred places, where they had a peaceful environment, good climate and sufficient water for bathing. To such places, Sages and Sadhus would come from time to time and speak to the pilgrims. So the visitors to such sacred places used to enjoy the coolness of the sacred water, its climate, as also peace of mind from the discourses by the Sages and Sadhus.

What is “Penance” and what are its advantages? In the Ramayana it is written that Brahma creates the universe after Penitence. Vishnu maintains it due to His power of Penance and Shiv destroys and transforms it with the power of his Penance. It proves that every action is well-performed by Penance alone Penance or Penitence implies a perfect concentration upon only one object having withdrawn your attention from all things and all sides. This action is known as Penance or Penitence. Does this action bring any fruit ? I am not a highly educated man, nor do I know Sanskrit. I narrate my experience in very simple language and in a very conversational style. Penance has its own advantages. I tell you some instances out of my own life.

There was an America-returned gentleman who lived at Hoshiarpur some eight or nine years ago. He had no child, He along

with his wife came to my residence. I saw his wife and said, "No child is written your fate. But yet they both requested for my blessings. As I know the key to success and the key to the fulfillment of a desire, I said, "Yes, there is a way, If you can adopt." They agreed, and I used a tact so that they may undergo Penance. No Guru, Mahatma or Saint can give you anything. It is your own faith, your own devotion, your own Yagyas and your own Penance and austerities that help you to accomplish your desires. I said to his wife, "I will give you parasad but on one condition. When a child is born to you, you will die. If you are willing to die, then accept my Prasad." That lady fearlessly agreed to die for a child saying, "Give me the Prasad, so that I be blessed with a son, the name of our family will continue; what if I die." I gave her a mango. She ate it in my presence, and they went away. After some days she conceived. When the conception was six months old, her husband came to me in a disturbed state of mind. He wept and said, "Baba ji, if a child is born, she will die, then who will look after the child ? I am already quite upset and feeling miserable at the prospect." I laughed and advised him also to undergo a Penance, without disclosing to him its secret. I said to him :

"First, you please try to understand the Power of the Penance of your wife, who cared not about her own life just to beget one child. She agreed to sacrifice her own life for a child. Her spirit of self-sacrifice has fulfilled her desire for a son. Nature has no shortage of anything. But we do not know, how to perform a Yagya, so you please undergo a Penance and have an Abounding Faith in God."

Now, I tell you about the Penance done by the husband. At that time, I was employed as the Manager of the Punjab Flour Mills. I had to visit the godowns as well as the shops of the Depot holders in order to supply the flour. I suggested to him that he should see me once a day at any cost. He was the Manager of some Private Transport Company. He made it his sacred duty to see me once a day wherever I was available. He underwent this Penance was that his wife did not die, and his son is now

about 9 years old. This is an example to prove to you the Power of Penance. For the achievement of something, you shall have to make some sacrifice. If your sacrifice is selfless and without any ulterior motive, it is a most sublime act on your part.

So, Penance implies sacrifice and surrender . In this world every thing has its price. All those who come in my contact and get something, give me the credit for it. They think it is due to my blessing that their cherished desires are fulfilled. O' brethren ! I do not want to deceive you. I do not want to spoil my precious SELF. Whatever you get, is all due to your own faith, devotion, Yagya and austerity. This is Plain Truth. You are not generally aware of this Truth.

You householders are miserably entangled in worldly desires. You run from pillar to post to fulfil your desires which are ever-increasing. If once you get to know the key to success, you need not run after these Sadhus and Mahatmas. You can perform a Yagya and undergo Penance, even while leading a house-holder's life and accomplish your desires. It is faith that works wonders and this is the basis of Sanatan Dharma.

This is the fifth day of my discourses on Sanatan Dharma. You cannot gain an experience of worldly life unless you live a householder's life. Detachment from this world comes only after stern wordly experiences. I quote you my own example. I married, begot children, and enjoyed and suffered the pleasures and pains of this worldly life. Now, if I advise any young boy that he should not marry, because married life is full of misery and pain. Would he listen to me ? Never. Therefore Guru is he, who leads a person successfully through a practical life and helps him to suffer gladly the fruits of his past deeds. Saints do not advise one and all to follow the same path. They guide each person according to his nature. Study the "Yoga Vashishta" and you will find that Sri Ram Chandra developed an apathy towards this world in his very early life. Maharishi Vishwamitter did not advise him to renounce this world, but he led him through such a successful practical life that his name has come down to

us. I address only the house-holders and not hermits and ascetics. These house-holders are more worthy of worship than I. They are better than Sadhus and Mahatmas in many respects. The house-holders are advised by me to follow the Path of Rama and Krishna. Understand what I say to you. I am revealing to you the teachings of our Sages, the teachings of Maharishis Vashishta and Vishwamitra. Do not renounce worldly life due to wrong notions and wrong type of apathy towards this world. Understand the true nature of your desire. Illusion or Maya is a name for your own desire, your own intellect. This world is Maya itself at best, or at worst, a reflection of it. You can attain the state of liberation in life, by controlling and regulating your desires under the guidance of your Guru. You can lead a happy life under his direction. Therefore, I believe in the philosophy of Guru Mat.

गुरु जो कहें सो हित कर जान ।
गुरु जो कहें सो चित धर ध्यान ।।

“Carry out gladly, whatever the Guru says;
Deliberate, contemplate and meditate upon, whatever
the Guru says.”

Who is your Guru? Your Guru is your own “Desire.” Sanatan Dharam asks you, even makes it imperative for you to make your desire healthy and constructive. If once you learn the art of molding your desire in your favor, or make it take shape in accordance with your welfare, not only will your worldly life become happy, but you will also be able to attain Salvation as well. Our scriptures say that whereas Maya ensnares the ignorant individual, it also liberates him when he attains knowledge. If you surrender to the Guru and act whole-heartedly according to his instructions, you will enjoy this world and also carve cut a happy future for the next. Your Maya will become a source of pleasure to you. Always remember, Maya, like Machine is a good servant but a bad master. It is sheer our fault if “the Rail Road rides us. So keep a watch upon your thoughts,

feeling and desires, in fact they are the warp and woof of Maya. Always study their nature and be careful, lest they should become a complex cobweb of your own creation. It is wrong to have no notion of the motion of the ocean of emotion that causes a constant commotion in heavy human hearts. Eternal vigilance is the price we pay for spiritual enlightenment and development and the upward ascent within.

You have young children at home. Study their nature and guide them according to their mental make-up, natural bent of mind and thoughts. Give them such new thoughts and impressions which are helpful in the uplift and edification of their thoughts and nature. A real Guru does not initiate the new comer or start preaching to his disciple at once, but instead guides him according to the needs of the time and then changes the mode of teachings according to the circumstances as also according to his mental-make-up and requirements. Salvation is possible only after gaining experience of worldly life. You will do well to engage and allow yourself awhile in worldly pursuits in order to attain a state of complete indifference towards it. Once, I faced a very ticklish problem. I was giving a discourse at my residence. A young boy from a well-to-do family came and sat there. He had become rather wayward. After finishing the discourse, I went near him and enquired about his name and purpose of coming to me. He had become infamous due to his one bad desire. Remember, only the "afflicted" go to the Sadhus and Mahatmas. It is the greatness of the Sadhus, if they perform their duty properly and sincerely. I did not hate or detest that boy. I assured him that I would fulfil his desire. I did not refer to his immoral character. Slowly and steadily I guided him on the correct path of life. Now he is a big landlord and a man of great repute. People respect him and seek his guidance in personal and public matters. I did not suppress his feelings but directed him as per his mental make-up. Human mind is most sportive. It is not easy to control it. It can be controlled by him alone, who has realized the true form of Maya. The form of Maya is known to him who knows the power of thought or volition.

People believe that the Saints possess intuitive power. I do not believe it in the way you believe it. A Saint does possess the Power of knowing the thoughts of the man who visits him. He also knows the roots of his thoughts and their consequences. This is known as the intuitive faculty. He who knows the game of Maya, is known as a man of intuition. So, he who knows about the philosophy of thought and its Power, can reform it, and reform it or transform it. Kabir writes :—

माया तो ठगिनी भई, ठगत फिरे सब देश ।
जा ठग ने ठगिनी ठगी, ता ठग को आदेश ॥

Verily, Maya is a robber.
It cheats the whole world,
My Salutations to the One
Who cheats Maya itself.

Maya is our volition. My Maya is different from yours and the Maya of Nature or God is different from that of man. One is Absolute Maya, and the other is Individual Maya. Kabir says that he would gladly bow to him, who has completely understood and conquered the Individual as well as the Absolute Maya.

Who are those who can cheat Maya itself? They are the Sadhus and the Saints. Cheating means cleverly depriving any one of all or some of his belongings. A Saint is capable of knowing and controlling his volition or his own individual Maya. Though as yet I have not been able to fully control it, yet I have understood its operation upto some extent. I have known its Power. To bring about a radical change in the thought of an individual, is the work of a Saint. An Individual is miserably entangled by Volition, thought, doubt and desire. He helplessly weeps and even cries out for emancipation from them. A Sadhu, or a Faqir liberates him from the snare of this Maya.

माया छाया एक सी, बिरला जाने कोय ।
भगता के पीछे लगे, सन्मुख भागे सोय ॥

“Illusion and Shadow are both similar;
Rarely fully known by any.
The Maya chases those who try to run away from it
And the same Maya when faced boldly,
Takes to its heels.

This Maya pursues a person who wants to save his “Self” from the cycle of birth or death. But he who faces it boldly and challengingly, succeeds in controlling it and understanding its true form. After its realisation, Maya does not bother him, He becomes capable of putting it to yoke and make it serve his own purpose. A devotee also tries to run away from this world, because he is afraid of this world and its suffering. But if he tries to escape it without having duly done his duties and without having developed his power of discrimination, there is every likelihood of his being involved in various ways. My interpretation of these hymns is based upon the experience of my own life. The devotees too are under the influence of Maya. Swami Ji writes :—

मक्त उपासक योगा ज्ञानी ।
इन सब चक्कर खाया ॥

The devotee, worshiper, ascetic and the learned
All have wobbled.

Understand, what Swami Ji has said. Maya does pursue a devotee but it avoids any direct confrontation with him.

माया छाया एक सी, बिरला जाने कोय ।
भगता के पीछे लगे, सन्मुख भागे सोय ॥

Illusion and Shadow are both similar
Rarely fully known by any.
The Maya chases the one who flees from it
But when faced boldly, it takes to its heels..

Maya follows a devotee just as many devotees follow me. My form manifests itself before them. They accept this form as Reality and then run after me. In fact that Form is not mine at all. They are pursued by Maya, and the form that manifests is only Chhaya or Shadow Maya is the sum total of the thoughts and ambitions of a devotee and the Chhaya or the vision is a creation of his own wishful thinking. If this reality is not explained to them, they will remain ignorant and be exploited. They will run after Guru and Mahatmas, offer them their earnings and fall prostrate before them. You are unable to understand, what I want to convey to you, because your mind is not like a clean glass or mirror. You need regular Sat Sang in order to remove from it dirt and dust and rust. Hazur Data Dayal ji writes :—

मैं नहिं राम कृष्ण का सेवक, ईश ब्रह्म नहिं जानूँ ।
मैं फकीर का नाम दीवाना, सब से बढ़कर मानूँ । ।
जो फकीर मोहि दर्शन देवे, अपना भाग सराहूँ ।
अपने तन की चाम की जूती, पग फकीर पहिराऊँ । ।

“I am not a devotee of Rama or Krishna
Nor do I bother about Brahma and Shiv
I am crazy for one who be a Faqir
If he appears before me
I would regard myself as “BLSESSED.”
And loudly applaud my great good luck
Shoes made of my body's skin
I would put on his sacred feet.

Why so, because :—

जिस पर साध की दृष्टि पड़ गई,
वह जग योनि न आवे । ।

Blessed is he who receives the merciful glance of a saint
For he comes not again into this world.

What is kind glance of a Sadhu ? A Sadhu reveals the true form and working of Maya to his disciple and confirms that whatever he visualized within, is nothing but a sport of the mind, and the forms that manifest within are only Chhaya or shadows. Once this reality is realized by the seeker, he does not get entangled in the mesh and at the time of his death, he will disregard and such visions, because he has known their reality, and thus he will attain liberation from the cycle of transmigration. I wish to give you that glance as has been referred to above. My discourses are very sublime and are meant only for those who seek to liberate themselves from the sufferings of this world and escape the cycle of transmigration. Some body told me yesterday. That some Sadhus were standing there and were saying that since Baba Faqir speaks against the Sadhus, they would dismantle my Pandal. O' Brothers ! do your will; uproot this Pandal You may even kill me. I am always ready, but I only appeal to you to improve your lives. The days of life are numbered. We are governed by our past deeds. If we are Sadhus to-day, it is due to our past deeds, If one is a King, that is also due to his past deeds. Why should we fight for false fame, name and pelf or wealth which are all transitory. Everybody suffers or enjoys according to his own thoughts and deeds. The Guru only reveals the Truth and the Secret or the Hidden Reality. Once, there was a time, when I was not clear about the writings of Kabir and Swami Ji. For instance, take the lines :—

ऋषि मुनि अरु योगी ज्ञानी ।
सब पिल रहे इस मन की खानी ॥

“The sages, the seers and the learned ascetics
All are being squeezed in the mind's Roller mill”.

Such writings were beyond my understanding then. and I used to feel greatly disturbed, because I was firm in my earlier convictions. This is a natural attribute of the human mind. Mind has two major qualities. One is that if it attaches itself to one thing, it remains attached to it and does not like detachment at any cost. The second quality is that it remains tethered

to its source. When its attachments and involvements with the worldly things take firm roots, it feels distressed and unhappy. Then it about-turns towards its own peg. You please always try to understand the working of your mind under the guidance of one who has understood its function and faculties, and the way it works.

I am not against the Sadhus. I have every regard for them and their piety. I am neither the follower of any particular religious body nor do I have any hatred against any such body. I am a follower of the Guru, which means Dispeller of the darkness of ignorance. It means knowledge, correct understanding or discrimination and discretion. You have come to listen to me. I fail to understand as to what should I give to you, or say to you. It is sheer foolishness to speak to the non-deserving. This world is a trap of deception. I seek not to establish any new sect, nor do I want anything from you. I have come for the weak, the ignorant and the helpless. If those who do not need anything come to my Sat Sang, they are mistaken. Only a patient goes to the doctor, if healthy people start going to the doctor, the doctor will go mad. I speak to you most compassionately and expound and explain to you the Plain Truth. Kabir says :—

माया छाया एक सी, बिरला जाने कोय ।
भगता के पीछे लगे, सन्मुख भागे सोय ॥
कबीर माया पापिनी, मांगे मिले न हाथ ।
मनहु उतारी झुंठ कर, लागी दौड़े साथ ॥

“Maya, and Chhaya, are both similar
Rarely known to any one,
Maya follows the one who flees from it
But itself flees when faced boldly.
Kabir ! this tyrannical Maya
Is not conquered by supplications
But when dispelled from the mind as “false”
It flees forth.

This Maya cannot be held in one's grasp by begging and cringing. No ! When It is cast out as false and rejected outright, It becomes one's willing handmaid.

Man does not get caught in the complex cobweb of his thoughts after understanding the functioning of his mind, even though he lives all life with his mind. When its form and formation, its function and its functioning, its faculties and their functioning is fully realized, the thoughts that crop up in it, cannot attract, mislead, deceive and entrap the Real SELF of the seeker. Had I not realized the Truth, that I do not “go” to manifest myself in people's visions but that it is because of their own faith that they see me in their visions and dreams I might have had to take many more births. Even now, who knows, what may happen to me. But at least I have understood that Maya is the Sum-total of my own desires and my own volition. As long as you live in this world, you should cherish good and positive desires. By cherishing good desires, your worldly life will automatically become happy and loving, because as you think , so you become; as your ambition so your condition; and as you sow, so do you reap.

What does a man gain after understanding this fact ? After knowing it, a man can keep a check upon his volitions and thoughts. So, if you wish to live a happy life, do some Sumiran, undergo austerity and perform Yagya as I explained to you earlier. As I told you, make efforts to improve your life. but always regard it as only a multiple game of your desires. Maya, as your maid is very helpful to you. You should only know the technique of getting good service from it. Remember, like machine, Maya or matter is a good servant, but bad master.

Now the problem is how to manage this monkeying mind ? Is there any method of controlling it or bridling it and breaking it ? This is a most difficult job. However, Saints have evolved some methods to manage our minds :—

The first important requisite to control this mind of ours is to get it used to Sat Sang. But it in the company of a man, whom Maya cannot

entrap or influence. But it with one who is not dragged by his thoughts. Sit and Study with such a man for the maximum time, you can, live with such a man, have his frequent Darshan and meditate upon his Holy form. All this will certainly help you to control your mind. I question my SELF. "Are you saying this on the basis of books?" The answer is : No ! My philosophy is not based upon any book. Every individual involuntarily emits or give out a radiation of his inner-self. Science has established this fact. On 10th December, 1950, the "Tribune" published an article on this subject, in which it was said that human body is just like a radio transmitter. The scientists have photographed these radiations of thoughts on the screen and have proved that such radiations do leave their impact upon their surroundings and upon those who come in their contact. So, if you live in the company of a Saint, his radiation thought-currents and spoken words would positively influence your mind. This is known as Sat Sang. It is not without reason that so much emphasis is laid upon Sat Sang. Sat Sang has a very great significance. But some people regard playing on the musical instruments and singing psalms as Sat Sang. Kirtan is not real Sat Sang. It is only a minor off-shoot of Sat Sang. Sat Sang means the "Company of the True Persons." The True Persons are only those who have realized their True SELF. Go to such a person, sit near him and meditate upon GOD. That is called Upasana. Sat Sang should always be with Selfless seekers and Realized Souls. If I am here with the motive of collecting money. People around me shall never be free from avarice. because my own thought-currents and radiations of collecting wealth shall definitely influence you. The company of a lustful woman awakens lust in you and you think of indulging in sex. If you sit at the feet of a True Sadhu with an open mind, a mind that fondly, hopefully and lovingly listens and receives, you will positively enjoy peace because of such a receptive attitude of mind. You enjoy coolness by sitting near a mountain spring, and heat by sitting in the sun. This is the importance of Sat Sang. Data Dayal Ji writes :—

उप है निकट देश स्थाना, यह उपदेश का सारा ।

पंडित कोई भेद न जाने, जाने गुरु मुख प्यारा ।।

जो कोई निकट में जिसके बैठे, उसका रूप संवारे ।
उसका रूप बसे नैनन में, अपना रूप बिसारे ॥
संग प्रभाव न कोई वाचे, ऋषि मुनि ज्ञानी ध्यानी ।
हमने तो यह समझ बिचारा, सतगुरु की सहदानी ॥
भव की संगत करे जो प्राणी, भव भय चित बसावे ।
गुरु की संगत में जब आवे, अभय भाव पा जावे ॥
पशु की संगत पशु बन जाये, नर पदवी को खोकर ।
भरत हिरन की मोह ममता से, पछताया था रोकर ॥

“Up” means near, **“Desh”** means place
This is the essence of **“Updesh”**.
The Pandit knows not this secret
'Tis known only to the initiated devotee,
He who sits near another
And gazes at the Blessed Face,
Keeping his form ever in mind
Forgetting his own;
For, none can escape the impact of company,
Whether he be a Sage, seer, ascetic or learned,
I have pondered over it and concluded
That with the benevolence of the Sat Guru,
The being who though lives in company of worldly men
But yet keeps the fear of the world in mind,
When he sits in the company of the Sat Guru
He attain a state of fearlessness,
Man becomes an animal, in the company of an animal
Losing even his own status of a human being
Bhart, due to his fondness and attachment with a deer
Later repented of it weeping and wailing.

You might have heard the story of Bhart. He went to the forest for Penance by self-mortification. He developed an attachment with the young one of a deer in the forests. After sometime, that deer ran away.

Bhart had to take another birth as a deer because of his attachment with that deer. He wept and repented but he had to suffer for his attachment. Such is the consequence of wrong company.

“Updesh” means keeping good company. This company is of many types. First of those, who are intellectuals and Second of those whose mind is very restive or frolic and sportive. Such people have to be spoken to and talked with. But there are others who are imbued with devotional love : they do not need any vocal preaching. In a get-together, the law of radiation works, and the radiation of one man influences the other. Day before yesterday, I was sitting here and some other people were also sitting. I had been in a state of Bliss in Samadhi (Trance) for about one hour. When I opened my eyes, I asked them what did they gain from me ? They said “Peace.” I did not Puff or pump peace into them. I was in a state of Peace and my radiations (while in that state) had influenced them. NOW, I will explain to you this law, because I wish to save you from exploitation. Now-a-days, many Sadhus and Mahatmas ask their devotees (both men and women) to sit in their presence for meditation or contemplation. People believe that these Mahatmas give them something while they are in trance. But I reveal to you the stark fact that nobody gives anything. **At least I do not give anything.** I do not know, whether others give something or not. I bow at the holy feet of the pious souls and put the dust of their feet on my head. I do not denounce or criticize anybody. I simply relate facts, as I know them. But, may be, I am wrong.

I tell you another experience of my life. I was an Upper Division Clerk at Ferozepur and lived in the building of my friend Shri Wali Ram Hakim. There also lived Sh. Bhola Nath, who was initiated by Baba Jaimal Singh Ji Maharaj. Daily he used to sit for Meditation but without much profit. His daughter was married to the Chief Booking Clerk at Ambala. Once I went to Ambala, where his daughter came to my Sat Sang. After listening to me, she went to her father and said to him, “Father, why do you weep and run from place to place. Go to Baba Faqir.” He was elder to me by four years. When I returned from office, he came to me and said,

“Maharaj, I was initiated by Baba Jaimal Singh Ji, but so far I have achieved nothing.” I said to him, “ Brother, I do not have anything to give you. but please tell me whether you have led a continent life.” He replied, “Maharaj, my wife died 20 years age. I did indulge in sex off and on for 10 years, but for the last 10 years I am quite free from sex indulgence.” I asked him to sit for meditation in my presence. And I too sat in meditation. After about an hour or so, when I opened my eyes, he got up and started dancing. That old man was over-happy and said, “Baba Ji, to-day I have heard the WORD or the Eternal Sound.” Sh. Wali Ram, Hakim, was my Guru-Bhai. When he learnt this, he came to me and said. “Pandit Ji, please do not mind it. I serve you, prepare food for you, though you pay for it, but you have blessed Bhola Nath in one day, Whereas I have been sitting with you for years together, but you did not show my compassion towards me.” O' religious minded me ! you are my brothers . May I suffer in hell, if I tell you a lie. I did nothing for Bhola Nath when I sat in meditation, nor did I pray for him. I did not even wish that he should gain or achieve something. I was completely absorbed in Light and the WORD within. Then, what helped him ? The principle of radiation. Had there been anything under my control, I would have never allowed anybody in this world to weep before me. Had I possessed anything, I would have given it to the distressed, to the destitutes and the sufferers in this world. But I have nothing. This is the Plain Truth.

It may be that OTHER Saints and Mahatmas might have some super-special powers to confer boons. They must be knowing about it. I have heard and seen the life of many Saints. Goswami Tulsi Das, the author of Ramayana, suffered intolerable ailments for the last three years of his life. How much pain did Swami Rama Krishna Param Hansa suffer. How much trouble did Hazur Baba Sawan Singh Ji face. How much more should I tell you about the sufferings of other Saints. There lived a Saint at Sunam Railway Station. All high officials including the jail Superintendent and Deputy Commissioner were his followers. But in his old age, he suffered from a severe pain in his stomach, at a distance of half a furlong from his hermitage. He tumbled through that distance of half a furlong to

reach his hut. He suffered from severe pains for 21 days continuously and none could help him, whereas there was such a large number of his worshipers and devotees. Such instances alarmed me. The ultimate fate of these Saints opened my eyes. A sort of fear and doubt has enveloped my mind. It is possible that these Saints might have suffered due to their own deeds, but it has helped me to remain cautious. As a Guru, I have worked most truthfully. I have not cared for the temporary name and fame of this world. Who knows about my end ? At least, my own conscience is quite dear. You have regard for me. For me, you have erected this huge Pandal, a free kitchen is set up and you are busy day and night to attend to my comforts. Have I not any responsibility towards you ? I do have. Therefore, I proclaim to you and the world; O; Men ! whatever you get, is the fruit or result of your own deeds. You are influenced by the radiations of the people in whose company you live. After speaking out the Truth to you, I feel light. I do not feel any burden of any sort of deception and false fame. I do not say that you should live in my company or adore me. But you are helpful to me in quite a different way. You help me to remain aware of the state of my mind. Sometimes it does entrap me, but I succeed in liberating my "Self." I am also a human being. Even the greatest Saints and Swamis are ordinary human beings when in human body. Whosoever is encased in a human body, must have some shortcomings. No one can claim to be a perfect or an immaculate being. I believe in Radhaswami faith, because I have found Truth in it. Swami Ji himself writes :—

जब सुरत आवे देह में,
जीव रूप ले मान ।
जब सुरत उलटे गगन में,
हंस रूप पहिचान ॥

When a person's Surat descends down into his body
After his meditation Session
He is plain human being
Like all the rest

But when it ascends upwards
 To the spiritual regions during meditation
Know that person to be blessed
 With the talents of a Swan
Know that he is fixed in his SELF
 And has come to have divine qualities
And the ability to discriminate

Whenever a person's Surat descends down to the physical body, he is compact of qualities of both sorts, good and bad, though in varied proportions. Some are blessed with knowledge, while some are victims of ignorance. If you attend the discourses of virtuous men, who remain true to themselves even after becoming Gurus, then you will definitely be benefitted. I was telling you that these modern Gurus, ask men and women to meditate in their presence, behind closed doors. Listen to me, my daughters, never open such commands of any Guru. I do not criticize anybody. But I say so, for your own safety, for the sake of preserving your honor. I am reminded of an instance. Once, the editor of "Sari Dunya" (a monthly magazine published from Beas) sent a married couple to me with his letter. They came to my residence with his letter. I enquired about their purpose after studying them. The man told that the lady was haunted by evil spirits. I asked him, "What did you think of me before coming here ?" He replied. "A great Saint." I enquired "For how many years have you been married ?" He said, " We are married for the last seven years." I asked him, " Are you impotent ?" He admitted it. I asked him, " Are you a Sat Sangi." He said "Yes." I again asked, " Is there any Sadhu who delivers Spiritual discourses to your family ?" He said, "Yes." Then I angrily asked the lady, "Speak out the Truth, does that Sadhu not ask you to sit for meditation with your fingers in your ears ?" She admitted. Then again angrily I asked her to tell me about her physical relations with that Sadhu. She cried and said that he did indulge in sex with her. I told her that no evil spirit haunted her. Only because she could not enjoy the pleasures of sex for seven years with her husband, her own sexual desires had started haunting her in the form of an evil spirit. Therefore I proclaim to you, O' my brothers and

sisters, that you have been deliberately misled. These Sadhus will again threaten to uproot my Pandal and attack me. Do so, O' my friends, if you so like and if it pleases you.

इश्क में तेरे कोहे गम,
सिर पै लिया,
जो हो सो हो ।

Made a captive by Cupid, and
Held in the bonds of Love,
I am carrying a whole hillock
Of woes upon my head
So, let me now suffer
The consequence of it all !

I wish to give you correct guidance. You must go to the really holy and good men. I do not advise you to discard Sadhus and Saints altogether. I myself respect Sadhus if there he any, but not those who gather ladies around them and spoil their chastity.

But, If you do not get such a state of mind in the company of any Sadhus, do not run after him nor bow to him. He does not deserve your respects. Serve only him, from whom you get peace of mind and avoid the company of those whose radiations are harmful to you.

झूठे गुरु की पक्ष को,
तजत न कीजे बार ।
द्वार न पावे शब्द का,
भटके बारम्बार ।।

Waste no time in discarding
The company of a false Guru
Who ascends not to the threshold of the WORD
And takes several births time and again.

You should sit in the company of true saints. All the five fingers are not equal. Sometimes even one fish can stir up the settled dirt in the whole water of a tank. A true Sadhu is a man having a very pure and sublime soul. Had there been no Saints in the world, it would have been reduced to cinders.

आग लगी असमान में,
झर झर झरे अंगार ।
जो न होते सन्त जन,
जल मरता संसार ।।

Behold ! the sky is ablaze with fire
And incessant embers rain down on earth
Had there been no Saints in the world
It would have been burnt to ashes.

A Saint has no hatred in his heart. He wishes all well. His heart overflows with love for one and all. His affectionate radiations give peace to all those who come within his range. There are many great Saints who live in the forests, and their radiation gives peace to the worldly people living in far off towns. So, I tell you, that your mind CAN become CALM in the company of a Sadhu. Sat Sang is the only remedy for a trouble mind.

Many people come to me with very restive minds. They tell me that though they do not know anything about the inner stages of meditation, nor do they visualise any holy form within. but yet they do get peace of mind in my company. The motive behind meditation is the attainment of peace. All the inner stages of meditation i.e. Sahasdal Kammal, Trikuti, Sunna, Mahasunna, and Bhanwar Gupta are the different forms or states or stages of Maya. It depicts different scenes at different centres. At the centre of Sahasdal Kamal, different faculties of your mind appear in different colours and forms. In fact they are your own thoughts that take shape. Bells also ring within. Why ? In the physical world, you mold different metals into a metal to

be used for making a bell, and when a hammer blow is given upon it, it rings. The same principle works within the human body. When a man with worldly desires sits for meditation, all his desires get mixed up at one center within, and when his Surat moves upon them, the sound like a ringing bell is heard. But when you have no worldly desire and wish to attain Sublime Truth and the Supreme knowledge, then the faculties of your mind become subtle and attain a state of resoluteness. Then the Sound of 'OM' or the sound of Mridang is heard. When that state of resoluteness becomes more subtle, the sound of Ra-rang and Sa-rang is heard. Your mind or volition is a sort of subtle matter. It does contain all the elements. earth, water, fire and air. Your inner sound or Shabd or WORD depends upon your own constitution or matter of which you are made, or your own nature. The true and Absolute Name or NAAM or WORD is at the fourth stage, far beyond the gross, subtle, and causal centers.

नाम रहे चौथे पद माहीं ।
यह ढूँढे त्रिलोकी माहीं ।।

The WORD dwells in the Fourth Stage or State
But people wrongly SEARCH it in the Three lower
Separate Stages or states.

Kabir has named that sound as “Saar Shabd” or the Hidden WORD. Life below that centre is formed by your own thoughts and desires. By elevating your desires and thoughts, you can ascend to the higher centres of spirituality or return to the state or stage of your original “Self.” But, as you are not aware of the Power of your mind and its working, you need Sat Sang. It is through Sat Sang that you can get rid of your ignorance, and Stabilise the mercurial nature of your mind.

माया ता ठगिनी भई,
ठगत फिरे सब देश ।
जा ठग ने ठगिनी ठगी,
ता ठग को आदेश ।।

Verily, Verily, Maya is a robber
It cheats the whole world
My salutations to the one
Who cheats Maya itself !!

Who is the Bigger cheat ? Who cheats the Arch-Cheat. He is the Saint, who cheats or by-passes Maya itself. One is the gross Maya of the "without," and the other is the subtle Maya of your "within." The Saints by passes the subtle Maya, which spreads its tentacles sometimes at Sahasdal Kamal, sometimes in Trikuti, Sunn, Maha Sunna and sometimes at the center of Bhanwar Gupha. This Maya fails to rob or cheat or allure or charm the Saint who dwells at the true Abode at the fourth stage. A Saint does not settle down to meditate at the lower centers of Trikuti etc., because he knows the reality of these centers and the Maya of these stages is under his control. If you live in the company of such a Saint, you will positively get peace. If all those, who come in my contact and live in my company do not get any peace of mind, my life is to be disdained. They are not to be blamed, provided they come to me with an honest quest for peace. But, generally, people come to me with worldly aims and desires. Some come for becoming doctors, others for becoming successful lawyers, still others for becoming rich business men and many come to fill their bellies from the free kitchen. They do not come for Sat Sang. Sat Sang takes place only at that time, when a saint is "Centered in his own self." You study the books of the Radhaswami faith saying, "Swami Ji is in deep meditation. People have come for Sat-Sang. They have his Darshan. Swami Ji gives them a compassionate glance and they all feel as if they have achieved their desire." Such a Sat Sang if fruitful. This Sat Sang is at the level of the intellect, which dispels your doubts and removes your misunderstandings. This is the External Sat Sang. Then, there is an Internal Sat Sang as well.

गुरु जो बसें बनारसी,
शिष्य समुन्दर तीर ।
एक पलक बिछड़े नहीं,
जो गुन होय शरीर ।।

Even though the Guru resides at Banares,
And the disciple doth dwell by the sea-shore;
Yet they part not for the briefest moment,
If the disciple has the requisite virtue in him.

If a Guru is in meditation, and he has fixed himself in the center of tranquility, any disciple sitting in Samadhi or meditation near or even away from him, can also attain to the state of calmness because of the law of radiation. It is not essential that, only the radiation of a Guru works. The radiations of all those who sit in the Sat Sang also work. They influence one another. Therefore, the best way is, not to go anywhere. Sit at your own home, meditate at different centers within you. At that time, the radiations of all those, who would be contemplating at similar centers anywhere in the universe, would influence you, and you will attain your objective. This is the principle of radiation. This is internal Sat Sang which has got a very great importance. Patanjali in his Yoga Shastra, has also recommended different methods for the attainment of Salvation. It is further written that if you are unable to do anything, keep such a person in your mind as is free from the worldly attachments. If anybody, who visualizes my form within, but does not enjoy peace and his desires are not fulfilled, then I am responsible. It is not his fault, provided he has the requisite FAITH. For example, there is a beautiful lady, if her son contemplates upon her form, her sex will not influence him, but only her "motherhood," and if her brother contemplates upon her figure, he will have an impact of sisterhood on his mind, but if her husband contemplates on her form and figure, he will experience quite a different impact of her radiations. So the greatest importance is of your OWN self, of your own mind. The receiver is, in a sense, more important than the transmitter. You will have the maximum benefit from the company of a Saint who has controlled Maya. If you learn the art of attuning your radiations to his radiations, your purpose will be more than served.

The Study of Scriptures or Swadhaya is also very useful. The radiations of the authors are carried into their books through their

thoughts. Even the words and letters carry the radiations of the writers. Radiations always bring about a change in the atmosphere and the environment. The thoughts emitted by a holy man spread throughout the cosmos and influence mankind according to their nature. Even bad and destructive thoughts or radiations work. You might have been quarrelsome ladies. They may not speak to their husbands when they come home, but their radiations influence their husbands silently and they remain fear-ridden because of them. If you learn the correct Art of Living, love and affection will reign in your homes. Your radiations can make your family life a heaven on earth. Birds of the same feather flock together. A drunkard gets the company of the drunkards, a gambler is attracted towards gamblers, the devotees go in for the company of the devotees, and the learned get into contact with the learned. Why is it so ? It is the law of radiation that works on both sides. The magnetism of thought attracts men of similar thoughts towards each other. Sanatan Dharma reveals this philosophy of thought to the mankind so that mankind, may understand the importance of Penance and live a happy life.

I HAIL the Sanatan Dharma. Why ? Because it comes to us as a natural way of life. It is in fact THE correct way of life for the entire human race. It is not a religion of any particular caste or sect. It is a Way of Life or a Code of Conduct based on the Universal Principles of Nature. That is why I have called it. "True Manav Dharam," or "The True Religion of Humanity" because other names or appellations lend themselves to limited meanings.

To-day I have told you about certain important principles of living a happy life, according to my own understanding. I do not know the art of attracting huge crowds. I have tried to convey my feelings in the simplest possible words known to my vocabulary, so that you may understand something. Language is a vehicle of thought, and a speech is meant to convey your feelings to others. But in a Sat Sang, it is also not essential that you should be a registered disciple of some Guru or you should

accept some human being as your Guru.

आदि अन्त ऐके अवतारा,
सोई गुरु समझयो हमारा ।

I beseech that you regard
Only him as my Guru
As is Eternal and Infinite
(Shri Guru Gobind Singh Ji)

You may consider a saint as your father, your mother, your brother,
your friend or your companion.

तोहे मोहे नाते अनेक,
मानीये जो भावे ।

We are related in many ways
You may accept and approve
ANY way you please
(Saint Tulsī Das)

Among the Hindus, the Gopis or the milk-maids had their own conception of devotion. whereas the Gopes or the Milk-Men, their husbands, had quite a different type in their minds. Udhō had his own manner of devotion whereas Arjuna had his own way of worship. The real motive is to create a rapport or a bond of true affection between two hearts. When two hearts unite or merge in each other, both understand the feelings of each other even without the use of tongue or spoken language. Mother and her child have true affection. A child cannot speak, nor does it understand anything, yet it picks up the feelings of the mother, through her hints and the mother understands all the feelings of her child. Swami Ji has written, that as their lisping utterings of a child are understood by a mother, so should be the understanding between the two

: man and God. And for this purpose, man should have in his heart an unselfish love for God. It should be LOVE for the sake of love, only then mutual radiations will work upon each other automatically. This is a Sat-Sang in the real sense of the word. I have tried my best to convince you and dispel your doubts with this Varnatmak Sat Sang which is a Sat Sang spoken from mouth to ear, and from Soul to soul. The other Sat Sang is spiritual in nature.

दर्श पशु अरु मज्जन पाना ।

In it "Sight, Touch and bathing are attained, all at once."

You see a compassionate man. He does nothing, but like Jesus he looks towards the distressed with an eye full of compassion and the distressed one gets peace. This is the importance of Sat Sang. Understand the Power of radiation and live a happy life.

MAY PEACE BE UNTO YOU ALL.



Chapter VI

UJJAIN 10.5.1968

PURITY OF THOUGHT, WORD & ACTION

My grateful thanks to you all. As chance would have it. I am here on this auspicious occasion of Kumbha. I am attending the first Kumbh in my life of 81 years. Once I went to Haridwar to offer to Ganga Ji, the ashes of my brother's wife, after her death. I was only about 20-21 years old and very simple minded. My brother had directed me to offer the bones at Kankhal and he had also told me about the Pandit, with whom I was to register my name. When I got down from the train, a Pandit asked me about my native place. Being a simple minded and true-natured man I told him about my village and the purpose of my visit. I told him the name of my Pandit, but he said that he was the Accountant of that very Pandit. He led me on, and I offered him whatever money my brother had directed me to offer. When I asked him to register my name, he said that the name would be registered at the stairs at Haridwar. He hired me a tonga and paid the fare from his pocket. When I reached the stairs at Haridwar the real Pandit there vomited abuse and invectives and told me that I had been deceived by a cheat. Now, I had no more money to offer to this Pandit. I had only rupees, out of which I had to buy a ticket for Saharanpur, from where I had Railway Pass for onward journey. The Railway fare from Haridwar to Saharanpur was 12 annas (75 Paise). I told that Pandit that since I had rupees only. He should give me twelve annas (75 Paise) for my fare and keep the rest for himself. He did not accept the offer. Then I offered him my coat (of my Railway uniform) On this agreed to write my name without taking my coat. I went down the steps of Gangaji and prayed, "O, Holy Mother, never

bring me here again in my life.” Since that day I have never been to Gangaji at Haridwar. You can well imagine my fate now. I came here and saw and studied the situation, here at Kumbha. This is a place of Pilgrimage. Bathing here at such a time, does earn one virtue, according to time, place and motive or object, But truth can only be attained through Sat-Sang, and no by bathing at Kumbha-Sthan or at any other sacred place. Unfortunately, Sat-Sang is very rarely available to the morals. To-day is my sixth discourse, and I have been explaining to you that Sant-Matt, Radhaswami Matt and Sanatan Dharma are not different philosophies. All emphasize the importance of Sat-Sang.

सतसंग तीरथ राज प्रयाग ।।
गंग भक्ति यह निर्मल धारा, सरस्वति ज्ञान वैराग ।
जमुना कर्म धर्म व्यौहारा, प्रेम प्रीति अनुराग ।

SAT SANG, by itself, is as holy as a pilgrimage to
Paryag—the Prime amongst all places of pilgrimage,
One's Bhakti (or Devotion) is the crystal clear current
of Ganga Ji
One's Gyan and Vairag (Knowledge and Detachment)
are the holy Saraswati
One's Karm and Dharm (Duty, Deeds and Dealings)
are the Jamuna,
As also all our good and noble attachments.

A Sat-Sang gives all this, and more. It gives more virtue than mere dip in Gangaji at Paryag on the sacred occasion of a kumbh.

Such is the importance of Sat-Sang.

Paryag is the place where there is the Confluence of three holy rivers: Mothers Ganga, Jamuna and Saraswati. In a Sat-Sang all these rivers meet signifying Bhakti, Gyan, Vairag, Karm, Dharm and Prem.

So a Sat-Sang blesses us and benefits us much more than a bath at Kumbh.

Before I speak to you further on the importance of Sat-Sang, I peep inward and ask myself "Faqir ! instead of sermonizing others, you please tell what have You gained from Sat-Sang ?" Sat-Sang here (in the above lines) has been compared with the confluence of all the three sacred rivers, Ganga, Jamuna and Saraswati. Our Pure thoughts of love, devotion and of Yoga, is Ganga. Our actions, our efforts for worldly progress, for livelihood and our worldly dealings is Jamuna. These two are the mainstay of the house-holders. Some go to a Sat-Sang because of worldly distress, some because of the troubles of their own deeds and some for the fulfillment of worldly desires. Others go to the Sat-Sang for virtuous, meritorious and good deeds, whereas some others go to the Sat-Sang with good intentions. I too went to the Holy feet of Data Dayal Ji under similar circumstances. I was poor, unhappy with the world and greatly disturbed in mind. From my very childhood, I had a devotional bent of mind and great faith in God. What did I gain from Sat Sang ? Peace. I have attained peace. Sat-Sang has revealed to me, that every living being on this earth reaps the fruit of his or her own deeds. We are all bound and led by the nose because of our own actions. We reap, only what we have sown. This is my experience and my Sat-Sangis have confirmed it. Many people come to me with some worldly problems or with some desires. They get their problems solved and their cherished desires fulfilled. because they approach me at a time when their evil days are already over. They become rich and their difficulties disappear. I am a Brahman. I do not tell a lie. I do nothing for anybody. I only give people a positive thought and my good wishes. I have studied the horoscopes of some such people wherein it was written, that under such and such condition their problems will disappear. It proves that everything is pre-destined . This experience has convinced me, that whatever has happened with any person, or is happening, or is to happen, is all due to his past thoughts and deeds. Convinced of this Truth, I am at peace.

So far as my devotional life was concerned, I did all I could to the best of my ability. I used to go to the temples, and dance like Meera Bai, small bells tied to my ankles. I served my Preceptor, crowned him with a golden crown, presented him with a silver Huka (Hubble-Bubble) and a throne of Sandal wood. But when I myself occupied the seat of Guru, my form began to manifest in the visions of my devotees and they would come and say. "Baba ji you did this, you did that, and you accompanied a certain man at the time of his death." Such instances revealed to me, that devotion, worship, affection and Yoga are also the outcome of only sentiments arising in the mind. These two realizations have given me Peace. If now I remember God, I do not consider Him separate from me. Rama or the Supreme Being dwells in me.

दिल के आईने में है तसवीरे यार ।
जब ज़रा गर्दन झुकाई, देख लो ॥

"God the beloved, dwells in the Heart
Whenever you be desirous, bend your neck a little,
and have a glimpse."

I do face the pains and pleasures of the body, but I do not care for them, I do not feel disturbed. I remain calm, because I have understood that **what is to happen, must happen, and that everybody is sure to reap the fruits of his or her own deeds.** As I attained Peace through Sat Sang, similarly, to those who listen to me attentively and ponder and deliberate over what I say, I assume that they too will have peace.

सतसंग तीरथ राज प्रयाग ।।
गंग भक्ति यह निर्मल धारा, सरस्वति ज्ञान वैराग ।
जमुना कर्म धर्म व्यौहारा, प्रेम प्रीति अनुराग ।
घट विश्वासधरो पद दृढ़ता, गुरु पद पूरण राग ।

Sat Sang, by itself, is as holy as a pilgrimage to Paryag.

The Prime amongst all places of pilgrimage, and, also a Holy Confluence of the sacred streams Ganga, Jamuna and Saraswati.

One's Bhakti (or Devotion) is the crystal clear current of Ganga ji
One's Gyan and Vairag (Knowledge and Detachment) are the
holy Saraswati

One's Karm and Dharm (Duty, Deeds and Dealings) are the Jamuna,
As also all our good and noble attachments.

Have Faith in your Heart
And be Firm therein
Bearing Perfect Love for the Guru's feet.

What is meant by Guru's feet ? It does not mean the feet of Hazur Data Dayal Ji. Guru means such knowledge as is the Dispeller of Darkness and a power or Faculty of discrimination, as also a Correct Understanding. Thus, Guru's feet, means an attainment of knowledge or a correct understanding of things. But unfortunately this world has been licking the feet of the modern Gurus without getting any peace of mind.

A discourse may be of various types. It may be of gallantry, it may be of devotion or of worship. Every discourse has its own impact. My discourse or Sat Sang pertains to the confluence of these three. It gives Peace because I have transcended all the lower stages. I have been through the stages of gallantry, worship and devotion. I am in the final stage. You cannot expect an old man to play like children. It would be sheer folly only those people can benefit from me, who have understanding and have traversed some stages inward and who have gained some practical spiritual experience.

The subject of my Sat Sang is, Sanatan Dharma. I have explained to you the importance of Sat Sang under Sanatan Dharm. It is the occasion of Kumbha. There are different thoughts and different philosophies. Every philosophy is correct in tis own place. Men of different

natures follow these philosophies according to their mental make-up and temperament. Neither do I denounce anybody nor do I propound the case of any sect. I impart true knowledge, Peace and correct understanding by which you can live a peaceful, happy and prosperous life and ultimately attain Salvation.

You study the scriptures. There is culture and civilization in Sanatan Dharma. Great emphasis is laid therein to remain pure in thought. Word and deed. Now the question is that if we do not remain pure in our deeds, there is every possibility of clash and conflict. For example if I abuse you, you will abuse me in turn. If I attack you with a stick. You too will make use of a stick against me. This is but natural. Thus evil leads to more evil. But how should one remain pure in mind and thought ? This is a big question. If you advise someone not to entertain impure thoughts, you may be asked to explain their wrong impact. I tell you, how detrimental evil and impure thoughts are for a person's body, mind and soul. There is a man who speaks no evil, hears no evil, and sees no evil, but just entertains thoughts of enmity, jealousy, hatred, and frets and fumes within. Such a person spreads evil all around him though not in a visible manner. This is a psychology. Ponder over this. Whatever thoughts a man entertains in his mind, all have an imprint upon his brain and sub-conscious mind. When that man enters a state of dream, all his evil thoughts appear to him in different forms and scenes. All of us have this experience daily. Many see snakes and scorpions in their dreams, others fall in the wells or see other fearful scenes. Why is it so ? It is result of evil thoughts entertained by them. Their own thoughts frighten them in their dreams. But those who entertain good and pure thought, either fly in the air or see gods in their dreams. They do not see any fearful scene. So, this is the first bad impact of bad thoughts, that we suffer even in our dreams. If during day time you entertain an amorous thought it may create a woman in your dream and make you enjoy, leading to a seminal emission while you are asleep. What is this ? This is the work of your thoughts. It makes you act without your awareness. It directs you and your motor organs without being visible to you. You sit in transcendental meditation, but your mind takes you far

away from your body. You are not able to concentrate at one point. You visualize scenes, which are imprinted upon your mind by your own thoughts, impressions and suggestions. Therefore Sanatan Dharma emphasizes the purity of mind and thought. If you are pure in mind and thought, you will have charming dreams and will not face a difficulty in your transcendental meditation. You will have a smooth, happy and undisturbed life.

Second advantage:— Pure and virtuous thoughts stand by you not only in your time of need but also at the time of death. Whatever thoughts and impressions you have carried in your mind throughout your life, shall project themselves before you at the time of death. If all your life you have entertained thoughts of hatred and jealousy, they also project themselves before you in the form of Yamdoots (Messengers of Death). They shall become the Vaitarni (river of Purgatory) for you. When a man breathes his last, different thoughts of his past life come to him, and he repents or is pleased accordingly. Some say, Yamadoots have come with Mugdars (maces) in hands and have taken away the soul of a person. None comes from without to take away the soul of a dying man. Sometimes, I also had this belief that Angels come to take away the souls. But when people told me “Baba Faqir came.” Whereas I had not gone anywhere, it convinced me that nothing comes from outside. Your own thoughts appear to you in various forms according to their nature. I have told you many instances of my own manifestations before different people at different places, without my knowledge. Those who are pure-hearted, virtuous and always wish good to all, to them do come the messengers of God or Dharam Raja himself. At the time of death, your own virtuous thoughts will appear to you in beautiful forms of Gods and Goddesses or the messengers of Dharam Raj and your own evil thoughts will appear to you as Yamadoots in dreadful forms. Therefore such impressions as of the arrival of a Guru, or a cow, or Rama, or some Goddess or Lord Shiv are given to a dying man. So that his attention may be diverted from stray thoughts to a fixed form of his Isht. If once the attention is focused and fixed on one form, the dying man is saved from other dreadful

appearances because of his own stray thoughts. So the Hindus give the tail of a cow in the hands of a dying man, because they consider cow as very Sacred. It is not the cow that emancipates the man, but the change of thought from bad to good and from evil to virtuous.

So, we have many advantages of a pure mind, We will have loveable dreams. Our meditation will be easy and unobstructed and, we shall remain free from the dreadful scenes of Yama at the time of death. Therefore, I hail the Sanatan Dharma. Sanatan Dharma has shown us the right path, but we have not followed it and thus we are suffering.

Now remains the question of mind's purity. According to science, our thought-currents, spoken words and actions are not destroyed. Whatever we think, say or do, remains, in the universe and influences the minds of men, in different forms from time to time. So, for the cleanliness of the universe, Purity of Mind is indispensable. It is said that wherever the Sages of Jainism and the Buddhist Monks who believed and practiced non-violence, lived, even the wild animals of those areas became non-violent. I have not seen but have heard so. Now let me tell you what I myself saw in Shri SHIV-BARI near GAGRET in Himachal Pradesh. This BARI or small forest is spread over 5-6 square miles and it is covered with a dense plantation. There lived a Sadhu. I saw him with snakes, wild animals, cows and deer moving along with him in an atmosphere of cordiality. None of them was troubling or harassing or molesting or attacking any one. That Sadhu had a great Will Power. There were two snakes, one green colored which lived on a tree and another that would move about on the ground. The snakes obeyed his commands as if they were pets, and would come and go as he directed or ordered them about. It proves that every environment is charged by the radiation of the man who lives there, and it influences all who come within the circuit. A man may vacate one house, but his radiation and energy remain there and influence the new comer. You may not speak, you may not give any physical trouble to anybody, but, if your mind is not pure, and your thoughts are not pure

and benevolent, your surroundings will become dirty and impure. Whosoever comes there, will have the impact of your thoughts caught from the atmosphere.

I narrate to you an instance of my own life. Once I went to the Durbar of Hazur Data Dayal Ji about a score of devotees were sitting and His Holiness was delivering a Sermon to them. I was sitting on one side and listening to His Holiness, but suddenly impure thoughts arose in my mind. I did my best to control them, but failed. Hazur Data Dayal Ji at once stopped and said, "One should not entertain impure thoughts while attending a Sat-Sang. It pollutes the atmosphere." On hearing these words of Hazur Data Dayal, my mind became still more stubborn and out of control. Then His Holiness looked towards me and said, 'Faqir, I am addressing you.' I tell you the truth that despite this reprimand my mind could not be controlled, though inwardly I did my best to bridle it. Ultimately His Holiness said to Shri Bansdhari Lal "Bansdhari Lal take this Faqir away, make him stand there, and bang your shoe a hundred times upon his head. He comes for Sat Sang but pollutes the atmosphere." I was caught by the arm to be taken away, but Pandit Vishnu Digamber, a respectable man, caught my other arm and kept me there. The Sat Sang ended. I fell at the Holy feet of Data Dayal and prayed, "Maharajji, my mind was beyond any control." This monkeying mind of ours is most restive. It is not an easy game to control it and entertain pure thoughts, all the time.

O' Fellow travelers ! what can I give you ? I have myself not lived a very pure or an ideal or a perfect life, but yet I tell you my own experiences to prove that our thoughts have a very powerful influence upon your environment. Study the conditions in your own homes. A quarrelsome lady keeps the atmosphere tense with her thoughts if she frets and fumes. No peace and prosperity can come to such a home. Sometimes you feel irritated at the very sight of a person and sometimes you feel pleased by seeing another person at very first sight, why is it so ? It is the law of radiation that works. Mind, thought and word invisibly travel at the fastest possible speed. This is an age of science. People ask for proof. So far I

have told you from the religious point of view. Now I explain this law from the scientific point of view.

About a year ago, I read an article in a newspaper, that the Russian scientists have invented an instrument by which they can screen the mental vibrations or thought currents of even a man who has just died. They are now making improvement in this instrument. It is said that there was a very great scientist who had made inventions and had many more plans in his mind. But he died without giving any practical shape to his plans. These scientists fixed that instrument to his forehead with a screen fixed to it. When that instrument was turned on, all the plans in the dead scientist's brain, his research project and all his thoughts were projected on the screen in various ways. A person is lying dead, his lungs do not breathe and his pulse does not beat. But yet whatever he thought in his life time, still persists. It proves that a person's thoughts do not perish even after the person's death. Sanatan Dharm scriptures are replete with Sublime knowledge, and have directed man-kind to remain pure in mind, thought, word and deed. The research of the modern science reaches the same conclusion. Which our Sages had arrived at millions of years ago. You have come for Sat Sang. I impart you true knowledge. You do not have any attractive scenes of singing and dancing here. I speak about the very state where I dwell I cannot entertain you by cheap talk. If you have come for Sat Sang, you are welcome and you are fortunate. But, if you have come for sight-seeing and merry making or sheer fun, you are mistaken, You have only wasted your valuable time. This is a Sat Sang and not a puppet show.

I have proved that Sanatan Dharam and the Science of Saints are different in no way. They are ONE. Do not think I am favoring Sanatan Dharam. This is only Plain Truth which I have realised after a long inner struggle. I have lived a practical life. I have established Manavta Mandir at Hoshiarpur. Very few persons live there I do not permit Sanyasis or Sadhus or bad persons to stay there. People in distress who visit the Mandir, say "Baba Ji, by sitting in the temple for an hour, we get peace." Why do they get peace ? The law of radiation works. Saints are worthy of

praise, because they are always calm and peaceful from within and they radiate it all around. If you sit with affectionate persons, you will get affection, if you sit with the peaceful, you will get peace if you sit with the wicked, you will become wicked. Hazur Data Dayal Ji who initiated me into the Radhaswami faith or the Sant Matt, writes :—

मीठी बाणी बोलो मुख से, मन रहे निर्मल शुद्ध शरीर ।
कडुवा वचन कलेजा छेदे, हिंसा की तलवार ॥

“One should ever speak sweetly
It keeps the mind pure, and body unblemished
A harsh word pierces the heart;
Verily, it is a sword of violence.”

His Holiness asks us to speak sweetly because, sweet speaking not only keeps your mind pure, but also your body unblemished. It may be a wonder for you. Study the face of a criminal and an ordinary man. You will find a great difference. The Police authorities are expert in reading the face of a criminal and an innocent men. Face is the index of mind. Face is the projection of the inner self of a person. The face of a greedy man is of a particular type and of a lustful person is of a different type. Even otherwise if you see your face when you are angry , you would see that your face is totally changed. A wrathful man should keep a looking glass with him and see his face now and then. His wrathfulness would decrease. This is a psychological treatment. Hazur Data Dayal ji writes :—

मीठी बाणी मुख से बोले, मन रहे निर्मल शुद्ध शरीर ।
कडुवा वचन कलेजा छेदे, हिंसा की तलवार ॥
जिभ्य बांधे क्यों फिरते हो, भाला छुरी कटार ।
उर में साले सुनने वाले, दुखी बने दिलगीर ॥

“One should ever speak sweetly
It keeps the mind pure and body unblemished

A harsh word pierces the heart
Verily 'tis is a sword of violence
Why do you carry about your tongue
Armed with an axe, or dagger or the sword
He who stores harsh words in mind
Remains unhappy and dejected.”

Those who speak bitter words only add to evil. If a small man speaks bitter, the contribution would be wider. You all know about the Mahabharat War. What was the cause of this Great War ? It was caused by the taunting words of Draupadi The Pandavas had built a beautiful Palace in which the dry ground appeared to be watery. When Duryodhan visited it, he could not judge well and took off his shoes to go through the watery court-yard, which in fact was dry. Draupadi was watching him sitting in the balcony. She laughed at him and remarked ridiculously, “Blind Born in over blind”. These bitter words spoken by her in jest, ultimately led to the out-break of this great War, results of which were not only faced by Draupadi alone, but also by all her husbands and children, nay, in fact the entire humanity. Now think about the result of four bitter and biting words spoken by Draupadi. Her tongue worked as a dagger for Duryodhan. The philosophy of Sanatan Dharama is sublime, that is why I say “I hail Sanatan Dharma”. This is the oldest Code of Conduct formulated by the First Manu, and its first principle is the purity of mind, word and action.

मुंह तो बना भयानक बांबी, निकलें बिच्छु सांप ।
डस डस खांय घाव करें गाढ़ा, महा समझो यह पाप ।
प्राणी कुछ तो सोच समझ मन, न दे पीर बेपीर ।।

A foul mouth is a dreadful abode
Of snakes and scorpions,
They bite the body and cause deep wounds
So, know it to be a hideous SIN
O' man, ponder deep in your mind
Give no pain to others, O' thou Guru-less one !

Many people in distress to me. Someone's wife is sharp-tongued, some-one's husband is ill-tempered, Some-one's mother-in-law is harsh, and someone's daughter-in-law is discedient. They lack the art of sweet speaking. They do not tolerate the words of one another and remain unhappy. Then they run after the Sadhus and Mahatmas seeking solutions and remedies. What do the true Saints give to such grieved people ? Hazur Data Dayal Ji used to say. "Faqir when troubled and tormented by the world, the mentally disturbed people come to you, you just give them your love and affection, and they go back happy." An encouraging word for the discouraged, and a sympathetic word for the dejected, works greater wonders than any material or monetary assistance.

Some women are very short-tempered. They think that their ill-temper is only short-lived and it does not have any lasting ill effect. They are sadly mistaken. A mother who breast feeds her child in an angry mood, feeds the child not only her milk but her anger as well. The child will carry the effect of anger throughout his life. He too, will be short-tempered like his mother. Many couples come to me. The women complain, "Baba Ji, my child is very hot-tempered." Now what can the poor Baba Ji do in a case like this ? Face the consequences of your own deeds ! Your anger, your jealousy and your fretting, influenced your child. I am not quoting any ancient scriptures, but I speak out to you my own experience. Whatever I speak to you is my "SERMON ON THE MOUNT." For you. "Guru's word is the sublime counsel." Take my Sermon to be NAAM DAN. You belong to different religions. Have you ever heard such a discourse from any other Mahatma ? Has any Mahatma helped you to improve your house-hold life? Just think, And, think AGAIN !

The Abode of the Guru. I have an experience of the place. Where I will go after death. What I have understood about the Abode of the Guru is, that it is a Place of Peace. People is his Abode, and, His abode is peace. You read any Vedic text, it ends with the words, "OM SHANTI ! SHANTI !! SHANTI !!! i.e., "Om Peace! Peace!! Peace!!!" They read, Shanti Brahma, Shanti Vishnu....." The desired Abode of the Saints is also Peace. This

world is drenched in the dreadfully deceptive darkness of ignorance. Those people, who can really understand the Radhaswami faith are yet to be born. The propounder of the Radhaswami philosophy Shri Hazur Maharaj Ji writes :—

मेरे प्यारे राधास्वामी दाता रे ।
मेरे जीवन के प्राण आधारे ॥
घात माया ने किये बहुभांति ।
निरख दे बख्शी मोहि शान्ति ॥

“O My beloved Radhaswami, my benefactor !
You are the supporter of my life's breath,
Maya has ambuscaded me variedly
O' Thou considerate one ! Bless me with Peace.”

These are the words of Hazur Maharaj Ji, eulogizing the Guru, who is most considerate and beneficent and who is the Giver of Peace. The Guru transforms the thoughts of the individual and imparts quite a new thought. What do I give to you ? I am also giving you a thought, quite a new thought a brand new thought, POTENT and VIBRATING. But you prefer to believe only those who deliberately deceive you, who keep you in the dark and throw a dazzling dust in your eyes. It is only Sanatan Dharm that is your real eye-opener. Sant Mat is also an eye-opener and Radhaswami Mat too is an eye-opener. There is no different in them. But, alas, neither the followers, nor the preachers of the Radhasawami Faith know the Reality, and nor do those of the Sanatan Dharm. People are being fooled, books are quoted, melodious hymns are sung and the ignorant people duped. They dance to the tune of their so-called Gurus and Acharyas.

क्यों मुख बना नरक की खानी, दुर्गन्धि स्थान ।
जब बोले तब निकसे संडायंध, समझलो चतुर सुजान ।
इस करतब से जाय पड़ेगा, नरक कुण्ड के तीर ॥

Why do you make your mouth the Devil's Den ?

Verily a place stinking with SMELL.

Whenever you open it, it is only to put your foot into it, and its stench.

For it reeks, it smells like a public Latrine

HEED ! O thou very smart one !!

Such deeds of yours will only land you

Right on the Shore of HELL itself.

I have given you an idea. of what Hell means, metaphorically speaking. When a man dies, his Surat or subtle body or Soul leaves the physical body. If his mind is anxious, jealous and evil, all his evil thoughts will appear to him in the form of snakes and scorpions at the time of death, and frighten him. This is the Alpha of Hell You must be knowing about your dreams. Many see good and charming dreams whereas others see dreadful dreams. Life itself is a long dream Hazur Data Dayal Ji has very correctly written, " Thou shall fall in the Devil's Den or deep caverns of Hell." Some people say there is no Hell Well, there may or may not be a separate region, stamped as Hell. But Hell IS there all the same. Now, you would ask for a proof. I have no scientific proof to give you, but I can give you an instance to prove the existence of Hell.

There is a gentleman, Subedar Hazari Singh, He is a great devotee of time. Once his uncle had an ulcer in his rectum and he fell ill. It took a very serious turn and the village Doctor declared it incurable and unfit for operation. People insisted on an operation as a last resort. Ultimately he was operated upon. Within half an hour, he became unconscious and people gave him up for dead. But after about an hour or so he regained consciousness and told his secret story to Hazari Singh as to what had happened during his unconsciousness. He said, " I was carried away by two men. My subtle body was equal to the size of my thumb. One of those men, put me on his palm and flew away. We reached a place where a very black and dreadful goddess was sitting. Her tongue was red and she had horns. She was emitting fire from her mouth. Many more subtle

bodies were lying there and she was eating them turn by turn.” He said that he felt frightened and pleaded that he may be allowed to see one man. But his request was turned down. There was no such rule. But he again pleaded repeating his request, saying, “When even a murderer is to be hanged on earth. He is permitted to see anyone he likes. But why no such rule exists here ? Then he was asked, “Whom do you want to see ?” He replied, “Hazari Singh.” They permitted him and the soul of Hazari Singh was also brought there. He said that he asked Hazari Singh to request Baba Faqir Chand Ji for his help at that critical time. At that very moment my form appeared there and said to those people, “ You cannot do anything to him.” Baba Ji picked me up from there and threw me down on earth and I regained consciousness.” Hazari Singh came and told me the entire story. O’ men of the world, I tell you the Truth. I did not go to save him from that dreadful goddess. Who went there, and who was that dreadful goddess ? They were only reflections and projections of the thoughts and impressions of his own mind. His bad deeds and evil thoughts took the form of the fearful goddess and the fire coming out of her mouth, whereas his affection for Hazari Singh and his devotional feelings took the form of Hazari Singh and mine, because he had heard about me from Hazari Singh. So, his affectionate, pure and devotional thoughts saved him from that Hell. This shows the importance of a pure mind, speech and actions.

You would say, “It is only a yarn spun by you.” Well, I give you another instance. There is one Seetoo Baba in Hoshiarpur District. He has no physical body. He has only a subtle body and speaks in whistles. People come to him in large numbers and ask him different questions. He responds in whistles and goes to the place or person about whom the question is asked. After some moments he returns and answers the question in whistles. Originally, Seetoo Baba lived at village Mubarkpur just three miles from my village. Now the Disciple of Seetoo Baba has left the Hills and come down to Basti Gulam Hussian, a village miles away from Hoshiarpur. Once I also went to Seetoo Baba, when I had

appeared in the Second Middle Examination. My father was employed in Railway Police and posted at Pind Dadan Khan Railway Station. He had not written to us for many days. So I asked Seetoo Baba about my examination result and about the welf being of my father. Seetoo Baba replied in a whistle and left that place. After some minutes he returned and said in whistles, “ I have seen your result with the Register, you pass.” Then he told me about my father, “ Your father is quite all right and he is puffing at a Huqqa (Hubble-Bubble) sitting in a kitchen adjacent to a Police Post,” I passed the Examination, and my father was also well at the time when I had enquired about him. This is an incident of the time, when I was 13 years old, I have told it to you to prove that a subtle body can and does exist even after one's death.

Every body irrespective of his position, status, devotion and donations to temples and Sadhus HAS to bear the fruits of his deeds, words and even thoughts. I do not want to go to Hell So I speak out the Truth and I swear that I do not go anywhere to manifest myself in the visions of my devotees. But other Mahatmas do not say so, rather they say, “Yes I had gone to conduct the soul of your father to Heavens.” All this is a fraud. But unfortunately, no body is willing to listen to the Truth revealed by Sanatan Dharma and the Sant School of Thought. If I do not speak out the whole Truth and instead collect money from you and take undue credit that my blessings have given you a son or prosperity, I would also face the same fate as befell the uncle of Hazari Singh. Hell surely exists for those who are not pure in mind, thought and deed. I am imparting you such knowledge, by which you can make your life a success. You are fortunate to have this human body, which is priceless gift from God. Do not damage it foolishly. Singing and chanting hymns is also a part of Sat Sang , but is not so useful and fruitful as a True Sat Sang.

जब बोले तब मीठी वाणी, वाणी अधिक सुआद ।
उत्तम पुरुष की है यह रीति, राख धर्म मरजाद ।।

जन्म मरन दुख याद कर, कूढ़े काम निवार ।
जिन जिन पंथों चालना, वह ही पथ संवार ।।

“Whenever ye speak, speak ye only sweet
Let thine words be most pleasing,
The truly Noble follow this principle
And maintain the tradition of Dharma.”
Now, what is this tradition of Dharma ?
“Think of the pangs of birth and pain of death
And indulge not in frivolous activities
Make plain and prepare only such paths
As you desire and seek to tread upon !

Sanatan Dharam is meant not merely for India and the Indians. In fact it a way of Life meant for the entire human race. Every human being should keep his mind, thoughts and actions pure, because everybody is to die one day and present his account and everybody is sooner or later bound to face the projections and actions of his mind his thoughts, his words and his deeds.

पहिनो संवर सिंगार के तन पर, शील स्वभाव की चीर ।
ऐसा पुरुष विवेकी कहिये, पंथ का साध फकीर ।।
आया जब राधास्वामी मत में, निंदा कुबानी त्याग ।
गाता रह आनन्द हर्ष से, शब्द का मंगल राग ।।

Adorne thy body
With clothes of a serene demeanor,
When you have come to the Radhaswami faith
Renounce harsh words and condemnation
Sing rapturously and joyously
Songs about the Blissful WORD,
Such a man is truly conscientious, and awake
He is a true Saint and FAQIR treading the path of Salvation.

I was telling you about the importance of Sat Sang. I again come to that very point.

सत्संग तीरथराज प्रयाग ।
गंगा भक्ति बहे निर्मल धारा, सरस्वती ज्ञान वैराग ।
जमुना कर्म धर्म व्यवहारा, प्रेम प्रीति अनुरार । ।

SAT SANG, by itself, is as holy as a pilgrimage to
Paryag—the Prime amongst all places of pilgrimage
One's Bhakti (or Devotion) is the crystal clear current of
Shri Ganga Ji.

One's Gyan and Vairag (Knowledge and Detachment) are the
Holy Mother Saraswati
One's Karm and Dharm (Duty, Deeds and Dealings) are the
sacred Jamuna,

As also all our good and noble attachments.

From Sat Sang you learn the Art of Living and the art of doing good to others, which makes your this-worldly life happy, and the other-worldly life peaceful. I do not believe in the sanctity and importance of Kumbha, and I also do believe that the Ocean was churned. But in reality this refers to a “Spiritual Churning. It is only when Full Fourteen GEMS are churned cut of body and our life, that we are reformed and RE-formed. Actually, these fourteen gems consist of Five operative organs (Karamindryan). Five sense organs (Gyanindryan) and four more viz: Mind (itself), with its aspects of Consciousness, Intellect and Ego. These fourteen gems end up in a Kumbh (the pitcher of Nectar). What is this Nectar ? This is Real and Higher Knowledge pertaining to soul and God. This is attained from Sat Sang. During a Sat Sang you become conscious of your Self and that SELF of yours is immortal and imperishable. You come to realize, that Real you in you is neither the body nor the mind: neither you are the thought nor the intellect. All your faculties and tendencies merge in one center. That state of Realization is known as the Kumbha or the Pot of

Nectar. This a practice of Yoga and it is beyond the comprehension of common man. The teachings of our Sages are perfectly correct.

घट विश्वास, इष्ट पद दृढ़ता, गुरु पद पूरण राग ।
तीन त्रिवेनी कर स्नाना, जागे सोया भाग ॥

A firm fortified with

A perfect love or Guru's feet

Means a bath thrice over in the Holy confluence of Triveni

For, it awakens one's sleeping fortune.

Your sleeping fortune is awakened during a Sat Sang. "Bhag" means one's share or fortune or lot in life. Our body is comprised of five operative organs, five sense organs and Mind, Consciousness, Intellect, Ego and the Self or Soul. These are an individual's lot in life. In a Sat Sang all these organs and faculties are awakened, which otherwise are asleep. We become aware of our dormant faculties and these become for us a source of profit and pleasure. People ordinarily think, that if you attend Sat Sang, you will become rich and prosperous Gain or loss of wealth depends on your deeds of the past. Whatever you have given or invested or sown, you must get or reap sooner or later..

सुगम सहज सुख मंगल दाता, सुलभ जो सेवै राग ।
नहाये धोये निर्मल मन चित, छूटे कलि मलि दाग ॥

If a devotee affectionately surrenders himself to

The ONE Who is easily accessible, and is

The Giver of all that is Good and Acceptable,

He washes himself clean of all the dirt and dross.

And the dust and rust of his sinful mind,

Thus he removes all the stains of the foul filth of KALI AGE.

It is said that the filthy stains of the dirt of the KALI YUGA are removed in a Sat Sang. Kaliyuga here, (metaphorically) means a state

of mind. When the intellect of a person becomes clouded or becomes vicious and he fails to correctly understand anything. His mind and intellect think evil and work evil. He remains mentally disturbed. When such a man goes to attend a Sat Sang, his dormant faculties get awakened by listening to the Sermon of an Adept, the lamp of love is lit up in his mind and his mind is enlightened, and thereafter all the filthy stains of evil thoughts, words and actions get cleaned. This is the common importance of both the Sanatan Dharma and the Sant Mat.

बगुला वरति हंस गति पावे, कोयल वानी काग ।
जीते जी तत छिन फल पावे, इच्छा होय सो मांग ।।

(By Sat Sang at Guru's feet)

Even a person with the mental make-up of a heron
Can attain to the Destiny of the Swan,
And one who Caws like a Crow,
Can become the sweetly singing Cuckoo
During his very life-time he attains his heart's desire
Let him ask of God any boon he pleases !

His Holiness Hazur Data Dayal Ji writes, that a man of Heron's mental make-up become a Hansa (Swan). Do you know what a heron does ? This white feathered bird is most cunning. He silently stands on one leg in the water and pounces upon a fish as soon as it comes within his reach. And what do we householders do in our daily lives ? Our intentions are just not good. We indulge in all sorts of hypocrisy corruption mal- practices and cheating for petty and selfish gains. Consequently, we face miseries and all types of troubles. I tell you about my own family life. I was posted at Basra-Bagdad. I used to send all my pay to my father. When I came on my annual leave, I saw that my father had constructed a house on the land of his nephew Shri Munshi Ram, for me and my younger brother. In the presence of my father I asked my elder brother, "The land on which you built this house, belongs to Shri Munshi Ram. How have you got this land ?" My brother boastfully

replied, “ Munshi Ram had become a victim of many vices. We started lending him money, with the intention that, he will often borrow and will ultimately fail to return our money, and we will have his land for our money. And It has happened so. We asked him for that piece of land against our money, and he agreed. Thus we constructed our house here. Now this is our land.” Then, I said to my father, “Father, you have got this land by unfair means None of us will be able to live in this house.” My forecast proved true. I built my house at Hoshiarpur, my younger brother built his house at Poona. The village house remained uninhabited, and now it is a dwelling place for crows and pigeons. Poor Munshi Ram is living in a small room. The members of my family acted like a heron. Inwardly they had different intentions, whereas outwardly they expressed their sympathies and lent him money. They lent money not out of a humanitarian motive but for acquiring land. Those who practice double dealing and are hypocrites ultimately suffer in life.

Those, who have come from far off places for Sat Sang, should listen to me attentively. Try to reform yourself. Only then you will get liberation and peace. You cannot attain peace simply by bowing to Baba Faqir or by garlanding him, or by offering him sweet- meats and money. You can attain peace and Salvation by listening to my words attentively, by pondering over them and by acting upon my words in your practical life. I speak to you the Truth, so that my “Self” may not be stained by Sin. Listen again to what I said :—

बगुला वृत्ति हंस गति पावे, कोयल बानी काग ।

By Sat Sang at Guru's feet

Even a person having the mental make-up of a heron
Can attain to the status of a SWAN.

Even persons having mean motives on coming to a Sat-Sang start thinking on correct lines. They become capable of discriminating between good and evil. Thus, they abandon the mental make-up of a heron and

become Swans, for a Swan has the faculty of separating milk from water. The next line is, "Even a crow can become a Cuckoo." Cawing of a crow is very displeasing for the human ear. But Sat Sang turns it into a Cuckoo's song. It means, that after Sat Sang, man stops uttering unpleasant words. He starts speaking sweet, and is welcomed and liked by all, like a Cuckoo.

जीते जो तत क्षण फल पावे, इच्छा होय सो मांग ।

During his very life-time, he attains his heart's desire
Let him ask of God, whatever boon he pleases.

Remember always, that whatever you get, is the result of your own thoughts and deeds. "As you think, so you become; as is your faith, so is your fate; and as you sow, so do you reap." These are the words of my Preceptor Hazur Data Dayal Ji Maharaj.

When a man develops his understanding, his volition, his thoughts change. Due to change in thoughts, his life takes a turn for the better. Numerous people come to me and then go and give me a lot of publicity. "Baba Ji has done this, Baba Ji has done that." I swear and say, that I do nothing. I simply give them hopeful, encouraging and optimistic thoughts. I remove their pessimism and negative thinking. On my own I do not bring about any miraculous change in them. It is only their own positive thought, that changes their life, So Sat Sang is something most important.

काम अर्थ धर्म मोक्ष जो चाहे, ऐसे तीरथ भाग ।
राधास्वामी दया से पूरण कामा, गुरु संगत नित जाग ॥

If there be any who be desirous of
Edification, Economic uplift,
Enjoyments, and Emancipation
Let him then run and resort to Sat Sang
Which is the Prime Place of Pilgrimage.
God's Grace will then rain on you

And your heart's desires will be fulfilled
Remain ever-awake and ever-alert
In Guru's Company.

People come for Sat Sang. but they soon doze off and fall asleep. They do not listen to what is being said in the Sat Sang. Such people gain nothing from the Sat Sang. "Even awake in Guru's company means, that when you go to Sat Sang, listen to him attentively and continuously gaze at his face without winking your eyes. So long as you see him intently, the energy and radiation emanating from his eyes, and from his lips and face will enter your body and mind through your eyes and ears, and shall edify you by cleansing your mind. Eyes are the most important media to convey and receive the inner feelings. Therefore it is said :—

सन्त का देख आंख और माथा ।
सन्त का नूर रहे तिस साथी । ।

Behold the eyes and the Forehead of a Saint
And gaze at him continuously,
Then you will absorb the LIGHT emanating from him.

While sitting in the Sat Sang, always gaze at the eyes of the Saint. Fools scoff at the Sat-Sang, but the deserving aspirants digest the discourse in their minds, and remain to pray. So, only true aspirants should come for the Sat Sang. The sight of a Saint or even a chance glance transforms the life of a true and honest seeker. Eyes have the greatest quality of transmitting one's inner feelings, thought-currents and radiations. At the time of love, they are of one type, whereas in anger they are of quite a different type. You may not speak even a single word, but your eyes, by a stern stare, can frighten anybody. So, in order to receive the inner energy of a Saint, you should gaze at his forehead and eyes. Not only his energy and radiation, but also his qualities of head and heart will travel into you through the windows of your eyes.

To, me you are my dear brothers. I have my heart-felt sympathy for you. I am thinking as to how can I do any good to you ? I am not a magician. I cannot enchant. Whatever I have experienced and understood out of life, I speak out to you, but at the same time I do not claim that, whatever I say is the final word on any subject. Whatever research I have done so far; I narrate to you. I do not deceive anybody . I am obeying my Preceptor to the best of my ability. I am free from all worldly responsibilities. Now my "Self" is without any heavy burden upon it. No "negative pull" pulls me yet I know not, where I shall go after death.

चलना है रहना नहीं, चलना विश्वे बीस ।

All are bound to part and depart
None shall stay on and stick on
This is the positive TRUTH
True cent per cent !
There fore I say unto you all :

काल करे सो आज कर, आज है तेरे साथ ।
काल काल तू क्या करे, काल है काल के हाथ ।।
धीरे धीरे दिन गया, ब्याज जौ बढ़ता जाय ।
ना हरि भजा न ऋण भरा, काल अचानक आय ।।

Better do today what you have to do tomorrow.
For Today is the "present" held in your palm
It is in your grip, in your grasp.
"Tomorrow " belongs to TIME,
The Great Leveler like DEATH.
The sands trickle down
Faster than your eye can catch them
The "compound interest" that you have to pay
On the "Time Drawn" is mounting every moment.
Beware ! you are neither paying off your debt

Nor are you investing your time in God's Bank.

Nor laying up your treasure in heaven.

Behold ! and Beware !

Death, like a lightning flash, will come and claim you any minute,
any moment.

I have paid up the debts that I had piled up. I am happy and relaxed. “ 'TIS FINISHED !” Thank God. I came at this occasion of Kumbha and have spoken to you about my experiences. If any one of you thinks that my work is useful for mankind, he may help in the publication of my these observations on the Sanatan Dharam and the Path and the Science of the Saints.

What is Guru's real service ? Proclaim by Practice the Precepts of the Preceptor. Guru does not mean Mr. Faqir Chand who sits before you as a lump of flesh and bones. If you propagate my person it will only result in an all-round misery. So you please propagate the preaching of the Guru. Spread the knowledge that he imparts to you. Guru is not a human-being Mr. So and So but it is “Realization.” This realization is given to us by Sanatan Dharam, by Radhaswami Dayal, by Data Dayal, by Kabir, by Nanak, by Dadu, by Paltoo. I have changed the mode, the method of Explanation of that Realization, of the manner of its presentation. I am presenting only the old wine in new bottles, and with no new label, in order to attract the buyers, and seekers. If you wish to serve me, spread my WORD. It may put some one on the right path and save him from exploitation. I do not need money from you. Though I have founded the “Manavta Mandir.” Yet it is not my personal property. I have tried to remove the religious differences between man and man in order to bring mankind on the right Path, so that people may live a happy life of peace, Progress and Prosperity. I have explained to you the ART OF LIVING a happy life. Now it is up to you to accept it or reject it.

MAY PEACE BE UNTO YOU ALL.



Chapter VII

INITIATION

UJJAIN. 11-5-1968

Before I speak anything to you, I question myself, "Faqir ! what are you doing ? What mania has possessed your mind ? Why have these people come for the Kumbha Fair ? Why do they want to have a bath early in the morning ? You too have come to me because of some mania and these people also have come for the Kumbha Bath due to that very mania. Some people have come just for fun, others have followed others, some have come in search of something and many are here due to one or other thought. From my very childhood, I undertook a long journey in search of "SOMETHING". What is that "SOMETHING" ? It is unknown.

The "Self" of an individual is always in search of a certain "SOMETHING." But, it is not always clear even to himself what that certain "SOMETHING" is. Sometimes he considers that it is wealth, sometimes he thinks that It is some woman, sometimes he believes that It is Divinity and sometimes he opines that It is Yoga or knowledge. It is very difficult for him to arrive at any definite conclusion. Under such circumstances who is the Perfect Judge to decide as to what this "SOMETHING" is ? He is an Adept, a True Saint, a Realized Soul who can define to you this "SOMETHING."

तू सच्चा है मुझे सचाई बख्शा, बख्शा सतगुरु प्यारे ।
तू प्रकाश है तेरी दया से प्रगटे, घट में रवि शशि तारे ॥
तू दाता है दान दे मुझको, नाम रत्न धन का स्वामी ।
मेरे मन में आके समाजा, तू है है अन्तरयामी ॥

“Thou art True, grant me Truth
Aye ! O' my Adorable Sat- Guru
Thou art Light, With thy grace
May manifest within me, the Sun, the Moon, and the Stars
Thou art Magnanimous, grant me O' My LORD and Master I
The wealth of the WORD
The WORD that became flesh
Come thou and dwell in my mind
Thou art the Knower of ALL one's within

I was driven by a mania to know this “SOMETHING” from my very childhood. I went to the Darbar of Hazur Data Dayal Ji to know this “SOMETHING”. He deputed me to do this divine duty of delivering Discourses so that I may get to know this “SOMETHING”. At that time, I had determined that I will declare the result of my realization to the world. So, I am fulfilling my pledge by narrating to you my experiences in this right royal Realm. I tell you honestly that there is no difference between Sanatan Dharam, Radhaswami faith and the School of Thought of the Saints.

I have explained to you with examples, that the origin of the entire Creation is because of Desire. The Creator of this Cosmos, rather all Creation. is some Super-Soul, who created the First-Man with His desire or Thought Power or Will Power. The Creator or the Bhagwan is that Super-Soul, whom these eyes cannot see nor the senses visualise. The sun, the Moon, the star, the Mountains and the rivers are all parts of His body, which is known as “Virat Purusha. He has mind and soul as well, which are known as “Avyakrit” (that cannot be seen) or “Hiranyagarbh” (Like Golden Light). He cannot be seen by this eye, but by the inner eye. The Saints call, the Creator of this world “KAL,” whereas scriptures refer to Him as “Sohang-Purusha.” There is a different of words only. The Truth is the same which is described differently.

Now the question arises as to who can reveal or describe to you this Creator? He can be known only through the Guru if you have a correct

understanding. Without a correct understanding, and without a strong will Power or the Power of thought, you cannot form even an iota of an idea about the Creator. Therefore the status of the Guru is Supreme, because he is the Good and Great Guide on the Path of Truth. As I told you there are two paths in this world, the pravritti Marg or The Path of Action and the Nivritti Marg or the Path of Renunciation. In both these paths, primarily it is the desire that dominates. In both, your success depends upon the intensity of your desire, your volition or your thought. So far, I have failed to conclude, whether an individual has any real control upon his volition and desire, or whether even one's thoughts are controlled by some Supreme Power. At this point I throw my hands into the air and sa "God, it is only Thy Will that is always DONE."

Guru Nanak writes :—

करे करावे आप आप ।
मानस के कुछ नहीं हाथ ॥

"Whatever happens, is done or got done by Him alone
It is only HE who prompts all living beings to word and deed
Nothing is in human hand."

Saint Tulsī Dass also writes :—

होय वही जो राम रचि राखा ।

Only that happens, what God has already determined and decided.

But I have not been able to arrive at any DEFINITE conclusion so far, but I do know that whatever we gain or lose, it all depends upon our own desires, past and present. Your desire forms your life.

I have explained to you all the techniques and method of entertaining positive, good and virtuous desires and thoughts, as revealed by our Sages, so that you may live a happy and peaceful life.

EMANCIPATION :— The method of attaining Salvation from dire distress is learnt only by those who are fired with a burning desire in one's heart. If you have a burning desire to liberate yourself from the worldly afflictions and to attain a state of desirelessness, even then, the very desire for a state of desirelessness shall help you. I give you an example out of my own life. I went to the Durbar of Hazur Data Dayal Ji with a Desire to know the Supreme Lord: and this desire helped me to achieve my motive. Today I have learnt another new thing. Shri Bhoop Singh, (Who is now tape-recording my these discourses) has been in my company for the last six-seven years. I have rarely paid any attention to him. Now, he is here with me. He has tape recorded all my discourses and will take them to Delhi. I was sitting. A passing thought came to me as to why Bhoop Singh has been ordained by God to accompany me ? I never asked him to accompany me or tape record my discourses. Though he has been discussing with me many problems. But I never enquired of him about his whereabouts, because there are so many people who come and go. Then I called Bhoop Singh close to me and said, "O' child, I do not possess anything. I had a desire that my discourses be tape recorded, which you have now done. What can I give you ? I wish you well. May you have a happy life and attain peace. May you attain your object for which you are with me." After this he narrated to me his story, which he had never told me before.

He had done some evil deed and because of this he used to remain unhappy and disturbed in life. He said that many a time he decided to commit suicide. He thought of jumping down from the Qutub Minar, but then abandoned the idea with the fear that he may not die and become disabled, for life which would be worse than death. Later on he decided to jump into the Jamuna river, but again he changed his mind, as he knew swimming and feared lest he should swim his away out. Lastly an idea struck his mind. He was working in the Electricity Department and he decided to catch a live wire and die instantly. With this thought, he came to his room and laid down in his bed. He tells that

after some moments my form appeared before him in that room and said, "Bhoop Singh ! wake up !! Sleep no more !!!.] He raised his head and saw me saying. "Bhoop Singh ! Wake up !! your good time has come, work and reform and Re-form your life." He says that, after having said this, my Luminous form went up the stairs towards the sky in the form of Light and disappeared. Soon he was himself again. He says that he met many people and asked them about the significance of that incident, but none could enlighten him. He further said that when the residence of Seth Durga Dass was under construction in Delhi, he came to attend my Sat-Sang there. When he told me that he was a great sinner, I exchanged my cap with his cap and said, "Now you are not a sinner change your life, be happy and grieve no more....."

I tell you people on oath that I did not go to say anything to him, like: "Wake up !," nor do I know anything about this incident. It was his own conscience that cautioned him asking him to Wake up, because he was unhappy due to evil deed and he had a burning desire for release from the tormenting thought of his guilt. He wanted emancipation from that mental torture. So his own Karm for emancipation guided him assuming my form. This has been experienced by many individuals in varied ways. Some people see Rama, others see Krishan, some see Lord Jesus Christ. Because people do not know the Reality behind these manifestations, they begin to worship these forms. Some worship Baba Faqir. People are followers of one God or the other. Consequently, the entire human race is divided into antagonistic, communal and rival sects. Some are busy in raising colossal memorials to the memory of their Gurus, some are busy in building temples to Rama and Krishan. Others are busy in constructing Mosques with tall towers. If one brick of a Mosque is removed by a Hindu, there is a communal bloodshed and if one page of some Holy Book is torn away by someone, it is avenged by the cutting of human throats. What a pity ! What a sad, bad and mad state of affairs ! This is all due to sheer ignorance of Truth. You are not aware of the true nature of such manifestations that are seen or visualized by you. I have come to awaken you and declare to you, 'O' Man ! whatever is seen or visualized by you, is

your own thought, or due to your own Desire or the result of your own Wishful Thinking or the result of your own Karm. Your savior, your supporter and your helper is your own Mind or your own Desire. If you wish to remain safe from evil, entertain virtuous thoughts, Nature will automatically keep you in a favorable environment or the environment will automatically become favorable to you.

I have come to this world with a particular Mission. My mission is to bring unity among all religions. Human race is divided into different religions and sects due to sheer ignorance. This very ignorance led to the partition of India and the great communal holocaust of 1947, the effects of which are visible even today. A sad state indeed. Therefore, I am a follower of the Philosophy of Saints who propound. "Your own desire is the root cause of your happiness and unhappiness. Surrender your desire or Maya at the Holy feet of an Adept or surrender yourself to a Saint so that you may have a correct understanding, True knowledge of the Divine secret, and a correct line of Action. This is the motive of my mission and my work. You people are miserably engrossed and entangled in the complex cobweb of worldly desires and thus you suffer or enjoy accordingly. You lack the art of entertaining good, positive and virtuous thoughts and desires. I wish you should know the Art of Living and the Art of Leading a happy life.

Different people with different types of problems and complaints often come to me. Some are unhappy and grieved due to poverty, and others complain about the looting of their wealth by others. I tell you an anecdote. Krishan and Sudama were class-mates and they used to live in the hermitage of their Guru for their studies. There used to be no distinction of caste and creed in the hermitages of those Sages of yore. All disciples enjoyed equal rights and performed all duties without any favouritism to any one. Once Sudama and Krishan went to the Jungle for collecting firewood. The Guru's wife gave some fried grams to Sudama so both may eat when they felt hungry. She also gave him instructions to share the grams with Krishan. They left for the jungle. It started raining and

they could not return that evening. They had to stay in the jungle for the night. Both climbed a tree and sat on different branches for spending the night. When Sudama felt hungry, he stealthily started to eat those grams. Krishan sensed it and said, "Sudama, what are you eating ?" Sudama, telling a lie, said, "I am not eating anything, my teeth are clattering with cold." For this little lie, Sudama's teeth clattered with poverty throughout his life. It is a different thing that Krishan who was an Incarnation of God forgave him and endowed him with huge wealth. You people study the scriptures, but you do not try to understand anything out of them. Our Puranas, Ramayana and Mahabharat are full of wonderful teachings. But we study them as mere stories and do not try to pick up the essence of those stories. You just look into your own lives. Two brothers, running a Joint business, indulge in malpractice against each other. We should they not suffer ? Why should they complain ? They must reap what they sow. It is said :—

कर्म प्रधान विश्व कर राखा ।
जो जस कीन्ह सु तस फल चाखा ।।

"God ordained that this World be governed by one's
Works and the Result and Reward thereof
As a result, a person reaps only what he sows."

Nobody is responsible for your poverty or affliction, except your ownself. Nobody can deceive you or deprive you of your wealth. Whatever happens, it is all a result and automatic outcome of your own deeds. You will reap what you have sown. And nobody will share your lot with you.

करम जो जो करेगा तू
अन्त में भोगना पड़ना है ।

Whatever the deeds that you do,
Fruit of those, reap you must in the end.

This is the Basic Law of the Universe. Do you think that by chanting "O' Blissful Guru ! O' Blissful Guru !" you can circumvent this LAW of God or save yourself from the results or ill-effects of your evil deeds ? Certainly NOT. I declare most fearlessly that there is absolutely no difference between the teachings of the Sanatan Dharm and the Faith of the Saints. Those who points out any differences are either Ignorant Fools or false propagandists. This is what was written to me by my preceptor, Hazur Data Dayal Ji Maharaj. He was a PARAM SANT. And very impartial, too !! I used to write to him about all my family problems. When I was posted my father was troubled by the villagers on some He wrote to me and I wrote to Hazur Data Dayal Ji. He was Saint. He guided me from time to time on the basis of the of the Sant-Mat and the Radhaswami Mat. His Holiness replied to my letters as under :—

कोई सुख दुख का नहीं दाता, तेरी ही है भूल सब ।
कर्म अपने करते हैं अनुकूल, और प्रतिकूल सब ॥
कर्म की प्रधानता की, क्या नहीं तुझको समझ ।
कर्म से आनन्द है और, कर्म ही है शूल सब ॥
यह जगत है बाटिका, करते हैं प्राणी आके काम ।
कर्म के अनुसार इनके कांटे, हैं और फूल सब ॥
जो ठगेगा वह ठगा जायेगा, निस्सदेह आप ।
प्रेमी जन पाते हैं और यह, प्रेम के बहुमूल सब ॥
अपनी करनी आप भरनी, पड़ती है संसार में ।
अपने घर की आप उठाया, करते ही हैं चूल सब ॥
किस भ्रम में तू पड़ा, औरों को बातें छोड़ दे ।
काम में लग अपने, कर ले काम निज अनुकूल सब ॥
राधास्वामी नाम भज, झगड़ों से बचकर रह सदा ।
जो नहीं समझा तो, पढ़ना लिखना होगा धूल सब ॥

“None is the Giver of joy and sorrow
Thinking otherwise results only out of Ignorance
Our deeds done determine all our destiny
Whether favorable or unfavorable
About the dominance of Deeds done. Determining our Destiny
Are you not aware ?
Only deeds done bring one pleasure
And Deeds alone bring one the Pain
This world is God's Vineyard
Where living beings come and do their deeds
And work their works
And as per their deeds
They rejoice or weep
Harvesting flowers or Thor
One who deceives others
Surely is he deceived in turn
Those who love God. They alone receive
The precious gems of Divine Love
As you sow, so shall you reap
This Rule rules this world
Everybody carries the burden
Of his own family affairs
Why then, do you let doubts assail you ?
Brother not about other's deeds, and awards
You just do your own duty
And attend to your own affairs
Busy yourself in virtuous deeds
Recite the Name of the Lord
Keeping yourself away from quarrels
If you understand not this LAW
Futile shall all be, all your Learning

This was the reply to my letter, in which I had written about the bad behavior of my uncles towards my father. You people are landowners and

business men, you too all face similar problems about your lands and buildings, and in addition, there are social problems as well:—

घर घर देखा एक ही लेखा ।
क्या पंडित क्या काज़ी शेखा ॥

“In every home, doth prevail a similar sad situation
May it be of the Pandit, the Qazi or the Sheikh.”

I declare the following most vehemently with all the emphasis at my command :—

“We people deliver loud lectures on public platforms, but at home we too are not free from worldly and social problems. I have seen those who are known as great Saints in the world, but at home they were insulted and reprimanded by their wives. I have seen the world, my own home, and family life, life of the Gurus, and the disciples. None can avoid or evade the reaction or result of his or her actions. Whosoever has come in a physical body in this world, is here due to his own Karmas. He is bound to complete the cycle of the outcome of his own deeds. “If” there (is no such cycle, there are at least your worldly desires to contend with though I don't disbelieve in the Transmigration of Soul). The world is beset with so many problems. To set right “the sorry scheme of things entire.” Some Incarnation comes to this world. But even he too suffers from physical ailments and worldly problems. Tell me, who has not suffered ? Lord Krishna, Lord Rama, Prophet Mohammad and Swami Dayanand, all suffered. By this, all what I wish to convey to you is, that you may attend any Sat Sang, you may belong to any religion, Sanatan-Dharm. Arya Samaj, Budhism or Jainism. You are bound to reap the fruits of your own deeds. You cannot avoid them. I do not belong to any religion My religion is Manavta (Humanism). I have understood that these religions have divided the human race into many rival sections and factions. Religiosity and Fanatism both have kept man-kind in utter darkness of the gutter. Therefore, I have removed the

barriers of these religions and shown you that all Humanity, all mankind is ONE and that your own deed is your savior or destroyer. We are ALL under ONE GOD, and ONE LAW. There is no escape from what the Moving Finger has writ. Nor all our Piety, nor all our Tears can wash out a word of it.”

(HEAR, HEAR Translator)

I had started my Sat Sang on the principle of “Desire”. The duty of the Guru is to tell you the art of making your desires favorable to you. It is your responsibility to reform and Re-form your life. None of the Sages and Seers of the past or the present religious sects is wrong. Sages of the past preached according to the needs of those times and made necessary changes wherever essential. Today, the situation has changed. We are living in an International Society. Our feelings of religious superiority will prove destructive for us. So under the law of demand and supply, Nature has sent me as a Guru of the Presnet Time, to reveal you the Truth. Which has not been revealed by any Guru so far. That is why I have declared myself as Pir-i-zaman or Paighamber-i-Waqt or the Prophet of the age. Even to-day many modern Gurus do not hesitate to take the credit for such incidents or acts of Divine Grace of which they are not even aware. Rather they try to attract more and more people towards them, propagating such incidents. This policy of theirs cannot be allowed to be successful. It has to be challenged and the curtain has to be torn asunder for all times to come. Truth must be told in its entirety. Liars should not be allowed to get away with their lies.

For example, take the Political field. Gandhi Ji adopted the methods of Satyagrah and Strikes or Hartals for the achievement of Independence. He himself headed the Civil Disobedience Movement. All that was a necessity of that time and it was indeed praiseworthy. But unfortunately today people are adopting the same methods against our own Government, and are destroying public property claiming to be Gandhi Ji's followers. Now, this philosophy of Hartals and Gheraos is not a

wise one. The demand of today is different from that of yesterday. Therefore, the teachings of the Saints vary from age to age.

वक्त गुरु को खोज रे,
तेरे भले की कहूँ।

Seek ye out the Guru of the AGE.
I advise it, only for your own well-being.

Teachings and Preachings should change according to the needs of the time. The old Physician is dead, though his prescriptions are there, but they cannot prove helpful to you every time and all the time. The teachings of the Sages and Gurus of the past cannot guide or help you in the present age. The principles or teachings of the prophets and Saints and Sages of yore were correct and useful but only for their own times. He who does not change with the time, faces troubles. The Wheel of Time is EVER revolving and Nature EVER evolving. If you evolve and revolve along with the time, it will be safe for you, but if you resist it, it will mow you down. The demand of the present age is the Unity of Religions and hence I am removing all religious differences and doubts.

कर्म की प्रधानता की क्या, नहीं तुझको समझ।
कर्म से आनन्द है और, कर्म से ही शूल सब ।।

About the dominance of deeds done, determining our Destiny
Are you not aware ?
Only your deeds done bring you pleasure
And your deeds alone bring you pain.

Does the Satya Sanatan Dharma, which I call True Manav-Dharma (Humanism) not believe in the Law of Karm ? Certainly it does. Hazur Data Dayal Ji initiated me into the Radhaswami Faith, and the above hymn is written by Hazur Data Dayal Ji, in which the importance of

the Law of Karm is explained. So, both the Sanatan Dharam and the Radhaswami-Faith believe in this Law and its Philosophy. Thus there is no point of dispute or disagreement between the two. So far as Salvation is concerned, it is something very difficult of achievement. However, I tell you a way to it as propounded by our Saints and by our Sages. First, I will tell you about that which is explained in our scriptures.

The “Guru-Puran” is a sacred book of Sanatan Dharm. In it is written, that after death, the individual goes to the Yampuri or Dharm-Raj Puri. Thereafter he takes birth according to the processed data presented by Chitra Gupta. Is there any way to escape it all ? The Garur-Puran further says that only that individual can escape it all and attain Salvation as has dwelt in Par-Brahma and Shabd-Brahm during his life time. Except the dweller of Par-Brahma and Shabd Brahma, non can attain salvation (as written in “Guru Puran Rahasya”). When my wife died, my son and daughter suggested that Garur-Puran be read for her. It was read and I also listened to it very carefully. I was surprised to see that there is not even the slightest difference in the writings of Garur-Puran and those of the Radhaswami Mat. Kabir Mat or Nanak-Mat. These saints direct the individual to the Brahm-Desh, Par-Brahm-Desh and Shabd-Brahm-Desh. People have not understood the Truth. They either rush to Agra, or to Beas or Hoshiarpur or any other center, get “initiation,” and then sit silently believing that they have got a licence for Salvation and that they would not suffer or under go transmigration any more.” All such people and followers are sadly, badly, madly and miserably mistaken. They cannot escape the cycle or noose of transmigration unless they learn to meditate at the centers of Light (Par-Brahm) and WORD (Shabd-Brahm).

Some Sat-Sang might suspect or say that I am wrong. His Holiness Hazur Rai Salig Ram Sahib, the Propounder of the Radhaswami-Faith has very explicitly written in his “Prem Bani” that when a properly initiated” “Person dies, he sees a running film of his entire life. His Guru also appears in that film and attunes the “self” of that person to the Eternal WORD for a brief while. After leaving the body the

self of that man dwells in the astral regions or higher worlds for some time. There he watches and listens and receives. But when some Sat-Purusha descends down in the mortal world, that person too takes birth in order to complete his remaining journey toward Salvation under the guidance of that Sat-Purusha. Similar are the writings of Garur Purana. If you wish to save your "Self" from Yam-Raj, do contemplate either upon Lord Ram, Lord Krishan, Guru or any other God or Goddess. Your faith in your Ideal or ISHT will save you from Yamraj. But you shall have to go to Dharam Raj for the desires you have nourished in your conscious and subconscious mind (Chitra Gupta) , and then take birth according to them. This further proves that there is no difference between the Philosophy of the Radhaswami Faith or the Sant Mat and or Sanatan Dharm. Therefore I emphasise the importance of Religious Unity. Can my effort bring about this Unity ? I know, it cannot, because even though there is no clash of basic Truths, but yet there is certainly a clash of wealth, name and fame. So long as we people work only for our selfish motives, there cannot be any religious Unity.

कंचन तजना सहज है,
सहज त्रिया का नेह ।
मान बड़ाई ईर्ष्या,
तजनी दुर्लभ येह ॥

"Easy is the renunciation of wealth
Easy also it is to renounce a lady's love
But difficult by far is the renunciation of
Self-esteem, Honor and Envy.

As things are, even we Saints and Mahatmas are not entirely free from envy and jealousy. Doctors and business men too have a professional jealousy against one another. Co-wives too are jealous of each other, though they belong to the same husband. This world keeps on going this very way. I know none is very willing to listen to me or practice

what I preach. However, I am doing my duty. I am not doing any favor to anybody. You may or may not like whatever I say, you may or may not act upon it in your life. Neither have I come to collect money from you, nor do I care for anything. I wish to tell you that now-a-days Sanatan Dharm has come to be confined to certain signs or marks, as for instance applying Tilak on the forehead. Sanatan Dharm is a way of life which belongs to the entire human race. Hence I have named it as Manav-Dharm or TRUE RELIGION OF HUMANITY.

No man on earth is free from "Desire." He may belong to Christianity, Islam or any other religion. All are governed by the principle of "Desire", though its form, manner and method may be different, its way of worship may be different and the technique of the reformation of Desire may be different. Everywhere it is the same principle that works. I want to tell this to those, who have collected Rs. 2,000/- to Rs. 3,000/- from poor people to make these arrangements, for I feel my responsibility. You should reform your life. Keep your intentions good, and always try to remain Pure in your mind. Faqir Chand is not the Sat Guru. Sat Guru is True-knowledge, gained from you're the experience by developing your faculty of discrimination. Faqir Chand only reveals to you the True-knowledge. This very thing is written by Hazur Rai Salig Ram Sahib in his "Prem Bani." His Holiness writes, "Who is Sat Guru ? It is the Eternal WORD." The External Guru only directs the True Seekers to the feet of Sat-Guru, i.e. the Divine Light and Sat Guru Himself who is the Divine WORD. You people are simple and ignorant beings. We have kept you in the dark for our own Ashrams, wealth, and seats of power. None has spoken out the Truth, because by speaking the Truth, they will not receive the "offerings." Who likes to listen to my Truth ?

साँची बात कबीरा कहे ।
सबके मन से उतरा रहे ।।

Just because Kabir speaks the Truth
He is disliked and discarded by all.

Now I speak to those persons who have brought me here and have made these arrangements. Mind is very restive and frolicsome. Start Sumiran and Dhayana and try to meditate on the Light within you so that you may realize that your "Self" is "Light." I too used to be engrossed in various visions. But Sat-Sangis like Ganesh helped me to realize the Reality. If you wish to seek an escape from the cycle of transmigration try to sit in the company of the enlightened souls and then devote your time to Sumiran and Dhyana as much as possible. Make efforts to focus your Surat on the region of Light. But If you fail to Station your Surat in the region of Light, due to the restiveness of your mind do not abandon Sumiran and Dhyana in any case. You will positively attain to that state, when you cease to have any worldly desires and attachments. Only Sat Guru can the reactions of your actions, but not that Sat-Guru who propagates that he will accompany you at the time of your death. It is all a fraud. His Holiness Swami Ji Maharaj writes:—

जग में घोर अंधेरा भारी ।
तन में तम का भण्डारा ॥
जाग्रत स्वप्न सुषुप्ति देखा ।
भूल-भुलैयों धर मारा ॥

An utter darkness pervades the world
And my mind and body too are stuffed with Darkness
I have been through the three States
Of being Awake in dream, and in deep sleep
But their laybrinthine lanes and meandering mazy ways
Have made mincemeat of me.

I am a follower of the Radhaswami Faith, but it does not that I consider the Radhaswami Faith as something separate or apart from Sanatan Dharm. Garur-Puran says on its last page:—

"O" Man if you aspire for Salvation, take to the path of Shabd-Yoga
! Shabd-Yoga !! Shabd-Yoga !!! . There are the words of the "Garur-Puran."

Then why do the advocates of the Radhaswami-Faith, unnecessarily think too big of themselves. They go about denouncing the Sanatan Dharma. I could not tolerate this stupid partiality and prejudice of the Radhaswamis. So moved by utter compassion, I decided to remove their ignorance and declare to them the PLAIN TRUTH. I advise them thus :—

सतगुरु शरण गहो मेरे प्यारे ।
कर्म जुगात चुकाय ॥

O' Dear, go unto the feet of the Sat Guru, find refuge therein,
And seek remission of the taxes of your Karmas.

But now-a-days people have taken it to mean, “Go to Baba Faqir, bow to him and touch his feet, offer him five or ten rupees and garland him, Refuge is found!!.” This is utterly, utterly wrong. Have you seen the men of the defense services? If some Junior Officer goes to his Senior, the Junior officer will at once click his heels, stand attention, and salute his officer. He will not move till he receives his command or order from his officer. He stands without any movement with his full attention focused on his officer. After receiving the orders he will again salute his officer and then go. That state of his standing Attention in the presence of his senior officer is known as “Surrender” or “refuge.” When you go to a Sat-Sang, behold the face of the Guru attentively, and listen to him attentively so that his words get imbibed in your mind. Without this “attention,” the work of the Defense forces cannot go on. They cannot face the enemy. Similarly, unless a seeker gazes at the face of the Guru and pays full attention to him in a spirit of Total Self-surrender, he cannot attain anything worth while.

गुरु जो कहें सो हित कर मान ।
गुरु जो कहें सो चित धर ध्यान ॥

Obey affectionately, whatever the Guru says
Deliberate, meditate and contemplate upon whatever the
Guru says.

This is called Real devotion to the Guru. About the monetary service, the scriptures of Radhaswami Faith say :-

शिष को ऐसा चाहिये,
गुरु को सब कुछ देय ।
गुरु को ऐसा चाहिये,
शिष का कछू न लेय ॥

The disciple should surrender his all to the Guru
But the Guru should accept nothing from the disciple.

But unfortunately, modern Guruism has become an industry, a source of livelihood ! If you have no source of livelihood, become a Guru or a Mahatma, you will have everything at your door. I do not denounce anybody. I just want to awaken you, so that you yourself may redeem yourself. I am not against offerings and serving the Guru. Whatever you give today, you will get tomorrow. It is always an investment. You may give to the deserving, the destitute or even the undeserving, you will positively reap its reward, because the result depends upon your "intentions." The giver of charity gains from all ideas but, take it from me, the taker is doomed Do not think that I am against the giving of charities. Suppose a man becomes a follower of some religion or some Guru. He considers that after initiation he need not perform any ritual and give charity to any Brahman. He believes that he has won the battle of life, and consequently he remains blank from all sides. Neither does he perform any ritual nor does he give charities to any destitute persons, nor does he journey inward and upward in order to reach the regions of Light and the WORD. A rolling stone gathers no mass. He wastes his life for nothing. Had he attained to the regions of a Light and the WORD, there was no harm in renouncing the religious practices and rituals, because he has attained his mainstay. But you people generally renounce all the worldly norms, religious practices and worldly responsibilities without the attainment of your Mainstay, i.e. the Light and the WORD. You are awfully mistaken. So

never abandon the norms, rituals and the religious practices till you reach the highest stage and realize God. I am not concerned with your particular religion. You may be a Sanatanist, an Arya Samajist or a Sikh, I wish that you should understand the truth and the manner and method of realizing it. I am a man of independent thought. I do not want to confine you within the limits of a particular creed. Yet I do want to utter a word of warning. I fear least you should abandon doing your duties, doing good to others, giving of alms and attending to the religious practices under this impression that now you are a “Radhaswami” and that you have a Guru so you need do nothing. In this you are badly, sadly and madly mistaken. You will suffer enormously If you have not transcended to the regions of the Light and the WORD. This is a hard fact. I desire to caution the followers of Radhaswami Faith, whom I consider to be a set of miserably mistaken beings. The Teachings of the Radhaswami Faith are not lacking in anything, but it is you who lack understanding . If you have attained or have succeeded to attune your self to the WORD within, you need not perform any outward ritual. Your sins, your evil deeds and your crimes will stand nullified and you will escape punishment if you by-pass these lower regions and ascend to a higher region or a higher domain. If your “Self” has realized that manifestations, scenes and colors are not a Reality, at the time of your death, you (Self) will not be attracted by any mental creation, rather you will attune yourself to the WORD. Once your Surat abandons the region of the mind (the creator of thoughts, scenes and forms) which is the performer of action, sin or virtue, you are “free.” Actions of the mind cannot enslave your “Surat” when it is focused on the regions of Light and the WORD. Mind has no access to these regions. Similarly, the deeds of the mental regions have no jurisdiction over the regions of the Surat. Therefore it is said:—

नाम जो रत्ती एक है,
पाप जो लाख हज़ार ।
आध रत्ती घट संचरे,
जार करे सब छार ॥

If you have even an iota of NAAM or WORD to your credit
And millions of sins to your discredit
Just with the aid of only half an iota of NAAM or WORD
You can reduce to ashes all your sins.

I understand the importance of NAAM or WORD. What is this WORD ? It is Paar-Brahm and Shabd Brahm. These are the words out of the Sanatan-Dharam TEXTS. Chautha-Pad or the Fourth Stage is the name given to it by the Saints. So, if you wish to escape the result or reward of your deeds, seek refuge at Sat-Guru's feet :—

सतगुरु शरण गहो मेरे प्यारे,
कर्म जुगात चुकाय ॥
भूल भरम में सब जग पचता,
अचरज बात न काहू सुहाय ॥

Seek refuge at the feet of the Sat Guru, O' Dear
So that he may remit the TAXES of your sins
The entire world is engrossed in the darkness of doubt, and ignorance
No one likes an out-of-routine approach to Godhead.

You have been listening to my discourses for some days. I have told you such secrets about which you would not have even dreamt and would not have heard from anywhere else. Swami Ji writes that this world is enveloped in doubt and error. I have explained to you that none manifests to you from without. It is your own mind, but you are very much dominated by doubts and error. If you ask for Truth, it is your own mind which is the Guru and the disciple. If you wish to become True, and if you want to save yourself from worldly afflictions, pray with sincerity. **The power of the Supreme Lord shall come, in one or the other form, to guide you and to help you. To those who are Pure and True in heart, Guru comes on his own they need not make a search for the Guru. The important requisite is your own sincerity. Whatever you wish to**

achieve in the world, shall automatically come to you. Have a desire and that would be fulfilled. Nature will help you. This is the Law of Demand and Supply, and the Law of Radiation that works in this world.

You study the history of India. When the Congress Party had a desire to achieve Independence for the country, Nature created favourable conditions for the same and the country became independent. But now no political party desires to see peace established in the country. So how can there be any peace ? Every political party is busy working for its own personal ends. The leaders keep their personal interests in the fore-front and those of the nation next. Therefore our country is facing chaos. The principle of "As you sow, so shall you reap" works in every walk or sphere of life. So, Sanatan-Dharam and the Saints have preached the purity of one's thought and one's desire. Those who aspire for Salvation, too are governed by the same law Swami Ji has named this principle as Seeking refuge at the Sat Guru's feet. "Seeking refuge" means attending to the Sat Sang of the Guru attentively, so that one's false beliefs or notions and doubts are dispelled and a correct line of action is learnt. Once you get to know the correct line of action, you need not run after anybody. Sit at home and follow the Inward Path. **Inward journey is to be transcended by you and not by your Guru.** The Guru's duty is only to give you by you and not by your Guru. The Guru's duty is only to give you a correct guidance. He will remove your misunderstandings, if any. I am explaining this plain Truth to you, because if I do not do my duty, and do not tell you the Truth, then I am guilty. But I do want to save my "Self". If I spread a net of deception to attract you, declare myself a big Mahant, accept garlands and huge offerings from you, "title" myself as Puran Guru Shri 108 So-and-so, I am sure to land myself in the furnace of hell in the end. I will have to reap the harvest of my own intentions and actions. Therefore, I speak the Truth. You may or may not accept or do whatever I say. I do not have anything to give you, except Plain Truth, true sympathy, true affection and sincere good wishes. Other Gurus and Mahatmas may be capable of performing some mysterious miracles. They may be capable of leading you to Sat-Lok. If you do not believe my word, you are

at liberty to go to them. I have not kept you in the dark. I have not deceived anybody. Now my conscience does not feel any burden, because I have not played any trick upon you.

भाग हीन जन माया वश ।
यह निर्मल गति कोई न पावै ॥

The Unfortunate man, who is caught in Maya's clutches
Attains not to **this** peerless State.

What is this peerless or immaculate state ? It is the attainment of Light and WORD by one's Surat. Our thoughts do not allow our Surat to become immaculate or clean. It is only the "True knowledge" that cleanses your Surat, It is Sat Sang that gives you True knowledge and it is the radiation of a Sat Purusha or True Guru that removes your doubts, false notions and ignorance. So, for the cleanliness of your Surat, Sat-Sang is indispensable, but Sat Sang should be of such a person, who himself is immaculate, because his radiations will positively influence you.

जिन पर दया आदि कर्ता की ।
सो यह न्यामत पावै ॥

They alone, attain this rare gift (of Sat Sang)
As are blessed by the Supreme God Himself.

It is the will of the Creator, that only such persons shall be fortunate enough to have Sat Sang as have lots of virtuous deeds done in their past life to their credit. It is further said :—

बिन सत्संग विवेक न होई ।
राम कृपा बिन सुलभ न सोई ॥

Spiritual Knowledge is not attainable, without Sat-Sang
and that is not possible, without Rama's Grace.

My past Karmas brought me into the fold of Sant Mat. I know that the Creator Wills that only those individuals shall tread this path, as are approved by Him. Now read the Hymn of Salutation to that Supreme Being:—

बन्दम् सतज्ञान दाता, बन्दम् सतज्ञान मय ।
बन्दम् निर्वाण राता, बन्दम् निर्वाण मय ॥
भक्ति मुक्ति योग युक्ति, आप के आधीन सब ।
आप ही हैं सिंधु सद्गति, जीव जन्तु मीन सब ॥
आप गुरु सतगुरु, दया और प्रेम के भण्डार हैं ।
आप कर्ता धर्ता हैं, कर्तार जगदाधार हैं ॥
ऋद्धि सिद्धि, शक्ति नौनिधि, हैं चरण में आपके ।
बच गया भव दुख से, जो आया शरण में आपके ॥
भक्ति दीजे नाम की, सतनाम में विश्राम दे ।
राधास्वामी अपना कीजे, राधास्वामी धाम दे ॥

Salutations to THEE who art the Giver of True Knowledge
Salutations to THEE who art TRUE KNOWLEDGE itself
Salutations to THEE who art drenched in SALVATION
Salutations to THEE who art Salvation itself
Worship, Devotion, Salvation, Yoga, all Planning and Scheming
Are all directly under THY just and Kind Control
THOU alone art the Ocean of well-being
And all beings are the fishes of that Ocean
THOU art the Guru, as also the Sat-Guru
A Veritable Store-house of Mercy and Love
THOU art the Creator and the Sustainer
The Mainstay and the Upholder of the Universe
All Pelf, Power, Prosperity and Mastery
Are lying at THY Holy Feet
Saved is he from all worldly troubles and torments
Who comes to seek refuge at THY Feet.

Bless me with devotion to THY Name, (the WORD)
And let me ever abide in THY True Name, (the WORD)
O THOU Radha-Swami ! I pray you, OWN me
And let me ever abide in THINE own Abode !

What worldly troubles and torments did I have ? These were the Questions which were racking my nerves and tearing apart my brain. Who am I? Who is God? Where does God dwell? Which is the Right Path to Him? I spent my entire life caught in this very struggle. Some have struggled for wealth, some have struggled to find Ram and some have struggled for devotion. Every one has struggled and every one suffers from the pains of existence. Now, all my mental affliction has vanished.

Behold ! Here is Shabd-Brahm. The scriptures refer to four forms of Brahm : SABAL-BRAHM, SHUDH-BRAHM, PAAR-BRAHM AND SHABD-BRAHM. SABAL-BRAHM resides in the region of SAHASAR-DAL-KAMAL and TRIKUTI. Herein originates the Sound of 'OM' and there is seen a red Sun. He who meditates upon this point, becomes physically robust and healthy. Our Sages had recommended, that children should meditate upon this center. Hanuman meditated upon SABAL-BRAHM and you know how high and difficult deeds did he accomplish. That's why his idol is dressed in red garments. Vermillion is applied to his idol. These are the teachings of Sanatan-Dharam.

Yog-Vashishta refers to SHUDH-BRAHM. When your mind becomes pure, that stage is known as SHUDH-BRAHM. PAAR-BRAHM is at the center of the LIGHT and the reference to it is given in the Gayatri Mantra (already explained in previous chapters).

ओ३म् भूर्भुवः स्वः (महः जनः तपः सत्यम्)
तत्सवितु॒रेण्यम् भर्गो देवा॑स्य धी॒महि, धियो॑ यो नः प्रचोदयात् ।

Thus you will see that, there is no difference between the Radhaswami-Faith and the Sanatan-Dharam. I am not explaining it all,

simply to prove that only Sanatan-Dharam is true. No ! I speak as a Research Scholar.

I have spent the whole of my life in search of truth though not "experimenting with Truth." His Holiness Hazur Data Dayal Ji had asked me to help the weak, the helpless and the ignorant and that I have done very sincerely. Whatever manifests within you, is because of your own mind. The sad fact is that the followers of the Sanatan Dharam are not wide awake enough to be aware of this Truth. There are different stages of the seekers, the aspirants, the acolytes and the anchorites : Sadhu, Hansa, Param Hansa, Sant and Param-Sant. Similar stages are also known amongst Muslims, but with different names. Mystics have different names for these stages. Basically, there scent and Sweetness is the same ever, and all over.

It all depends upon your own sweet will. You may serve anybody you please or desire. You may serve your Guru, your sect, or your Guru's Lodgings there is no harm. Such service will always positively bear you fruit of some sort. But do not serve me with this idea that since my form appears to you, so you must offer me your money and service. I wish that you should not do any service to your Guru, his Lodgings or the religion as such while under ignorance.

I would have spoken to you on the procedure of meditation in detail, but all of you are not regular meditators. This is all practical knowledge. It has been coming down from Guru to disciple, and from father to son, since ages. But it was never revealed so openly as I have done. I have removed the iron curtain and shown you a short cut. Tomorrow, I will speak on the last stage of Shabd-Brahm and conclude my discourses. You may ask, "What is there beyond the stage of SHABD-BRAHM." The scriptures say that in the beginning, Truth was curtained by untruth or the Lasting was cloaked by Unlasting or the imperishable was covered by the Perishable. Truth was not visible. There was no motion. There was no Creation. There was no action or movement. Truth manifested

itself and the process of Creation got set in. The propounder of the Radhaswami-Faith named that primary stage where Truth was covered by Untruth, as the Un-named Being or the Un-named Stage or State. On this subject , I will speak tomorrow.

MAY PEACE BE UNTO YOU ALL .



Chapter VIII

INITIATION (Continued)

UJJAIN 12-5-1968

This work of mine is like that of a weaver, who weaves primarily for his own livelihood. But his work has utility for many people. A shopkeeper sells the cloth woven by the weaver and earns profit thereon, the tailor stitches that cloth to earn his living. The washerman washes that cloth and makes his livelihood. When that same cloth is worn out, and becomes a useless piece, the paper manufacturers carry it away for making paper out of it. The weaver does not do any favor to anybody. He is simply concerned with earning his own bread. Similarly, I am not doing any favor to anybody. I am only doing my duty.

I was a Sanatanist believed in Lord Rama. I could never imagine that I will be initiated into the Radhaswami-Faith. After my initiation into the Radhaswami-Faith, I was not able to understand the books expounding this philosophy. So I determined that I will follow this path sincerely, and then reveal to the world my own findings about this philosophy. So I am only reaping the fruit of my own vow. It possible that my work may prove useful for others, but I do not take any credit for it.

After birth, when a child grows in his power of understanding, he thinks of three things. Whatever he sees, he follows it, and tries to know it. While in the lap of his mother or father, he questions her or him about different things, their source and about their utility. When I grew in this Power of understanding, what I thought was, "What is this world ?" Who has created it ? and, From where has it come ?" So I spent my whole life trying to know the answers to these questions. My understanding, led me

to develop this faith, that there is God or Rama. Then I determined to go out in search of Him. In His search I studied the writings of different religions and Saints and followed their writings or sayings in my practical life. So, my search was for Him, or for Truth. First I developed a full faith in my mind, that there is a Supreme God.

After some time, I was told that He possesses a physical form. Then I accepted him in the form of Ram or Krishan and worshiped Him. Lord Ram with his bow and arrows, used to stand before me for hours together, as you are now sitting. I used to talk with him. In Ramayana, it is written :—

नाना भाँति राम अवतारा ।
रामायण शत कोटि अपारा ॥

Ram incarnates Himself, in various and varied forms

There are (therefore) Ramayanas by the thousand million
in number

Due to this impression upon my mind, I had a desire to see Lord Ram in human form, and serve Him and adore Him. Once a vision directed me to the Holy feet of Hazur Data Dayal Ji. I acknowledged Hazur Data Dayal Ji as Lord Ram. I worshiped, adored and served him to the best of my capacity. He transformed my thoughts and initiated me into the Guru-Mat. Then I worshiped him as my Guru and attained many miraculous powers. In Basra-Bagdad, when I faced disastrous situations in the battle-field, my Lord Ram appeared to me in the form of Hazur Data Dayal Ji. He gave me necessary guidance, which I followed and escaped the enemy. When I reached the city of Bagdad, many of my fellow disciples met me. They seated me on a platform and worshiped me. I asked them "Hazur Maharaj Ji is at Lahore, why are you doing this ?" They said, "Master Ji, (They used to address me as Master Ji) you appeared to us at such and such place and helped us." When they told me this, I at once realized the reality of such manifestations. It confirmed my faith that these

manifestations are nothing but a creation of man's own mind. It further confirmed my belief and convinced me that my own desires were accomplished because of my own faith and belief. Because I had pledged to speak out my realization to the world at large, so I proclaim hereby, "O, man, you may worship the Supreme Being in any form you like, you would be looked after by him, as I was looked after, and my fellow disciples were looked after."

जाकी रही भावना जैसी ।
प्रभु मूरति देखी तिन तैसी ।।

Every body saw the form of the Lord,
According to his own feelings towards HIM.

I am not against any religion or philosophy. Every religion and religious philosophy is correct in its own sphere. But mind you, the Lord and Creator, who is the Mainstay of this entire Creation, is unique. Because, If I am all-in-all, I should be able to do whatever I like, but I cannot, after realizing my limitations, I made a search for Him.

When I peeped within myself, I realized that the inner forms, scenes and colors are only projections of my own mind. Thereafter I transcended to the regions of Light and WORD. I enjoyed the Bliss of the WORD (Shabd) but my search for the Lord still persisted. If I say that the WORD (Shabd) is the Lord, then who is it that listens to the WORD (Shabd) ? This point is very important to ponder over Suppose Baba Faqir manifests himself within you, THAT manifestation of Baba Faqir is different, and you are different from it. Light manifests itself within you. You see that Light. You are different from it whereas the Light is different from you. Similarly, you listen to the Continuous Sound of the WORD within you. That sound of the WORD is different whereas you (the listener) are different. Then, who is he who sees the Light and listens to the WORD within ? It is your real "Self". Your "Self" or "Surat" sees the Light and listens to the WORD, enjoys the scenes created by the mind and beholds Baba Faqir or the Guru within. Then who is the Real Lord

within you ? Your own "Surat." Your own "Self" is the witness within. Whatever, colors, forms, Light and WORD manifest within you, depend upon the constitution, composition and nature of your body. Your real "Self" is not your body. You dwell in the body and you are the mains of this body. Similarly, the mainstay of this Universe is the Supreme Lord, who is also the source of our "Self." The Supreme Lord is known by different names as Akal-Purush or Supreme Element.

Now, I always try to meet the Supreme Lord within my body. Because, I have known the SECRET, that the Light and WORD are within me, it depends upon my will to see the Light and listen to the WORD when I like I may or may not visualize the Holy form of the Guru. It depends upon me to become a sinner or Saint. The ONE that sees the Light, listen to the WORD and visualizes the Guru within, I make a search for it, but in this search "I" also stand lost. My "Self" stands merged in the Unknown, Un-speakable, Un-named and Infinite Being. I have told you about my experience and my research. Now, You please listen to Saint Kabir :—

सखिया वा घर सब से न्यारा, जहां पूरन पुरुष हमारा ॥ टेक ॥
जहँ नहिँ सुख दुख सांच झूठ नहिँ, पाप न पुन्न पसारा ।
नहिँ दिन रैन चन्द नहिँ सूरज, बिना जोति उजियारा ॥ १ ॥
नहिँ तहँ ज्ञान ध्यान नहिँ जप तप, वेद कितेब न बानी ।
करनी धरनी रहनी गहनी, ये सब उहाँ थहरानी ॥ २ ॥
घर नहिँ अघर न बाहर भीतर, पिंड ब्रह्मण्ड कछु नाहीं ।
पांच तत्व गुन तीन नहीं तहं साखी शब्द न ताही ॥ ३ ॥
मूल न फूल बेलि नहिँ बीजा, बिना वृच्छ फल सोहे ।
ओअं सोहं अर्ध उर्घ नहिँ, स्वासा लेख न कोहे ॥ ४ ॥
नहिँ निर्गुन नहिँ सर्गुन भाई, नहिँ सूक्ष्म अस्थूल ।
नहिँ अच्छर नहिँ अविगत भाई, ये सब जग के भूल ॥ ५ ॥
जहां पुरुष तहवां कछु नाहीं, कहै कबीर हम जाना ।
हमारी सैन लखै जो कोई, पावै पद निरबाना ॥ ६ ॥

secret. I too would have established many big centers, purchased latest models of motor-cars, and built huge mansions. But that is not my mission. I am here to obey my Sat-Guru, and reform the mode of teaching and preaching to seekers of Salvation.

Yesterday, an old lady come to me and said, "I got initiation from Sahib Ji Maharaj about 25 years ago. I had forgotten everything and I used to remain very unhappy. But I had a thought, that the true Guru if any, will positively send out a call for me. At 12-30 at night you came and asked me to attend your Sat-Sang." She further said, that even though she was not well, even then she had come to attend my Sat-Sang. The Truth is that I never knew anything about that lady nor do I know about the happening. I proclaim that I am the "Saint Sat-Guru of this age," and I have come to save you and protect you from religious exploitation. I am imparting you are True knowledge, so that you may be aware of the Truth.

So, what is it that is proved about that Witness or the Supreme Lord or God ? God is that state, on reaching which, my own entity and identity gets lost. The feelings of Thee and me, Guru and the Disciple, and of the Lord and the devotee do not exist there. There is neither is form, nor color, still an Existence is there, which cannot be named, explained or seen. Mind, Intellect, Consciousness and Ego do not exist there. This is what my research has proved. I have journeyed through life very earnestly and very conscientiously. The result of my research tally with the findings of Saint Kabir. Therefore, I am Kabir ! Verily I say unto you, "I am Kabir." You might object to it as only tall talk. But I am not bluffing. I am only telling the Truth.

I declare that I do not go to manifest myself any where. What-ever you get, is the fruit of your own Faith and Fate. Saint Kabir writes :—

न कछु किया न कर सका,
न करने योग शरीर ।
जो कछु किया सो हरि किया,
भयो कबीर कबीर ॥

Nothing did I do, and nothing could I do,
Nor am I capable of doing anything,
Whatever was done, was done by Him;
And all the credit came to Kabir
Who thereby became GREAT !!

I declare from the tree-tops and tower-tops that I do not go anywhere to manifest myself before anybody, I do not perform any miracles nor do I possess any such power. Whatever you have got, whatever you get, and whatever you will get, is the result and outcome of your own Karm, your own faith and your own belief. Who am I to give you anything ? It is my duty to impart to you True knowledge, to tell you the Truth and to remove your doubts and false notions. Those who believe that it is I, Baba Faqir, who comes to them to guide them and solve their problems, are sadly, badly and madly mistaken. They are under the dominance of their mind and MAYA, i.e. illusion. Your mind itself is a replica in miniature of the Universal Mind. It will serve you according to your own desire and thoughts. Now let me quote a couplet :—

जेठ महीना जेठा भारी ।
हिरदे जीवन तपन करारी ।।

The month of Jeshtha is, very long and full of suffering.
And Man's heart is strongly burning to achieve its goal.

What is this **burning** ? Every individual wants to see “Something” face to face. The word for this want or desire for meeting Him is known as “burning.” Worldly people have a “burning” (desire) for worldly name and fame, whereas a True seeker has a “burning” (desire) to get back to his Source, the Supreme Being.

सन्त दयाल दीन हितकारी ।
भेद कहें अब निज कर भारी ।।

The Saints are kind, compassionate and well-wishes of the humble,
So they reveal to them the Great Secret.

For communion with the Lord, the individual yearns. Someone becomes a Sadhu, a few undergo Penances, someone practices austerity, another undertakes a pilgrimage, and someone else meditates or keeps fasts. A Saint has only compassion for such beings or seekers of peace, or the aspirants, who undertake such tasks in order to see Him. The Saints reveal the Hidden Truth to such seekers I am speaking out the SECRET for the sake of such seekers and aspirants. Now, that lady says that Baba Faqir appeared to her at 12-30 at night. She is mistaken. She is ignorant. See, she is ill, yet she has come here, spending money and facing hardships. O' men ! O' followers of different religions, and believers in the Radhaswami-Faith, you are all mistaken and surrounded by a thick fog of ignorance. Study the secret as revealed by the Saints about that Absolute Abode.

नहिं खालिक मखलूक न खिलकत ।
कर्ता कारन काज न किल्कत ॥

Neither the Creator, nor the Creature nor the Creation
Neither the Maker, nor the Material,
Nor the things made, nor lack of material.

The Real Supreme LORD or GOD is neither the—Creator, nor the
Creature, nor Creation, nor the Maker, nor the material.

दृष्टा दृष्टि नहीं कुछ दरसत ।
वाच लक्ष नहीं पद न पदारथ ॥

“Neither the view nor the viewer are there
And nothing is visible there
Neither is there the marked destination
Nor the mark, nor the matter itself.

He cannot be viewed, because there is no mark of Him, nor is he made of matter, nor He is a thing.

ज्ञात सिफ़ात न अव्वल आख़िर ।
गुप्त न प्रगट न बातिन ज़ाहिर ।।
राम रहीम न करीम न केशी ।
कुछ नहिं कुछ नहिं कुछ नहिं थासी ।।

He has neither Caste nor Qualities
Nor beginning, nor end neither
Neither latent, nor manifest is He,
Nor within, nor without,
He is neither Ram, nor Rahim nor Karim
Nor Keshav at all
He is Nothing, Nothing, Nothing
Yet Everything, Everything, Everything.
Whatever He was, He IS.

He is neither latent, nor He is manifest. He is something, yet He is nothing. He is nothing, yet He is something. Rather, He is Everything and Nothing, simultaneously, like ZERO. Our intellect cannot describe Him nor imagination Him or circumscribe Him. Hazrat Mohammad says that the wings of intellect are burnt there. He is far beyond the reach of the mind, the intellect, the Consciousness or even the Ego. The scriptures of Sanatan Dharma also say that Mind, Intellect, Consciousness and Ego cannot encompass Him it proves that so far as that Supreme-Being is concerned, Islam, Sanatan-Dharam and Sant-Mat do not differ at all. They all agree that in His search, the Self of the seeker ultimately stands lost.

पिया की खोज में मैं चली, आयु गई हिराय ।

“I left my lodgings in search of the DARLING
Spent all life therein
And got lost in the process.”

It is just like measuring the depth of an ocean with a rod made of salt, which would itself become a part of the water. That Supreme Lord is a "State" Absolute, and the Mainstay of all. He is Unknown, and Unknown shall he ever remain. Neither Vasishta, no Data Dayal, neither Guru Nanak, nor Swami Ji and nor Kabir in fact nobody has known Him FULLY. All have named Him: Infinite, Imperceptible, Absolute, Inexpressible and Un-named." Guru Nanak writes :—

ऊँच अपार बेअन्त स्वामी ।
कौन जाने गुन तेरे ॥

High and Sublime art THOU,
O' Endless and Limitless Lord of all Creation
Who can ever fathom THY depth, or know THY Qualities ?

Who can know or understand the "Sport" of the LORD ? What is He and what He is not ? Man tries to reach his "SOURCE" just as a fish tries to reach the source of the water it abides in, or swims about in, people say that God resides in man, The object or the idea with which it is said, is different. We all, (in fact the entire creation) live in Him, and He in us, Everything that is visible or invisible in this universe, e.g. Sun, earth, water and wind and ether, heat and electricity, and sound and light, Moon and Stars, all get their energy from Him and ultimately merge in Him. Hindu scriptures refer to Him as the fathomless Ocean of Truth. Different Sages, Saints and Seers have named Him as Brahma, Shabd, and Absolute. His is an Infinite Existence. There is a commotion (in this existence) which produces bubbles and these bubbles again merge in IT after due course of time. (Translator's Note :- I'd rather say "sparks" in place of "bubbles." For details see my book : God, Soul and Matter). This is my research. We have not understood the Truth and have established different sects, and set up different shops dealing in Divinity only for personal motives, wealth and fame. The Supreme-creator has not created these religions. These religions and religious philosophies are the creations of human mind and intellect or even

flights of fancy. The truth is that the human intellect cannot have access to that Supreme Abode. Intellect is the helper; Intellect is the BAR. Had the human intellect reached that Abode, there would have been no such religious divisions of mankind. Ponder over what I say.

स्मृति शास्त्र यह गीता भागवत ।
कथा पुराण न वक्ता कीरत ॥

“Neither Smriti, nor Shastra
Nor Bhagwat Puran nor the Holi Gita
Neither the recitation of all the Puranas
Nor the famed reciters all
Can ever ever describe in detail the Divine Deity.”

Why do I acknowledge the above as True ? Because, when I transcend upward in His search I reach a state where I lose my own entity and identity. There is no feeling of separation or individual existence. The bubble mingles in the ocean. But this state does not last for a long period, It MERGES, then EMERGES. Hazur Data Dayal Ji writes :—

कहां किस में “ मैं ” है कहां किस में “ तू ” है ।
यह सब कहने की गुप्तगू है ॥
जो सब में हो उसको क्या कोई ढूँड़े ।
वही दूबदू है वही रूबरू है ॥

Where is the “I” in anybody ?
And Where the “You” in any one ?
All that is only a mode of putting things
He, who dwells in all, and is Omni-present
Where should one, search for HIM ?
He is always face to face, with us, and
Always in front of us.

I have proved that the Supreme-Lord is Indescribable, Infinite, Un-named, profound and Fathomless. Nobody can say anything about Him. Nobody can know His limits. Nobody can gauge Him. Nobody can name Him. Guru Gobind Singh Ji has said about Him that He is Arangam (Colorless) Arupam (Formless) and Anupam (Incomparable). Saints come to the world to awaken mankind and tell them, that they are miserably mistaken, in dividing the human race in different religions and sects in the name of the Un-seen and Un-named Supreme Lord. The Supreme-Being is ONE, whose Ultimate Limits none has known. Neither Data Dayal could know it, nor have I known it. Had Swami Ji Maharaj known Him, he would not have written, " I wonder! I wonder!! I wonder !!!" Had Kabir seen him, he would not have written : "Where there is He. There is nothing." Had the writers of our scriptures gone near Him, they would not have written that He is far beyond the reach of Mind, or Intellect, or Consciousness and Ego or even the farthest flights of fancy. Then, what is to be done ? I have a message for my Indian brethren that they should abandon communal and religious jealousies and enmities. You are wrongly divided on the basis of castes and creeds. By birth, you are neither a Hindu nor a Muslim nor a Christian, nor a Sikh, nor Budhist nor a Jaini. You are a Human Being why are you fighting in the name of the Un-named. A Brahman makes you a Hindu and a barber makes you a Muslim. A barber performs circumcision to make you a Muslim and a Brahman puts on you a sacred thread to make you a Hindu. You are not born as a Muslim or as a Hindu, but you are only made out to be so. You have degraded your self. You are a human being. All else is the creation of your own desire and thought. Our Lord is ONE and we are all His. Try to understand this BASIC Truth and live a happy life. This world is governed by Maya. So always try to have a very virtuous and a very good desire.

My message to mankind is, "O' Man ! do not fight in the name of God and religion. **If you wish to be face to face with Him, follow the path within.** He is confined neither in the Temple, nor in the Mosque ; neither in places of Pilgrimage, nor is He to be found solely in the forests or in the formality of fasts. Had Allah been limited to a mosque or quartered only

therein, why did 50 Muslims (busy in Namaz) die in a Mosque, when Pakistani forces bombarded it in 1971 in Kashmir. It proves that Allaha or KHUDA is not Headquartered in a Mosque even at prayer time. Had gone been pres in the temples, these temples would have been saved by Him from the onslaughts of Mahmod Gaznavi and Mohd. Ghorī. Many times I used to think as to why the temple of Somnath was destroyed and the priests killed by Mohmood Gaznavi ? Now I realize the Truth as to why this temple was destroyed. An Idol was hanging in mid-air in this temple due to the four-sided attraction of some magnets which were fixed in the walls in some very wise way. The Idol was hanging in mid-air without any support due to the magnetic pulls and counter-puls. But ignorant people thought it to be a miracle of God and offered their hard-earnings to this temple. The priests did not disclose the Truth to be devotees and the result was that the temple was destroyed and the priests suffered cruel death. Deception ends in destruction.

I told you earlier about that lady who said that I went to her to ask her to attend the Sat-Sang. Well, she has also given me some money. Had I not said that I did not go to her, it would have been a fraud on my part and her offerings would have definitely proved harmful to me. There cannot be any communal harmony without the teachings of the Sant-Mat. Therefore, I often say, that the rulers should take refuge at the feet of the Saints.

Had God been occupying a Church, the Centuries old Church at Ambala would not have been demolished by the Bombs of Pakistani war-planes. Thus, God is not confined to these man-made places of worship. He is within you. Your "Surat" (Self) or Soul is a part of that Supreme-Element, the Supreme Lord. He dwells in everybody in the form of his Surat. Swami Ji writes :—

भानु रूप मालिक सुन भाई ।
हर हिरदे में रहा समाई ।।

God like the Sun (listen O' Brother)
Doth dwell in every heart.

In Indian the temples and the idols are worshiped, but man in whose heart the Lord resides, is despised. Man hates men just because of utter ignorance. The "Self" of man is a part of the Supreme-Lord, and all else is only a Sport or LEELA of the LORD in gross, subtle or causal forms. So, if there is anything worthy of worship in this world, it is **ONLY MAN.** **Man should RESPECT man. Man should have sympathy and love for man.** The Lord, in form of Surat, dwells in me, in you, and in every being. Without any consideration of caste, creed, color and sex. This is my message to you.

I know none is going to listen to the music of my pipe amidst the thundering noise of the Battle Drums. I am not doing any favour to you. I am only doing my duty. I have followed this Path, because the scriptures and the writings of the Saints had a great impact on my mind. I had a yearning to see God. I had a burning Desire for HIM. I followed this Path very cautiously and devotedly. **I have never told a lie in my life.** Due to my early marriage, I did indulge in sex, but **I have not committed any sin (except this early sex).** **The results of my research in the spiritual realm may be wrong. I do not claim any finality.....** But my research is supported by the researches of Kabir, Swami Ji, Hindu scriptures, Muslim Saints, Budha and by the research of Jain Munis. Thus I feel that I am on the right path. So, what you are to do is :-

कछुक दिना कीजै सतसंगा ।
होय मान मद मोह अभंगा ॥

"Have Sat-Sang, for some days
For, Ego, Pride and Attachment
To be annihilated."

Attend Sat-Sang for some days till you attain some knowledge of the REALITY. When you get this knowledge, live a family life, with one firm faith that God is not separate from you. "Remember I am with you,

always.” The Guru is EVER with the Khalsa (the Pure). Think that this world is only like a passing dream and live a detached life. Serve mankind. You have your children, look after them, to the best of your capacity, believing that God lives in your family, in various forms. In fact children are the children of God, but you ignorantly consider them as your own children and thus suffer.

The greatest religion of the present age is “Service of Humanity.” You run to serve others. You should first serve those who are attached to you by Nature. Your old parents, brothers, sisters and you children are the first who ought to be served by you. You do not bother about your own kith and kin. **You do not love and serve your near ones but run after Baba Faqir to touch his feet. This is not quite correct.** Try to understand the spirit of my words and adopt it in your practical life.

In 1921, A.D. both Hindu and Muslims drank water from the same bowl in the Jame-Masjid, New Delhi. But yet, despite this background they slaughtered each other in 1947 A.D. Unity created out of fear or for some selfish motive cannot last long. You can get the support of a section of people by giving them some allurements, but that support will only be temporary. Similarly, in 1947 A.D., both the communities joined for the attainment of independence and when independence was achieved, they divided it at the altar of human bloodshed. Pakistan was created. Thousands of people were killed, burnt or butchered. Naked ladies and young girls were paraded. How sad, bad and mad!!! Why did it so happen ? Because they lacked “True knowledge.” They did not recognise their Allah OR RAM in the people they killed. Religious unity can only be established by the teachings of Saints and Sages. People say, that Politics should be kept aloof from Religion. But I say, that if religion is separated from Politics, administration will become impossible. There will be chaos and confusion in the country. Our ancient Kings were guided by the Sages and Seers, and consequently there used to be peace and prosperity.

Dharm (Religion) is not the applying of Tilak on the fore-head, or wearing a particular dress. It is to "Know Thyself, by Thyself." Realize, from where you have come ? You ALL have come from the Akal Purusha, from His Nameless Abode, to which the scriptures refer as A Stage where the Real was covered by the un-Real (MAYA). You are simply a spectator to this spectacle and sport of Kal (Time) and Maya (Illusion). After knowing the Truth, live like only an onlooker, a detached onlooker, and not an active participant in the PLAY.

I wish to speak to you the inner feelings of my heart. You can call me an egoist. You have every right to say so but I do not lose anything. Thereby I speak out to you only the Plain-Truth. I have compassion for you in my heart and this urge is the cause of my long research in life. Why should I believe and broadcast that I go to manifest myself in the visions of my devotees, whereas actually I do not know anything about it, without being told about it. If I do so, It means I sell my "SOUL" which I won't. My "SOUL" is dearer to me than anything. These modern Gurus and Mahatmas have sold their Souls to Satan for selfish ends. They have given their hearts away for a sordid boon. They have ensnared you in their nets but I want to set you free. From Fear and Falsehood I set you FREE.

बन्धुये को बन्धुआ मिला, छूटे कौन उपाय ।
कर सत्संग निर्बन्ध का, पल में लेय छुड़ाय ॥

If a bond-man leads another bond-man
How can he be released from bondage ?
Let him have Sat-Sang with an un-bonded one,
See, how he liberates him in a moment.

How to lead a happy life ? Get this secret from a Sat-Sang, have a complete control over your mind and live in a state of Salvation in life. Perform all your worldly duties, but do not get your "Self" involved in anything. Live a life of "Detachment in every Attachment, and Attachment in every Detachment." Be always watchful about your "Self" which is a part of

that Supreme-Element, which is Indescribable, Infinite and Un-fathomable. The teachings and the path of Saints lead men to this state of living. All religious have one common object, but we fight quite un-necessarily among ourselves. Why should we fight ? Why do we fight ? Because, our Guides and Gurus do not impart us True knowledge. They are more worried about the expansion of their empires and enlarging the number of their devotees and their followers rather than the real welfare of their disciples. They are busy opening their branches at Calcutta, Madras, Bombay and even aboard like big business men. They have their paid Agents at these centers to attract more and more followers. Even their preachers get Rs. 200/- to Rs. 300/- per discourse. What good will be done to a people to whom Preachers preach for payment alone. I am speaking out to you the Plain Truth, because you are heading towards very delicate times Beware!

इब्त्दाये इश्क है रोता है क्या ।
आगे आगे देखना होता है क्या ।।

Ye folks ! as yet it is only the beginning !
Why weep just at the Alpha Stage
Wait and watch what happens
As time ticks by !

As I said before, our evil deeds and destructive thoughts are only spoiling the universe, and we cannot avoid or escape the reaction to their radiation.

What is the JEEVAN MUKT State ? A state of Salvation while one is yet alive on earth. Hazur Data Dayal Ji tried his best to reveal the Truth of this state to me in 1901 A.D, but I could not quite understand it. He, then, gave me this work of Guru-ship so that I may understand the "secret" behind the Veil of Maya. I am not a "Guru". I am only your brother. I am a plain and simple human being like you all. The only differences is that I have spent my whole life in search of "SOMETHING". When Ravana lay dying, Lord Ram said to Lakshman, "O" Lakshman ! go to Ravana. He is a very learned man. Get some wisdom from him." If you cannot do anything else, at least consider me

another Ravana, and get something from me !! My hair has not grown grey for Nothing. I have lived a very hard life in search of Truth. His Holiness Hazur Data Dayal Ji writes about the state of the world :—

यह जग नाटक शाला साधो ! यह जग नाटक शाला ।
राजा रंक फकीर औलिया, दृश्य विचित्र विशाला ।
कोई ओढ़े शाल दुशाला, कोई सिर कम्बल काला ॥
सुरत ने अद्भुत भेष बनाये, नाचें नाच रसाला ।
गावें भाव दिखावें छिन छिन खेलें खेल निराला ॥
ब्रह्मा वेद से रचा जगत को, विष्णु गदा ले पाला ।
शिव संहार का साज सजावे, साथ भूत बैताला ॥
नाचौ कमला दुर्गा शारद, काली छवि बिकराला ।
सावित्री का राग गायत्री, सैन बैन का जाला ॥
शंख नाद की धूम मची है, डमरू शोर कराला ।
सारंग सारंग बजी सारंगी, बीन सितार सुहाला ॥
श्रुति धुनी है उद्गीत है बानी, ओम् ओम् का ताला ।
श्रोतागन सब सुनने आये, मन में भये बिहाला ॥
साधू दृष्टा साक्षी रूप है, सुख दुख मन से टाला ।
जिसने अपना रूप विसारा, उर उपजा दुःख साला ॥
साक्षी देखें बिमल तमाशा, चित रहे सुखी सुखाला ।
भूल भरम में जो कोई आया, सहे करम का भाला ॥
रैन का सपना जग की लीला, सपना धन और माला ।
आंख खुली तब कुछ नहीं दरसा, लुप्त जो देखा भाला ॥
राधास्वामी सन्त रूप धर आये, दीनबन्धु सुदयाला ।
प्रेम पियाला हमें पिलाया, सहज किया मतवाला ॥

This world is just like a theater, O' brother Hermits !
Verily, this world is a Theater indeed !!

For, here there be many King ! Beggars ! Faqirs ! Prophets !
Great and Vast is the surprising and sprawling scene
Of this huge theater of the world.

Some wear embroidered shawls
While some put on only black blanks on heads
The SOUL goes about clad in colorful costumes
All engaged in an enticing and exciting dance.

They sing soft and sweet, and with gestures many
Do they reveal their emotions
And play a unique game.

By the Ved, God Brahma created the World
And God Vishnu nourished it with the might of His Mace
God Shiv enacts the scene of Destruction
Along with numberless spirits, strange-shaped;

And do dance, Kamla, Durga and Sharda
With KALI, displaying a horrible countenance;
Savitri sings Her song of the Gayatri
Which is all but clothed and cloaked
In a language mysterious.

All hail the sound of the CONCH
And the tabor's lofty din,
"Ra-rung ! Sa-rung !!" Sounds the Sarangi !

And hum the charming Veena and the Sitar
The music is of the Vedas, and WORD's is the melody.
And the Rhythm that of Om, Om, Om, Om...

Listeners all come to listen
Their hearts throbbing with delight.

The Sadhus are the viewers,
And the true witnesses of the whole spectacle
They drive away pleasure and pain from our minds.

He who has forgotten his real "Self"
Feels acute pain in his heart.

The witnesses witness the pleasing scene
With equability in the heart.

Whoever gets enmeshed in doubt and error
Suffers for his own misdeeds.
The world's sport is like a night's dream,
All wealth and pelf too
Is nothing but a fleeting dream; for
When the EYE opens, everything Vanishes !
Whatever was seen and heard in the dream
All disappears on waking up !!
Radhaswami came in Saint's form
Compassionate, Kind, and Friend of the poor
He made us drink from the cup of divine Love
And easily intoxicated us with the beverage.

What is all this ? **Whatever we see or listen to within ourselves is only a game of Nature.** We all remain lost in that. These are the stages of Yoga. Very few people aspire for the higher stages. Everything is within you and you are a witness to all the tamasha. You are the listener of Sahasrakar, Omkar, Rarankar, Sarangkar and the flute within. All these stages are accessible to you, because these originate out of you. You are great, but you are ignorant of your own importance. You are the true son of the Supreme Lord, but you are not aware of your true-Self. You have involved yourself in Maya, religion, sects, castes and Yogas so miserably that you have totally ignored your real "Self". Sat-Sang reveals to you, your True-self and directs you to, and on the path of Salvation. Sat-Sang emancipates you from the bounds of Maya, religion, sects, and creeds. Thus you can exercise control upon your mind, Consciousness, intellect and Ego. Such a man is known as a Saint or Sadhu who has realized his entity.

श्रुति धुनि है उद्गीत है बानी, ओ३म् ओ३म् का ताला ।
श्रोता गण सब सुनने आये, मन में भये बिहाला ॥
साधु दृष्टी साक्षी रूप है, सुख दुख मन से टाला ।
जिसने अपना रूप बिसारा, उर उपजा दुख साला ॥

The Ved mantras constitute the Eternal Melody,
And the Subject matter; and meaning the meter;
The eternal sound; and the WORD ॐ ॐ ॐ
Om, Om, Om, bring up the rear...
All the listeners have come to listen,
But they are greatly perturbed in mind
The Sadhu alone stands and sees
Watches and witnesses dispassionately.
He has banished all pain and pleasure from the mind.
But whoever forgets his own real self
Is pestered with pain.
Agony and anguish shoot out of his heart
Like lava, or like a geyser !

You complain that you are not able to listen to the WORD while meditating. Thus you subordinate yourself to your Meditation. Actually your Meditation should be subordinate to you. After Self Realization, a Sadhu becomes a witness to all the inner processes. Your "Self" is sublime. "Be a man," and learn to respect your real and inner "Self". All the gods and goddesses are also "partly stationed" in your body, and your 'Self' is a witness to their functioning at the level. Live a liberated life and this is the aim of every religion.

साक्षी देखें विमल तमाशा, चित रहे सुखी सुखाला ।
भूल भरम में जो कोई आया, सहे करम का भाला ॥
रैन का सपना जग की लीला, सपना धन और माला ।
आंख खुली तब कुछ नहीं दरसा, लुप्त जो देखा भाला ॥
राधास्वामी सन्त रूप धर आये दीनबन्धु सुदयाला ।
प्रेम पियाला हमें पिलाया, सहज किया मतवाला ॥

The witnesses witness the Impeccable and Immaculate Sport of
the Divine
And this keeps their minds at ease and glad.

But he who gets enmeshed in doubts and misgivings
Undergoes all punishment due to his Karmas
And suffers the wages of sin.

All this sport and activity of the World.
Is like a dream dreamt at night

And so is all our wealth and property
Like-wise; a passing show, and unreal as a dream.

When the inner eye is opened, you find ALL BLANK
All what was seen and heard vanishes,
And is gone with the wind.

The Radhaswami descended on this earth
In the garb of a Saint

He was a friend of the lowly
And Magnanimous all over

He made we people drink from the goblet of LOVE
And so easily made us mad with mirth.

To-day, I am concluding the current series of these my discourses.
I do not claim that whatever I have said is correct. I do not have any
ambition to unfurl and hoist flag of my name in this world, and seek fleeting
fame or bubble like reputation.

आरजू है तो यह है कि कोई आरजू न हो ।
मैं को मिटा दूँ साथ में, इसमें कि तू न हो ।।
खिरका न जिस्म पर हो, न सिर पै शाहतीज ।
मुझ को अपनी ज़ात की भी, जुस्तजू न हो ।।

My ardent wish is that I should have no wish
And alongwith it, I should obliterate all my ego
So that there be left no shade of "ye" and me"
May I have no robes on my body,
Nor a King's crown on my head
May I be so lost that I may not
Care to search even for my own "SELF"!!

I had come out to make a search for my Ram, because of the early impressions upon my mind. Prompted by His will, I have expressed my experiences and observations. I do not expect that you should follow and preach whatever I have said. I have no such desire. I have done my duty. If He so wills that my views are useful for humanity, they shall definitely spread, otherwise not. Thousands of Sadhus and Saints like me, came in this world and went their way after expressing their views. But I tell you **this world is like a dog's tail. It remained as It was. Who has ever reformed this world ?** Lakhs of Sages, Seers, and Holy-men did their best to reform and Re-Form this world. Only he is reformed, who yearns for reformation. Only he is liberated who yearns for liberation.

I ever keep on questioning myself, "Faqir, you live in a state of Salvation while yet in body i.e. (Videh-Gati). Can you do anything for anybody ?" Friends, I do not possess any Supernatural powers. I have only good wishes for all of you, my listeners, and the residents of Ujjain. May this city of Ujjain ever thrive in peace. May all who have invited me here be happy and prosperous. May you ever have bread for your belly, cloth for your covering, a roof for your head and peace in your mind.

Now about the attainment of Godhead. If I wish you to attain Godhead, I have a question to ask myself, "Have you attained Godhead yourself ?" I have attained only this that He is Infinite. None can know or understand His sport. Seekers and Scholars have described Him variously. Some have named Him WONDERFUL, Some have called Him Nameless and others have named Him Akal, I have also reached the same conclusion.

The Supreme, Absolute Lord does not live here. If at all he is here, He dwells in a fraction in every living Being, like light of the sun on earth. The sun does not come down to the earth. May the sun not ever come down to this earth, otherwise the entire creation would be reduced to ashes ! Similarly, if the Supreme Lord were to come down to earth. There would be nothing except, "that which cannot be seen, and described." So, what sort of Bhakti of God, you must engage in, in this world ? Real Bhakti

is Service of Mankind. It is wrong to go out, and away, or afar in search of him. I have struggled all my life. Whosoever sought to find Him called Him :Infinite” and “Invisible.” Who is capable of knowing Him and his sport (Leela). His Holiness Data Dayal Maharishi Shiv Vrat Lal Ji writes :—

तेरी लीला कौन समझे, तू तो अपरम्पार है ।
एक दृष्टि से तेरी, दुखियों का बेड़ा पार है । ।
दुख में सुख रहता है, तो हमको नया कुछ भी नहीं ।
मौज को क्या जीव जाने, दुविधा का सिर भार है । ।
दुख में सुख रहता है छुपकर, कष्ट का परिणाम सुख ।
बन्ध में मुक्ति की छाया, मुक्ति बंधाकार है । ।
राधास्वामी पूरे सतगुरु ने बताया भेद को ।
मन में अब चिंता नहीं सुखदाई यह संसार है । ।

Who—ever, ever can understand Thy sport,
For Thou art INFINITE !
One kind and compassionate glance from Thee
Can relieve the misery of all the miserable.
JOY abides in Sorrow, and Pleasure pervades Pain,
Therefore there is nothing new for us.
A SOUL can never NEVER Understand
Divine Sport, Divine plan, Divine Will.
For, it is ever torn with strife—all its faculties
Are ever at tug-of-war.
It is ever on the horns of the dilemma.
Joy is latent in Sorrow, and Pleasure pervades Pain,
And Pain and sorrow ever breed Comfort and Peace.
Bondage has in it the seed of Salvation,
And freedom binds you as nothing else does.
Radhaswami who was a Perfect Preceptor
Revealed the Secret of Life and Existence.
My mind is not Worried at all now; for,
For me, this World is an Ocean of Joy !

Now listen to what Radhaswami Dyal himself has said:—

गुरु ने दीहा भेद अगम का ।
सुरत चली तज देश भरम का ।।
भटकन छूटा दौरै—हरम का ।
संशय भागा जन्म मरन का ।।

The Guru revealed the Secret of God
And the Soul tided over all doubt
Its running from pillar to post ceased
No more of oscillating between various philosophies.
All all fears of Births and Deaths
Were gone with the wind !!!

So, what do you gain from the company of the Guru ? You learn the Art of Living a Happy Life. Whatever I learnt from His Holiness Hazur Data Dayal Ji Maharaj, I have revealed to you in my these eight discourses. I do not claim that whatever I have said is the final word on any subject. But my intentions are good and noble. I have only good wishes for you all. I also once lived a life of ignorance like you and this old lady here. I also used to run to Hazur Data Dayal Ji like you, because I was ignorant of the truth. Now, I beg your leave. I would be leaving now. If any wrong has been done by me, I pray you to forgive me, considering me, a decrepit and senile old man. THANK YOU.

MAY HUMANITY EVER ABIDE IN PEACE.



RECAPITULATING

This book is an essence of the experiences of the practical and Spiritual as also religious and temporal Life of His Holiness Param Sant Param Dayal Pandit Faqir Chand Ji Maharaj. His Holiness has referred to this book as one of his Masterpieces meant for the seekers of Truth and Spiritual Bliss. His discourses give such instructions as to enable people to lead a happy and successful life.

His Holiness has acknowledged every religion of the world as branch or an off-shoot of Sanatan Dharam, because Sanatan Dharam means the Primary or Ancient Code of Conduct, or The primary principles of Living Every religion of the world is based on the same Primary Code of Conduct.

His Holiness has very explicitly explained the Art of Living a Virtuous and happy house-hold life and has also made references to certain methods of attaining the Sublime Spiritual Bliss. He has also revealed many things which had so far been concealed or were kept secret, by Savants and their servants.

In short, this book contains fathomless knowledge for both the worldly people and the spiritual aspirants. Its reading gives positive encouragement to the true seekers shattering some of their time worn and time torn hackneyed beliefs. It is a torch-bearer for the seekers of Spiritual Bliss and a soothing guide to the afflicted. It is an appeal to the religious fanatics and the communalists to rise above their narrow notions, their jealousies and communal hatreds. It carries a clarion call by His Holiness to the entire Human-Race to live as True Human Beings on this Planet

nursing Pure minds, and thoughts, and doing dutiful deeds. This Book proves that "Humanism" is the greatest religion which can bring prosperity and Peace to Man-kind.

Let us then, all of us

HAIL HUMANISM

And with one voice, shout in unison :

MANAVTA : PARAM-O-DHARMA

OR

HUMANISM IS HIGHEST

